

CURRICULUM VITAE



A. BUTIR-BUTIR PERIBADI (Personal Details)			
Nama Penuh (<i>Full Name</i>)	CHEW BOON HOW		Gelaran (<i>Title</i>): Dr.
No. MyKad / No. Pasport (<i>Mykad No. / Passport No.</i>) 730928-07-5371	Warganegara (<i>Citizenship</i>) Malaysia	Bangsa (<i>Race</i>) Chinese	Jantina (<i>Gender</i>) Male
Jawatan (<i>Designation</i>)	Associate Professor	Tarikh Lahir (<i>Date of Birth</i>)	28-09-1973

Alamat Semasa (<i>Current Address</i>)	Jabatan/Fakulti (<i>Department/Faculty</i>)	E-mel dan URL (<i>E-mail Address and URL</i>)
Department of Family Medicine Faculty of Medicine and Health Sciences, Universiti Putra Malaysia, 43400 UPM Serdang, Selangor Darul Ehsan, Malaysia Tel: 03-8947 2520	Department of Family Medicine, Faculty of Medicine and Health Sciences Tel: 03-8947 2538 Fax:03-8947 2328	E-mail: chewboonhow@upm.edu.my E-mail: chewboonhow@gmail.com URL: http://profile.upm.edu.my/chewboonhow URL: http://upm.academia.edu/ChewBoonHow

B. KELAYAKAN AKADEMIK(Academic Qualification)			
Nama Sijil / Kelayakan (<i>Certificate / Qualification obtained</i>)	Nama Sekolah/Institusi (<i>Name of School / Institution</i>)	Tahun (<i>Year obtained</i>)	Bidang Pengkhususan (<i>Area of Specialization</i>)
PhD Candidate	Julius Center for Health Sciences & Primary Care, University Medical Center Utrecht, The Netherlands	2013-2017	Primary Care Diabetology & Clinical Epidemiology
Master Degree	University Malaya (UM)	2007	Family Medicine
Degree	University Science Malaysia (USM)	1999	Medicine

C. KEMAHIRAN BAHASA (Language Proficiency)					
Bahasa / <i>Language</i>	Lemah <i>Poor (1)</i>	Sederhana <i>Moderate (2)</i>	Baik <i>Good (3)</i>	Amat Baik <i>Very good (4)</i>	Cemerlang <i>Excellent (5)</i>
English					√
Bahasa Melayu				√	
Chinese			√		

**D. PENGALAMAN SAINTIFIK DAN PENGKHUSUSAN
(Scientific experience and Specializations)**

<i>Organization</i>	<i>Position</i>	<i>Start Date</i>	<i>End Date</i>	<i>Expertise</i>
CRC	GCP Certified	7 July 2008	9 July 2008	Good Clinical Practice
Multi-Health Systems Inc	Attended Mayer-Salovey-Caruso Emotional Intelligence Test (MSCEIT™) Professional Test User Certification Program	23 November 2010	24 November 2010	Emotional Intelligence Test
Faculty of Medicine and Health Sciences UPM	Judge for Research Methods Seminar for the Year 2 Medical Students 2009/2010	23 Jun 2010	23 Jun 2010	Clinical Research
Faculty of Medicine and Health Sciences UPM	Judge for Research Methods Seminar for the Year 2 Medical Students 2010/2011	22 Jun 2011	22 Jun 2011	Clinical Research
Academy of Family Physician	Research Championship Coach for the 3rd Asia Pacific Primary Care Research Conference 2012, Singapore	30 November 2012	2 December 2012	Clinical Research
The Malaysian Family Medicine Specialist Association	Abstract Reviewer for the 16th Malaysian Family Medicine Scientific Conference 2012	12 July 2012	15 July 2012	Clinical Research
Medical Education Department, School of Medical Sciences, Kubang Kerian Kelantan	Editorial Board Member of Education in Medicine Journal (EIMJ) since 2012	1 March 2012	31 December 2016	Editorial
Faculty of Medicine and Health Sciences UPM	Editorial working committee for the PBL-Cases For medical Students in 2012	1 June 2012	31 May 2014	Editorial
Curtin Sarawak	Research Grant Reviewer & Judge	15 October 2014	17 October 2014	Medical Research
Academy of Family Physician	Poster Competition Judge for the 5th Asia Pacific Primary Care Research Conference 2015	4 December 2015	6 December 2015	Clinical Research
Academy of Family Physician	Research Championship Coach for the 5th Asia Pacific Primary Care Research Conference 2015, Putrajaya	4 December 2015	6 December 2015	Clinical Research
Academy of Family Physician	Editorial Board Member of Malaysian Family Physician journal (MFP) since 2015	24 October 2015	current	Editorial
ACT Publishing Group Limited. UNIT E, A1, 7/F, Cheuk Nang Plaza, 250 Hennessy Road, Wanchai, Hong Kong. Email: ijdr@ghrnet.org	Editorial Board Member of the International Journal of Diabetes Research (ISSN 2414-2409) since 2016	20 January 2016	current	Editorial

