

REVIEW ARTICLE

Molecular Basis for Morphine Addiction

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ABSTRACT

Opioids are known to be used medically as analgesia and illegally as recreational drugs. Morphine, a semi-synthetic opioid is used widely in managing pain. Despite knowing the side-effect of the usage, the number of illegal users of opioids or morphine, specifically, is statistically still growing. Long-term usage of opioids, especially morphine, induces addiction that is expressed as dependence, tolerance, and withdrawal behaviour. Currently, with expanding research on anti-addiction studies, many loopholes in the basic mechanism of addiction were found, providing a setback for the researchers to overcome the problem. Thus, this review is aimed to present the latest update on the cellular modifications caused by chronic morphine treatment. By understanding and updating the knowledge, research can focus on the recent postulation and suggestions.

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INTRODUCTION

Opioid or interchangeably called narcotic is a class of drug that was medically prescribed as a pain reliever agent that interacts with opioid receptors in the human body. Natural opioid, such as morphine, is derived from the opium poppy plant. There is also a synthetic opioid, such as methadone, and a semi-synthetic opioid, such as heroin. Opioids are used mainly as analgesic agents in treating medical conditions. The most prescribed opioids for reducing pain are morphine [1], methadone [2] and oxycodone [3]. Morphine, a common pain-relieving drug, is used in managing moderate to severe pain conditions such as major trauma, surgery and cancer [1, 4]. However, in recent years, there is a global problem arising from the recreational use of morphine that leads to the misuse of the drug.

Opioids have been used medically as analgesia with known adverse effects on addiction, dependence, tolerance, and withdrawal. The risk of its adverse effects has overshadowed the potential therapeutic purposes [1]. Chronic opioid user experience pain tolerance whereby the analgesic effects of the drug are decreased, thus triggering the user to increase the dose. Increased doses ensure the desirable anti-nociceptive effects accompanied by a series of adverse effects such as constipation and over-sedation [5]. Abrupt

termination from the usage after pro-longed and high-dose opioid treatment causes withdrawal behaviour [6].

Morphine is categorised as a schedule II-controlled substance. Giving the same therapeutic effects as opioids, morphine is widely used during intra-operative, post-operative and chronic pain [1, 4]. Chronic morphine treatment stimulates adaptation and modification of homeostatic neuronal and synaptic processes, affecting different parts of the brain [4]. Morphine addiction causes multiple molecular adaptations and alterations, as discussed in detail in the content [7-11].

Morphine on multiple receptors

Activation of μ -opioid receptor by morphine treatment affects a different part of the brain, such as the thalamus [12], midbrain and brainstem [13] expressing the therapeutic effects of morphine as an analgesic agent. Comorbid health conditions and ageing people have less effect on morphine at the same dose as healthy and young people [14]. Therefore, the dose of morphine required by those populations is higher to ensure the same analgesic effect as others. However, overactivations of the μ -opioid receptor after a prolonged and high dose of morphine lead to addiction [15].

Activation of a κ -opioid receptor, located in the limbic system [16] and spinal cord [17], increases the stress level [17] and nociceptive performance [18]. To facilitate the action of morphine on the μ -opioid receptor, the κ -opioid receptor is inactivated [19].

Thus, it suggests, the activation of the κ -opioid receptor promotes the adverse effects of morphine, as shown in the overactivation of the μ -opioid receptor [20]. Rau [20] observed that blockage of the κ -opioid receptor had produced the therapeutic desire for morphine in the postoperative patient. However, recent reports reveal the activation of the receptor by morphine exhibits pain relief, sedation, and dependence effects [21].

Activation of δ -opioid receptors in the amygdala [22] mediates respiratory depression by modulating the μ - and κ -opioid receptors [23]. Activated μ - and δ -opioid receptors are responsible for the withdrawal symptoms observed in the user that terminate the morphine usage after prolonged use. Interestingly, blockage of μ - and δ -opioid receptors are observed in morphine-dependence users [24-25].

Forecasting the effects of morphine is challenging if only observing the involvement of the opioid receptor since reports claim the antagonist, agonist, and spatial agonist properties of this substance [25, 26]. Activation of different type of opioid receptor on different parts of the brain express different desired and adverse effects. Table 1 simplifies the involvement of different subtypes of G-proteins after morphine treatment with its effects.

