

EDITORIAL

MJMHS is Now in Its Mid Adolescent Years: Celebrating Its Fifteenth Anniversary

Time passes quickly and reminiscing the first MJMHS inaugural issue in January 2005 and my sincere gratitude to past editorial board members, most who have left the faculty and have contributed significantly to the birth of MJMHS in 2005. May all of them be blessed in their life and continue to serve the nation.

MJMHS January 2020 issue marks the journal's 15th anniversary publication issue. MJMHS started its first publication issue in Jan 2005 with a total of eight (8) accepted articles for the first publication. It started off with two (2) publication issues annually. The aim of the MJMHS was to provide a platform for the medical and health sciences experts to share their research findings and to encourage members of the faculty to publish their research. It has been managed successfully by four (4) past Editor-in-Chiefs namely Dr . Azhar Md Zain, Dr Lekhraj Rampal, Dr Khor Geok Lin and Dr Abdul Jalil Nordin.

The journal has successfully achieved its milestones in several areas which brought about to a more organized and systematic management of the journal. From 2017, the number of publication issues were increased from 2 to 3 issues in a year ie January, June and October issues in view of increased manuscript submission rates. The submission and peer review process were also changed from manual submission and review system to an electronic based platform system which has facilitated the submission and review process greatly. MJMHS was initially produced in a printed form but from the year 2018 all the publications issues were produced online and uploaded timely on the journal website.

In view of its frequency and timely publication, MJMHS has become a popular platform for publication of conference abstract/proceedings, supplementary and special issues. The demand is great and it comes

from diverse areas of medicine and health sciences ranging from basic health sciences, environmental and occupational health, psychological health and various areas of clinical medicine. Together with its regular publication issues, MJMHS serves as a reservoir of research findings that could propagate further research in such areas and some may have been translated into the community and give impact to the society.

MJMHS also has developed its strategic planning and roadmap to be indexed into Journal Citation Report (JCR) database and hopefully to gain the impact factor. One of the strategies is to improve its citation and this has been delegated to a task force to oversee the process of indexing MJMHS first in PubMed database so that it would be more visible to the medical and health sciences community. It is hopeful by the time we celebrate our 20th anniversary, MJMHS would have gotten its impact factor and indexed in the major databases and hence improve its quality.

I would like to extend my deepest gratitude to all the editorial members and the secretariat who have been working very hard in producing this MJMHS issue and the past issues. To all reviewers, keep assisting MJMHS in giving your quality review and to all authors keep submitting your work to MJMHS and assist us to achieve our 20th anniversary goal. On behalf of the editorial board, I would also like to thank the university and faculty managements for their continuous support in sustaining the journal.

Happy 15th Birthday MJMHS!

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