E. Pekerjaan (Employment)

Majikan / Employer	Jawatan / Designation	Jabatan / Department	Tarikh Lantikan / Start Date	Tarikh Tamat / Date Ended
Ministry Of Health	Family Medicine Specialist	Klinik Kesihatan Tapah, Perak	20 Nov 2007	31 June 2009
Ministry Of Health	Medical Officer And Family Medicine Specialty Trainee	Primary Care Department, University Malaya Medical Centre (Ummc)	December 2004	December 2007
Ministry Of Health	Medical Officer And Family Medicine Specialty Trainee	Kelana Jaya Community Polyclinic	June 2006	May 2007
Ministry Of Health	Medical Officer And Family Medicine Specialty Trainee	Hospital Ipoh	June 2003	November 2005
Ministry Of Health Universiti Putra Malaysia (UPM)	Medical Officer Part-Time Tutor For "Pendidikan Jarak Jauh" (Distance Education And Learning) Of	Klinik Kesihatan Kota Samarahan, Sarawak	September 2001	May 2003
Ministry Of Health	Medical Officer	Klinik Kesihatan Tebekang, Sarawak	September 2000	August 2001
Ministry Of Health	House Officer	University Malaya Medical Centre (Ummc)	July 1999	August 2000

F. ANUGERAH DAN HADIAH (Honours and Awards)

Name of awards	Title	Award Authority	Award Type	Year
<i>Academic Awards</i>	Excellence in Publication - Individual Category"	Office of The Deputy Vice Chancellor (Research and Innovation)	UPM	2016
	The 2nd Prize of the "Best 10 Clinical Researchers' Award"	Faculty of Medicine & Health Sciences	UPM	2015
	"Best 10 Clinical Researchers' Award"	Faculty of Medicine & Health Sciences	UPM	2014
	"Best 10 Clinical Researchers' Award"	Faculty of Medicine & Health Sciences	UPM	2013

	“Best 5 Clinical Researchers’ Award”	Faculty of Medicine & Health Sciences	UPM	2012
	Best poster presentation award	College of Family Physicians, Singapore	In conjunction with the 4th Asia Pacific Primary Care Research Conference	2012
<i>Non-Academic Awards</i>				
<i>Awards of Merit</i>	Excellence in Service Award	JKN PERAK	STATE	2008
	Excellence in Service Award	Universiti Putra Malaysia	UPM	2012
	Excellence in Service Award	Universiti Putra Malaysia	UPM	2013

G. SENARAI PENERBITAN (Sila masukan nama pengarang, tajuk, nama jurnal, jilid, mukasurat dan tahun diterbitkan) (List of publications – author (s), title, journal, volume, page and year published)

<i>Journal</i>	2008
	1. Chew Boon How . Medical Relief to 2008 Sichuan Earthquake, China. <i>Malaysian Family Physician</i> . 2008;3(3):170-172. http://www.e-mfp.org/2008v3n3/Medical_relief_to_2008_Sichuan.html [ISSN: 1985-2274; Scopus]
	2010
	2. Chew Boon How . A Chronic Cough with Multiple Causes [Case Report]. <i>Malaysian Family Physician</i> . 2010;5(2):101-104. http://www.e-mfp.org/2010v5n2/Chronic_cough.html [ISSN: 1985-2274; Scopus]
	3. BH Chew, I Mastura, AT Cheong, SAR Syed Alwi. Diabetic Hypertensive Control and Treatment: A Descriptive Report from the Malaysian Diabetes Registry. <i>Malaysian Family Physician</i> . 2010;5(3):134-139. http://www.e-mfp.org/2010v5n3/Diabetic_hypertensive.html [ISSN: 1985-2274; Scopus]
	2011
	4. Mastura Ismail, Chew Boon How (corresponding author), Jamaiyah Haniff, Cheong Ai Theng, Sazlina Shariff Ghazali, Zaiton Ahmad, Lee Ping Yein, Syed Alwi Syed Abdul Rahman, Sri Wahyu Taher. Control and Treatment Profiles in Malaysia - A Cross Sectional Survey of 70,889 Adult Type 2 Diabetes Mellitus in 2009. <i>International Journal of Collaborative Research on Internal Medicine & Public Health</i> . 2011;3:98-113. http://www.iomeworld.com/ijcrimph/ijcrimph-v03-n01-10.htm [ISSN: 1840-4529; Scopus]