Regulation of μ -opioid receptor/ G_i -protein coupling

Analgesia induced by opioids is mediated via the opioid receptors. The μ -opioid receptor initiates the effects of morphine to induce an analgesic reaction [15]. The opioid receptor is classified under the G-protein family. Upon binding of compounds to the G-protein-coupled receptor (GPCR), the G-protein heterotrimeric is associated with the receptor. It later leads to the change of guanosine triphosphate (GTP) from guanosine diphosphate (GDP) and dissociates the $\beta\gamma$ subunit from the α -subunit (Fig 1).

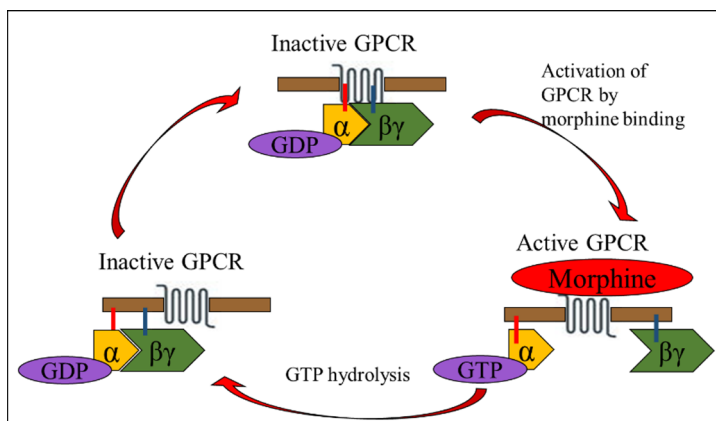


Fig. 1 : Schematic of G-protein cycle. During inactive G-protein-coupled receptor (GPCR), there receptor forms heterotrimer with $G\alpha\beta\gamma$ subunit. The binding of morphine on the receptor causes the promotion of GTP from GDP, thus dissociating the $G\alpha$ GTP-bound from the $G\beta\gamma$ subunit. $G\alpha$ is responsible for hydrolysing GTP to GDP, thus subsequently re-binds to $G\beta\gamma$ and returns to its inactive form [87].

Activated G-protein α and $\beta\gamma$ subunits interact with multiple cellular effector systems, which consequently causes the inhibition of adenylyl cyclase (AC), blockage of voltage-gated calcium ion (Ca^{2+}), and stimulation of G-protein-activated inwardly rectifying potassium ion (K^+) channel (GIRKs) and phospholipase C β (PLC β) [27]. The coupling of opioid receptors to G-protein implicates tolerance and dependence exhibitions [28]. Tolerance to morphine is postulated to be related to opioid receptor desensitisation and up-regulation of G-protein expression [29]. The current study establishes the elevation of $G\beta$ expression upon morphine tolerance with no changes in G_i or G_o subunits [9].

Treatment of morphine triggers the significant up-regulation of μ -opioid binding responsible for expressing the analgesia and tolerance effects [9]. The

Table 1 : Activation of different G-proteins upon treatment of morphine

| G-protein | Reactions upon activation | Clinical expression | Unwanted clinical expression |
|-----------------------------|---|---|--|
| $G_{\alpha i}/G_{\alpha o}$ | Antagonist effect (Wang et al., 2016) - Inhibit AC - Inhibit production of cAMP | - Analgesic effect (Raffaelli and Indovina, 2015) | - Heart failure (Li et, 2016) |
| $G_{\alpha q}$ | Agonist effect (Ozdemir, 2017) - Increase the hydrolysis of PIP2 to DAG and IP3 - Activate PKC (Iftinca and Altier, 2020) | - Anti-hypertension (Zheng et al., 2011) | - Dilated cardiomyopathy (Movsesian and Bristow, 2005) |
| $G_{\alpha s}$ | Agonist effect (De Oliveira et al., 2022) - Stimulate AC - Increase production of cAMP | - Analgesic effect (Wang et al., 2016) | - Memory impairment (Liu et al., 2015) |

AC= Adenylyl cyclase; cAMP= Cyclic adenosine 3', 5'-monophosphate; PIP2= Phosphatidylinositol 4,5-bisphosphate; DAG= Diacylglycerol; IP3= Inositol triphosphate

up-regulated μ -opioid receptor induced by morphine is associated with $G_{i/o}$ protein interaction. Elevation of the μ -opioid receptor after morphine exposure leads to alteration in receptor internalisation cascade, including an adaptation of receptor trafficking, inhibition of receptor degradation, promotion of receptor synthesis and alteration in receptor conformation. The chronic treatment of morphine causes changes in μ -opioid receptor concentration [11, 30], depending on the regions of the brain.

Uncoupling of G protein from the opioid receptor

Phosphorylated receptor, upon binding with the agonist, recruits β -arrestin in which its complex promotes the receptor dissociation that causes receptor desensitisation [31]. Lacking of β -arrestin 2 upon chronic treatment of morphine prevents or decreases the desensitisation of the opioid receptor [32] that is responsible for tolerance symptoms [33].

β -arrestin and protein kinases affect receptor endocytosis, mediated by clathrin-coated pits [31]. The involvement of these protein play roles in initiating the internalisation of the receptor [34]. Chronic morphine treatment affects the activity of β -arrestin 2 which leads to μ -opioid receptor desensitisation which consequently induces an analgesic effect, as observed in tolerance symptoms [35].

The binding of morphine to an opioid receptor also influences the secondary messenger. The activation of the receptor by morphine activates the PKC cascade which is associated with the behavioural changes observed in the treated group [36]. The involvement of PKC in mediating the development of morphine addiction symptoms [37] is accompanied by the phosphorylation of ERK [38] and desensitisation of receptors [39].

Synaptic plasticity: LTP and LTD

Alterations of molecular, neuronal, and synaptic plasticity are observed during the development of drug addiction. The changes in synaptic plasticity are found to be similar to the changes observed in learning and memory physiological processes. This finding brings the mesolimbic reward system as the central role [40]. Main synaptic plasticity mechanisms altered by morphine exposure include long-term depression (LTD) and long-term potentiation (LTP) [41].

As LTP is a cellular model for memory study, studies are focused on the ERK cascade to observe cognitive performance during addiction. ERK, an important node for neuronal and synaptic alteration, phosphorylates the intracellular targets and is responsible for brain plasticity [42]. Activation of ERK cascades is influenced by the activation of other synaptic proteins such as CREB. Studies showed the upregulation of p-ERK and ERK after morphine exposure influences brain activity

consistent with addiction behavioural alteration [43].

As morphine affects cognitive functions, the alteration might be contributed by the glial cell that is involved in the process of synaptic pruning and development. Repeated administration of morphine shows to improve LTP and delay LTD [44]. Those activities might involve the glial cell responsible for it playing an essential role in synaptic remodelling [44]. Activation of opioid receptors on glial cells triggers the release of signalling molecules, such as tumour necrosis factor-alpha (TNF- α) and interleukin-1b (IL-1b), subsequently modulating the synaptic activities [45].

In response to its role in synaptic strength, the glial cell promotes the release of glutamate that was triggered by exposure to morphine [46]. Chronic exposure to morphine modulates the adaptation of glutamatergic transmission in the brain, altering the α -amino-3-hydroxy-5-methyl-4-isoxazole propionic acid (AMPA) and N-methyl-D-aspartate (NMDA) receptors [47]. Alteration of the NMDA receptor subsequently affects the LTD, suggesting the involvement of ionotropic glutamate receptors in morphine usage. Despite that, morphine withdrawal after chronic usage downregulates the activity of metabotropic glutamate receptors [48] and promotes the release of extrasynaptic glutamate in the nucleus accumbens [49].

Activation of glial with increased inflammatory cytokine expression

A study done by Liu and colleagues [50] has demonstrated the involvement of microglial, astrocytes, and inflammatory cytokines prior to morphine introduction. Chronic morphine exposure activates microglia and astrocytes, binds to the innate immune receptor toll-like receptor 4 (TLR4) [51] and subsequently elevates the release of inflammatory cytokines and other mediators. Stimulation of the glia induces the synthesis and release of pro-inflammatory cytokines and facilitates the transmission of pain [52]. These cytokines lead to several events; elevate the neuronal excitability, sensitise the pain transmission neuron, increase the blockade of glutamate transporters, and up-regulate the AMPA and NMDA receptors [53]. These events subsequently induce morphine tolerance and dependence [51].