5. **Chew Boon How**, Khoo Ee Ming, Chia Yook Chin. Does religious affiliation influence glycaemic control in primary care patients with Type 2 Diabetes Mellitus? *Ment Health Fam Med*.2011; 8(1):21-28. <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3134210/> [ISSN 1756-834X, Online ISSN: 1756-8358; Scopus, PubMed]
 6. **Chew BH**, E. Khoo EM, Chia YC. Quality of Care for Adult Type 2 Diabetes Mellitus at a University Primary Care Centre in Malaysia. *International Journal of Collaborative Research on Internal Medicine & Public Health*. 2011;3(6):439-449. <http://www.iomcworld.com/ijcrimph/ijcrimph-v03-n06-03.htm> [ISSN: 1840-4529; Scopus]
 7. **BH Chew**, PY Lee, T Sri Wahyu, AT Cheong, I Mastura, A Zaiton. Ethnic Differences in Glycaemic Control and Complications: The Adult Diabetes Control and Management (ADCM), Malaysia. *Med J Malaysia*. 2011;66(3):244-248. http://www.e-mjm.org/2011/v66n3/Glycaemic_control.pdf [ISSN: 0300-5283; Scopus, PubMed]
- 2012
-
8. **Chew, B.H.** , Palikat, J.M., Nur Syamimi, A., Nor Azillah, A., See, J.K., Hafiz, A.R., Siti Nazira, A., Aienun, Y., Muhamad Zaid, M., Palaniappan, K., Tan, Y.Y. An Audit of Type 2 Diabetes Care in a Malaysian Public Community Polyclinic. *Pertanika Journal of Science & Technology*. 2012;20(1):97-103.[http://www.pertanika2.upm.edu.my/Pertanika%20PAPERS/JST%20Vol.%2020%20\(1\)%20Jan.%202012/14%20Pg%2097-102.pdf](http://www.pertanika2.upm.edu.my/Pertanika%20PAPERS/JST%20Vol.%2020%20(1)%20Jan.%202012/14%20Pg%2097-102.pdf) [ISSN: 0128-76804; Scopus]
 9. AT Cheong, A Zaiton, **BH Chew**. Metabolic Control and Cardiovascular Risks Among Type 2 Diabetes in a Primary Care Clinic. *Malaysian Journal of Medicine and Health Sciences*. 2012;8(1):5-12. <http://www.medic.upm.edu.my/index.php/en/journal/297-vol-8-no-1-june-2012> [ISSN: 1675-8544; Scopus]
 10. **Boon How Chew**, Mastura Ismail, Ping Yein Lee, Sri Wahyu Taher, Haniff Jamaiah, Mustapha Feisul Idzwan, Mohd Adam. Determinants of uncontrolled dyslipidaemia among adult type 2 diabetes in Malaysia: The Malaysian Diabetes Registry 2009. *Diabetes Res Clin Pract*. 2012; 96(3):339-347. DOI: 10.1016/j.diabres.2012.01.017. <http://www.sciencedirect.com/science/article/pii/S0168822712000393> [ISSN: 0168-8227; ISI impact factor 2.741 Q2]
 11. **BH Chew**, I Mastura, SG Sazlina, PY Lee, AT Cheong, A Zaiton, T Sri Wahyu, H Jamaiah, M Feisul Idzwan, MA Bujang. Determinants of Uncontrolled Hypertension in Adult Type 2 Diabetes Mellitus in Malaysia: The Malaysian Diabetes Registry 2009. *Cardiovasc Diabetol*. 2012; 11: 54. DOI: 10.1186/1475-2840-11-54. <http://www.cardiab.com/content/pdf/1475-2840-11-54.pdf> [ISSN: 1475-2840; 2012 ISI impact factor 4.209 Q2]
 12. **Boon-How Chew**, Ai-Theng Cheong, Zaiton Ahmad, Mastura Ismail. Men were suffering more macrovascular complication of diabetes despite similar glycaemic control and better cardiovascular risk profile: the ADCM study 2008. *J Mens health*. 2012; 9(3):190-197. <http://dx.doi.org/10.1016/j.jomh.2012.02.004> [ISSN: 1875-6867; 2012 ISI impact factor 0.484 Q4]
 13. **Chew B H**, Leslie Than T L, Chew K S, Jamaludin N K, Hassan H. A One Month Review of the Types of Medical Emergencies and their Treatment Outcomes at Two Urban Public Health Clinics. *Med J*

Malaysia. 2012; 67 (6): 571-576. <http://www.e-mjm.org/2012/v67n6/medical-emergencies.pdf> [ISSN: 0300-5283; Scopus, PubMed]

2013

14. **Chew BH**, Cheong AT. Assessing HIV/AIDS Knowledge And Stigmatizing Attitudes Among Medical Students In Universiti Putra Malaysia- A Cross-Sectional Study. *Med J Malaysia*. 2013; 68(1):24-29. <http://www.e-mjm.org/2013/v68n1/knowledge-on-HIV-AIDS.pdf> [ISSN: 0300-5283; Scopus, PubMed]
15. **Chew Boon How**, Sri Wahyu Taher. Primary care for cancers at diagnosis and follow-up: a narrative review. *Family Medicine and Community Health*. 2013; 1(1):56-67. http://www.fmchh.com/data/2013/03/05/d6bf4d35_de6d_4c3f_afa1_41df34550e0c/file/Primary%20%20care%20for%20cancers%20at%20diagnosis%20and%20follow-up%20a%20narrative%20review.pdf [ISSN: 2305-6983]
16. **BH Chew**, SG Sazlina, I Mastura, H Jamaiah, MA Bujang. Age \geq 60 years was an independent risk factor for diabetes-related complications despite good control of cardiovascular risk factors in patients with Type 2 Diabetes Mellitus. *Exp Gerontol.*. 2013; 48(5): 485-491. DOI: 10.1016/j.exger.2013.02.017. <http://dx.doi.org/10.1016/j.exger.2013.02.017> [ISSN: 0531-5565; 2012 ISI impact factor 3.911 Q1]
17. **Chew Boon How**, Azhar Md. Zain, Faezah Hassan. Emotional Intelligence is related to Better Academic Performance in the First and Fifth Years Medical Students. *BMC Medical Education*. 2013; 13:44. doi:10.1186/1472-6920-13-44 <http://www.biomedcentral.com/1472-6920/13/44> [ISSN: 1472-6920; 2012 ISI impact factor 1.409 Q2]
18. PY Lee, AT Cheong, A Zaiton, I Mastura, **BH Chew**, SG Sazlina, B Mohamad Adam, SAR Syed Alwi, H Jamaiah, T Sri Wahyu. Does Ethnicity Contribute To The Control of Cardiovascular Risk Factors Among Patients with Type 2 Diabetes? *Asia Pac J Public Health*. 2013; 25(4): 316-325. DOI: 10.1177/1010539511430521. <http://aph.sagepub.com/content/25/4/316.full.pdf+html> [ISSN: 1010-5395; ISI impact factor 1.056 Q3]
19. Ng CJ, Lee PY, Lee YK, **Chew BH**, Engkasan JP, Irmir ZI, Hanafi NS, Tong SF. An overview of patient involvement in healthcare decision-making: a situational analysis of the Malaysian context. *BMC Health Services Research*. 2013; 13:408. DOI: 10.1186/1472-6963-13-408. [ISSN: 1472-6963; 2013 ISI impact factor 1.659 Q3 (Health Care Sciences & Services)] <http://www.biomedcentral.com/1472-6963/13/408>
20. **Boon-How Chew**, Anis Safura Ramli, Mimi Omar, Irmir Zarina Ismail. Preliminary Study of Job Satisfaction and Motivation of Malaysian Primary Healthcare Professionals- A Cross-sectional Study. *Malaysian Family Physician*. 2013; 8(2): 15-25. <http://www.e-mfp.org/2013v8n2/family-physicians-job-satisfaction.pdf> [ISSN: 1985-2274; Scopus]
21. Ai Theng Cheong, Ping Yein Lee, Shariff-Ghazali Sazlina, Bujang Mohamad Adam, **Boon How Chew**, Ismail Mastura, Haniff Jamaiah, Syed-Abdul-Rahman Syed Alwi, Taher Sri Wahyu and Mat-Nasir Nafiza. Poor glycemetic control in younger women attending Malaysian public primary care clinics: findings from Adults Diabetes Control and Management registry. *BMC Family Practice*. 2013, 14:188. DOI: 10.1186/10.1186/1471-2296-14-188. <http://www.biomedcentral.com/1471-2296/14/188> [ISSN: 1471-2296; ISI impact factor 1.61 Q2]
22. **BH Chew**, SG Sazlina, PY Lee, AT Cheong, I Mastura, H Jamaiah, MA Bujang, T Sri Wahyu, M Feisul Idzwan. Type 2 Diabetes Mellitus Patient Profiles, Diseases Control and Complications at Four

Public Health Facilities- A Cross-sectional Study based on the Adult Diabetes Control and Management (ADCM) Registry 2009. *Med J Malaysia*. 2013; 68 (5): 397-404. <http://www.e-mjm.org/2013/v68n5/type-2-diabetes-mellitus.pdf> [ISSN: 0300-5283; Scopus, PubMed]