The inflammatory mediators such as nitric oxide (NO) could either protect the brain tissues from bacterial infection [54] or trigger neuronal damage [55]. Activation of microglial is postulated to involve the protein kinase C ϵ (PKC ϵ), Akt, and mitogen-activated protein kinase (MAPK) as a mediator [56] (Fig 2). Reports have proven the effects of anti-inflammatory agents in suppressing opioid nociceptive tolerance. The agents are observed to suppress the activation of the glial and diminution of morphine-induced tolerance [50].

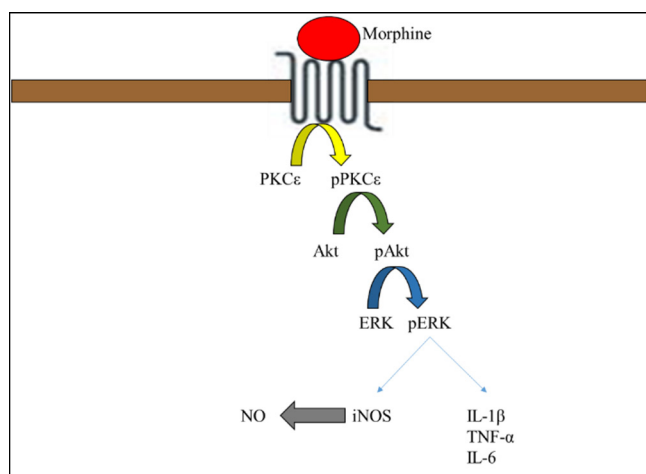


Fig. 2 : Schematic summary of the morphine binding to the μ -opioid receptor triggers the signal transduction cascade in microglial. The activation of receptors induced by morphine stimulates the kinases of PKC ϵ , Akt, and ERK, thus consequently leading to the expression of pro-inflammatory chemokines and NO [56].

Activation of apoptosis cascade

Exposure to opioid receptor agonists, such as morphine, increases the susceptibility to death following the apoptotic mechanisms. Neuronal apoptosis shares a similar mechanism as morphine addiction [57]. An increased level of cholesterol damages the neuron, mediated by NMDA [1]. The stimulated NMDA receptor influences the intracellular pathways that subsequently cause apoptotic cell death. The excitatory amino acid and NMDA initiate the influx of Ca²⁺, activate the Ca²⁺-dependent enzymes and subsequently produce toxic oxygen radicals [58]. These events lead to cell death [59].

Morphine withdrawal and tolerance symptoms are reduced upon the inhibitory action of the NMDA receptor or the release of glutamate inhibitors [47, 51]. Studies proposed the usage of NMDA receptor antagonists and neuroprotective agents to prevent opioid tolerance [60-61] and apoptosis [62-63] by preserving the AKt and stimulating cyclic adenosine monophosphate (cAMP) response element-binding protein (CREB) phosphorylation [64-65].

Chronic morphine usage generates NO and oxidative stress (OS) that trigger addictive behaviour. Production of these compounds increases the concentration of Ca²⁺ and inflammation and apoptosis events via the TRPM2 channel [10]. NO, with modulatory effects, involves morphine-induced neurotoxicity that alters the activities in the brain, and leads to the development of addictive behaviours [66]. The NO-induced behavioural changes are mediated by the increased Ca²⁺ concentration and NMDA receptor activation [10].

The effects of morphine are mediated by the activation

of opioids [67]. The analgesic effects of morphine influenced by δ -opioid receptors are associated with the modulation of the glutamatergic synaptic pathway at both pre- and post-synaptic [68]. The involvement of δ -opioid receptors in the glutamatergic cascade produces neuroprotective activities against glutamatergic stresses. Despite the influence of μ -opioid receptors on morphine addiction, δ -opioid receptors play an essential role in morphine adaptation activities through interaction with a μ -opioid receptors-dependent pathway [69].

Alteration of neurotransmission

Behavioural and neurochemical changes due to morphine usage are influenced by the adaptation in the neurotransmission process. Chronic morphine usage induces the cholinergic signalling pathways by significantly altering the level of acetylcholine (ACh) (depending on the region of the brain) [70] while its acute treatment reduces [71] or has no effect on its level [72].