23. **BH Chew**, I Mastura, MA Bujang. Comparing the Profiles of Adult Patients with Type 2 Diabetes Mellitus Attending Four Public Healthcare Facilities in Malaysia. *Malaysian Family Physician*. 2013;8(1):11-19. <http://www.e-mfp.org/pdf/2013v8n3/type-2-diabetes-mellitus.pdf> [ISSN: 1985-2274; Scopus]

2014

24. **Chew Boon How (Chew BH)**, Lee Ping Yein (Lee PY), Mastura Ismail (Mastura I), Cheong Ai Theng (Cheong AT), Sri Wahyu Taher (Sri Wahyu T), Zaiton Ahmad (Zaiton A). Glycaemic Control and Treatment Profile amongst 20646 Type 2 Diabetes. *ePertanika-JST*. 2014; 22(1): 95-103. [http://pertanika.upm.edu.my/Pertanika%20PAPERS/JST%20Vol.%2022%20\(1\)%20Jan.%202014/09%20Page%2095-104%20\(JST%200311-2011\).pdf](http://pertanika.upm.edu.my/Pertanika%20PAPERS/JST%20Vol.%2022%20(1)%20Jan.%202014/09%20Page%2095-104%20(JST%200311-2011).pdf) [ISSN: 0128-76804; Scopus]
25. Sazlina Shariff, Mastura Ismail, Zaiton Ahmad, Cheong Ai Theng, Adam Mohamad Bujang, Jamaiyah Haniff, Lee Ping Yein, Syed Alwi Syed Abdul Rahman, **Chew Boon How**, Sri Wahyu Taher. Control of glycemia and other cardiovascular disease risk factors in older adults with type 2 diabetes mellitus: Data from the Adult Diabetes Control and Management. *Geriatr Gerontol Int*. 2014 Jan;14(1):130-7. DOI: 10.1111/ggi.12070. <http://onlinelibrary.wiley.com/doi/10.1111/ggi.12070/pdf> [ISSN: 1447-0594; 2012 ISI impact factor 2.164 Q2 (Gerontology)]
26. **Boon-How Chew** and Sri-Wahyu Taher. Primary Care for Cancers: Epidemiology, Causes, Prevention and Classification- A Narrative Review. *J Family Med Community Health* 2014; 1(1): 1002. <http://www.jscimedcentral.com/FamilyMedicine/familymedicine-1-1002.pdf>
27. **Chew Boon How**, Azhar Md. Zain, Faezah Hassan. The Relationship Between The Social Management Of Emotional Intelligence And Academic Performance Among Medical Students. *Psychol Health Med*. 2014:1-7. DOI: 10.1080/13548506.2014.913797. <http://www.tandfonline.com/doi/full/10.1080/13548506.2014.913797> [ISSN: 1354-8506 (Print), 1465-3966 (Online); 2012 ISI impact factor 1.375 Q3]
28. **Chew BH**, Cheong AT, Mastura I, Zuhra H, Mohd Radzniwan AR, Mazapuspavina MY, Norsiah A. A National Survey on the Expectation of the Public Healthcare Providers on Family Medicine Specialists in Malaysia- A Qualitative Analyses of 623 Written Comments. *BMJ Open*. 2014. <http://bmjopen.bmj.com/cgi/content/full/bmjopen-2013-004645?ijkey=PIUUFdzaqKWX7tE&keytype=ref> [ISSN: 2044-6055; 2012 ISI impact factor 1.583 Q2]
29. **BH Chew**, AT Cheong. Ethnic Groups Difference in Discriminatory Attitude towards HIV/AIDS Patients among Medical Students: A Cross-Sectional Study. *Malaysian Journal of Medicine and Health Sciences* 2014; 10(1): 61-69. [http://www.medic.upm.edu.my/dokumen/FKUSK1_MJMHS_2014V10N1_Artkl_9\[1\].pdf](http://www.medic.upm.edu.my/dokumen/FKUSK1_MJMHS_2014V10N1_Artkl_9[1].pdf) [ISSN: 1675-8544; Scopus]
30. Ramli SA, Lakshmanan S, Haniff J, Selvarajah S, Tong FS, Bujang M-A, Abdul-Razak S, Shafie AA, Lee KMV, Abdul-Rahman HT, Daud HM, Ng KK, Ariffin F, Abdul-Hamid H, Mazapuspavina MY, Mat-Nasir N, Miskan M, Stanley-Ponniah PJ, Ismail M, Chan WC, Abdul-Rahman RY, **Chew B-H**, Low HHW. Study protocol of EMPOWER Participatory Action Research (EMPOWER-PAR): a

pragmatic cluster randomised controlled trial of multifaceted chronic disease management strategies to improve diabetes and hypertension outcomes in primary care. *BMC Family Practice* 2014; 15:151. DOI: 10.1186/1471-2296-15-151. <http://www.biomedcentral.com/1471-2296/15/151> [ISSN: 1471-2296; 2013 ISI impact factor 1.735 Q2 (Primary Health Care)]

31. **Chew Boon How**, Lee Ping Yein, Irmi Zarina Hassan. "Personal Mission Statement": Medical Students' and General Practitioners' Reflections on Personal Belief, Value, Purpose and Goal in Life. *Malaysian Family Physician* 2014; 9(2): 26–33. <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC4399405/pdf/MFP-09-26.pdf> [ISSN: 1985-2274; Scopus]

32. **Boon-How Chew**, Shariff-Ghazali Sazlina and Aaron Fernandez. Psychological aspects of diabetes care: Effecting behavioral change in patients. *World Journal of Diabetes* 2014; 5(6): 796-808. <http://www.wjgnet.com/1948-9358/pdf/v5/i6/796.pdf> [ISSN: 1948-9358; PubMed]

2015

33. **Chew BH**, Khoo EM, Chia YC. Social Support and Glycaemic Control in adult patients with Type 2 Diabetes Mellitus. *Asia Pac J Public Health*. 2015 ; 27(2): 166-173. DOI: 10.1177/1010539511431300. <http://aph.sagepub.com/cgi/reprint/27/2/NP166.pdf?ijkey=wz2Fg7vS7BXTIGM&keytype=finite> [ISSN: 1010-5395; 2014 ISI impact factor 1.459 Q3]

34. Shariff-Ghazali Sazlina, Ismail Mastura, Ai-Theng Cheong, Bujang-Mohamad Adam, Haniff Jamaiyah, Ping-Yein Lee, Syed-Abdul-Rahman Syed-Alwi, **Boon-How Chew**. Predictors of poor glycaemic control in older persons with type 2 diabetes mellitus. *Singapore Med J* 2015; 56(5): 284-290. DOI: 10.11622/smedj.2015055 <http://www.ncbi.nlm.nih.gov/pubmed/25814074> [ISSN: 0037-5675; 2014 ISI impact factor 0.597 Q4]

35. **BH Chew**, PY Lee, AT Cheong, I Mastura, MA Bujang, H Jamaiyah, PP Goh, T Sri Wahyu. Complication Profiles and Associated Risk Factors in Adult Type 2 Diabetes Mellitus - Analysis of 57780 Patients Record from the ADCM Diabetes Registry. *International Journal of Diabetes in Developing Countries* 2015; 35 (3): 356-367. DOI 10.1007/s13410-015-0298-z. <http://link.springer.com/article/10.1007/s13410-015-0298-z>. [ISSN: 0973-3930, 2013 ISI impact factor 0.373 Q4 (Endocrinology & Metabolism)]

36. **Boon-How Chew**, Rimke Vos, Monique Heijmans, Rob JPM Scholten, Guy EHM Rutten. Psychological interventions for diabetes-related distress in adults with type 2 diabetes mellitus [Protocol]. *Cochrane Database of Systematic Reviews* 2015;(1) Art. No.: CD011469. DOI: 10.1002/14651858.CD011469. <http://onlinelibrary.wiley.com/doi/10.1002/14651858.CD011469/full> [ISSN: 1557-6272, 2013 ISI impact factor 5.939 Q1 (Medicine, General & Internal)] [ISSN: 1557-6272, 2014 ISI impact factor 6.032 Q1 (Medicine, General & Internal)]

37. **Boon-How CHEW**, Ping-Yein LEE, Sazlina SHARIFF-GHAZALI, Ai-Theng CHEONG, Mastura ISMAIL and Sri-Wahyu TAHER. Predictive factors of follow-up non-attendance and mortality among adults with type 2 diabetes mellitus- an analysis of the Malaysian Diabetes Registry 2009. *Current Diabetes Review* 2015; 11: 122-131. DOI: 10.2174/1573399811666150115105206. <http://www.eurekaselect.com/127681/article> [ISSN: 1573-3998; PubMed].

38. **Boon-How Chew**, Sherina Mohd-Sidik, Noor-Hasliza Hassan. Associations of diabetes-related distress, depression, medication adherence and health-related quality of life with HbA1c, blood pressure and lipids in adult patients with type 2 diabetes - a cross-sectional study. *Therapeutics and Clinical Risk Management* 2015;11:669-681. DOI <http://dx.doi.org/10.2147/TCRM.S81623>. http://www.dovepress.com/articles.php?article_id=21540 [ISSN: 1176-6336; 2014 ISI impact factor 1.469 Q3 (Health Care Sciences & Services)].