The role of acetylcholinesterase (AChE) to break down the ACh becomes the suggested reason for the alteration in the neurotransmission process. Chronic and repeated morphine usage modifies the activity of AChE, thus subsequently influencing the level of extracellular ACh [73-74]. Tolerance to morphine after chronic morphine treatment reveals to increase the AChE activity, thus leading to tolerance symptoms and apoptotic brain cells [75] supporting the roles of AChE and ACh in inflammation. Morphine dependence and withdrawal after chronic treatment increase the activity of AChE leading to low levels of extracellular ACh in the brain, explaining the behavioural changes [74].

Behavioural and neurochemical changes of chronic morphine are associated with receptor adaptation. High expression of the nicotinic ACh receptor subunit (nAChR) initiates the release of ACh in the brain [76], leading to morphine withdrawal [77] and dependence behaviours [71]. Prolonged inhibition of AChE or increased release of ACh increases the expression of nAChR in the brain. The effect of a partial agonist of chronic morphine acts on $\alpha 4\beta 2$ nAChR [78] which stimulates the release of ACh that subsequently expresses the behavioural changes [79].

The binding of morphine to its receptor causes alteration at the intracellular molecular level including suppression of secondary messenger and inhibition of Ca²⁺ level, which subsequently affects the secretion of neurotransmitters. Other than the cholinergic signalling pathway, chronic and repeated morphine treatment affects the GABAergic pathway that influences rewarding and addiction behaviours [80]. Activation of nAChR and the activity of AChE influences the level of dopamine in chronic morphine [81-82].

Gene expression

As explained above, the ERK cascade influences intracellular adaptation prior to drug withdrawal [83]. Alteration in the ERK cascade modifies the gene expression by adding specific epigenetic marks on histone protein. These changes subsequently alter the structure of chromatin and influence the transcription processes [80]. ERK protein initiates the neuronal periphery, activates the mitogen and stress kinase 1 (MSK1) and leads to the phosphorylation of histone H3. The latter event consequently causes alteration in the gene expression [84].

Morphine withdrawal results from the activation of the Ras/ERK signalling that consequently affects the epigenetic pathway that leads to addiction behaviours [83]. Chronic treatment of morphine causes the adaptation of histone H3 which influences the transcriptional process. Table II summarises the genetic alteration observed in the brain after chronic morphine [85].

The expression of proteins in the brain regions is different due to anatomical connections and diverse functional roles of addiction [86]. In addition, phosphorylation of MSK1 and histone H3 depend on

Table II : Summary of the cellular changes induced by morphine (Ciccarelli et al., 2013)

| | Lateral septum | Nucleus accumbens shell | Nucleus accumbens core |
|---------------------|----------------|-------------------------|------------------------|
| Chronic morphine | | | |
| pERK | ↓ | - | - |
| pMSK1 | - | - | - |
| pH3 | - | - | - |
| Morphine withdrawal | | | |
| pERK | ↑ | - | - |
| pMSK | ↑ | ↑ | - |
| pH3 | ↑ | ↑ | ↑ |
| AcH3 | - | ↑ | - |
| MeCP2 | - | - | - |
| pMeCP2 | ↑ | ↑ | - |
| c-fos | ↑ | ↑ | ↑ |
| ARC | ↑ | ↑ | - |

↑: increase expression; pERK: phosphorylated extracellular signal-regulated kinase; pMSK1: phosphorylated mitogen - and stress - activated protein kinase; pH3: phosphorylated histone H3; AcH3: acetylated H3; MeCP2: methyl-CpG-protein 2; ARC: activity-regulated cytoskeleton-associated protein

the activation of ERK through different pathways [84]. Various impacts of chronic morphine also activate different cascades, thus, affecting different gene expressions which express differences in addiction behaviour.

CONCLUSION

Chronic usage of morphine mediates adaptive mechanisms, scientifically observed at molecular levels, affecting the behaviour activities of the individual. Through the administration of morphine mediates different pathways, and it expressed similarities in behavioural performances such as rewarding and cognitive activities. Depending on the purpose of the study, either on withdrawal or dependence behaviours, the specific marker can be targeted as to be proposed to have anti-addiction properties.

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