39. **Boon-How Chew**, Noor-Hasliza Hassan, Sherina Mohd-Sidik. Determinants of medication adherence among adults with type 2 diabetes mellitus in three Malaysian public health clinics: a cross-sectional study. *Patient Preference and Adherence*. 2015; 9: 639-648. DOI <http://dx.doi.org/10.2147/PPA.S81612>. http://www.dovepress.com/articles.php?article_id=21623 [ISSN: 1177-889X; 2014 ISI impact factor 1.676 Q2 (Medicine, General & Internal)].
40. **Boon-How Chew**. Medication adherence on quality of life among adults with Type 2 diabetes Mellitus: an exploratory analysis on the EDDMQoL study. *Quality of Life Research* 2015; 24 (11): 2723-2731. DOI: 10.1007/s11136-015-1006-7 <http://link.springer.com/article/10.1007/s11136-015-1006-7> [ISSN: 0962-9343; 2014 ISI impact factor 2.486 Q2 (Health Care Sciences & Services)].
41. **Boon-How Chew**, Mazapuspavina Md-Yasin, Ai-Theng Cheong, Mohd-Radzniwan A-Rashid, Zuhra Hamzah, Mastura Ismail, Norsiah Ali, Baizury Bashah and Noridah Mohd-Salleh. A Nationwide Postal Survey on the Perception of Malaysian Public Healthcare Providers on Family Medicine Specialists' (PERMFAMS) Clinical Performance, Professional Attitudes and Research Visibility. *SpringerPlus* 2015; 4(1):213. DOI: 10.1186/s40064-015-1004-9. <http://www.springer.com/-/7/3b5b41387283436cbf15814cc9bf03c5> [ISSN: 2193-1801; PubMed].
42. **Boon-How Chew**, Sherina Mohd-Sidik, Sazlina Shariff-Ghazali. Negative effects of diabetes-related distress on health-related quality of life: an evaluation among the adult patients with type 2 diabetes mellitus in three primary healthcare clinics in Malaysia. *Health and Quality of Life Outcomes* 2015; 13:187. DOI: 10.1186/s12955-015-0384-4. <http://www.hqlo.com/content/13/1/187> [ISSN: 1477-7525; 2014 ISI impact factor 2.120 Q2 (Health Care Sciences & Services)]
43. **Boon-How Chew**, Firdaus Mukhtar, Sherina Mohd-Sidik, Fuziah Paimin, Noor-Hasliza Hassan, Nor-Kasmawati Jamaludin. The reliability and validity of the Malay version 17-item Diabetes Distress Scale. *Malays Fam Physician*. 2015;10(2):22-34. [In Press] [ISSN: 1985-2274; Scopus]
44. **Chew Boon How**, Faedah Hassan, Azhar Md. Zain. Medical Students With Higher Emotional Intelligence Were More Aware of Self-Anxiety and Scored Higher in Continuous Assessment: A Cross-Sectional Study. *Medical Science Educator* 2015; 25(4): 421-430. DOI 10.1007/s40670-015-0168-9 <http://link.springer.com/article/10.1007%2Fs40670-015-0168-9> [ISSN: 2156-8650; Scopus]
- 2016
-
45. **Chew Boon How**, Cheong Ai Theng, Mastura Ismail, Zuhra Hamzah, Mohd Radzniwan A. Rashid, Mazapuspavina Md Yasin, Norsiah Ali, Noridah Mohd Salleh, Baizury Bashah. A Nationwide Survey of Public Healthcare Providers' impressions of Family Medicine Specialists in Malaysia- A Qualitative Analysis of Written Comments. *BMJ Open* 2016;6:e009375 doi:10.1136/bmjopen-2015-009375 <http://bmjopen.bmj.com/cgi/content/full/bmjopen-2015-009375?ijkey=2k02nMXuL12DewH&keytype=ref> [ISSN: 2044-6055; 2014 ISI impact factor 2.271 Q2 (Medicine, General & Internal)]
46. Yee Lin Gan, Oi Ming Lai, Boon How Chew, Kah Hay Yuen, Kalanithi Nesaretnam, Kim-Tiu Teng, Kanga Rani Selvaduray, Puvaneswari Meganathan, Ju Yen Fu. Safety Assessment Of Tocotrienols Supplementation In Subjects With Metabolic Syndrome: A Randomised Trial. *Journal of Oil Palm Research* 2016; 28(1): 34-43. [ISSN: 1511-2780; 2014 ISI impact factor 0.321 Q4 (Food Science & Technology)].
47. **Boon-How Chew**, Rimke Vos, Sherina Mohd-Sidik, Guy E.H.M. Rutten. Diabetes-related distress, depression and distress-depression among adults with type 2 diabetes in Malaysia. *PLoS One* 2016; 11(3): e0152095. DOI:10.1371/journal.pone.0152095.

<http://journals.plos.org/plosone/article?id=10.1371%2Fjournal.pone.0152095> [ISSN: 1932-6203; 2014 ISI impact factor 3.234 Q1 (Multidisciplinary Sciences)]

48. **Boon-How Chew**, Rimke Vos, Sherina Mohd-Sidik, Guy E.H.M. Rutten. EDDMQoL- Dataset for the Study on Diabetes-Related Distress, Depression and Distress-Depression among Adults with Type 2 Diabetes Mellitus in Malaysia.sav. Figshare 2016. DOI: 10.6084/m9.figshare.3103060. <https://dx.doi.org/10.6084/m9.figshare.3103060.v1>.
49. **Boon-How Chew**, Ping-Yein Lee, Ai-Theng Cheong, Mastura Ismail, Sazlina Shariff-Ghazali, Pik-Pin Goh. Messages from the Malaysian Diabetes Registries on Diabetes Care in Malaysian public healthcare facilities. *Prim Care Diabetes* 2016; 10: 383-386. <http://www.sciencedirect.com/science/article/pii/S1751991816300559> [ISSN: 1751-9918; 2015 ISI impact factor 1.570 Q2 (Primary Health Care)]
50. Aaron Fernandez, Kit-Aun Tan, Stephanie Knaak, **Boon How Chew**, Sazlina Shariff Ghazali. Effects of Brief Psychoeducational Program on Stigma in Malaysian Pre-clinical Medical Students: A Randomized Controlled Trial. *Acad Psychiatry* (2016) [Online First]. doi:10.1007/s40596-016-0592-1. <http://link.springer.com/article/10.1007/s40596-016-0592-1> [Print ISSN: 1042-9670; Online ISSN: 1545-7230; 2015 ISI impact factor 1.217 Q2 (Multidisciplinary Sciences)]
51. Anis Safura Ramli, Sharmini Selvarajah, Maryam Hannah Daud, Jamaiyah Haniff, Suraya Abdul-Razak, Tg Mohd Ikhwan Tg-Abu-Bakar-Sidik, Mohamad Adam Bujang, **Boon How Chew**, Thuhairah Rahman, Seng Fah Tong, Asrul Akmal Shafie, Verna KM Lee, Kien Keat Ng, Farnaza Ariffin, Hasidah Abdul-Hamid, Md Yasin Mazapuspavina, Nafiza Mat-Nasir, Chun W Chan, Abdul Rahman Yong-Rafidah, Mastura Ismail, Sharmila Lakshmanan and Wilson HH Low for the EMPOWER-PAR Investigators. Effectiveness of the EMPOWER-PAR Intervention in Improving Clinical Outcomes of Type 2 Diabetes Mellitus in Primary Care: A Pragmatic Cluster Randomised Controlled Trial. *BMC Family Practice* 2016; 17:157. DOI 10.1186/s12875-016-0557-1. <http://rdcu.be/mD8w> [ISSN: 1471-2296; 2014 ISI impact factor 1.641 Q2 (Primary Health Care)]

2017

52. **Boon-How Chew**, Rimke Vos, Sazlina Shariff Ghazali, Nurainul Hana Shamsuddin, Aaron Fernandez, Firdaus Mukhtar, Mastura Ismail, Azainorsuzila Mohd Ahad, Narayanan N. Sundram, Siti Zubaidah Mohd Ali, Guy EHM Rutten. The effectiveness of a value-based EMOTION-cognition-Focused educational programme to reduce diabetes-related distress in Malay adults with Type 2 diabetes (VEMOFIT): study protocol for a cluster randomised controlled trial. *BMC Endocrine Disorders*. 2017;17:22. DOI: 10.1186/s12902-017-0172-8. <http://bmcendocrdisord.biomedcentral.com/articles/10.1186/s12902-017-0172-8> [ISSN: 1472-6823; 2015 ISI impact factor 1.739 Q4 (ENDOCRINOLOGY & METABOLISM)]

*Books/
Monographs*

1. (Submitted to UPM Press in March 2016). **Chew Boon How**. Primary Care for Cancers: Fundamental knowledge in cancers & practical skills for clinical practice in primary care. Universiti Putra Malaysia Press, Serdang.
2. **Chew Boon How**. Religions and Religiosity on Type 2 Diabetes Mellitus in Primary Care: The Effect of Religions & Religiosity on the Control of T2D Using the Beliefs and Value Scale. LAP LAMBERT Academic Publishing, Germany. November 23, 2012. ISBN: 3838371496; ISBN-13: 978-3838371498.
3. **Chew Boon How**, Cheong Ai Theng, Sazlina Shariff-Ghazali (Eds). An Introduction to Family Medicine And Its Essential Skills in Primary Medical Care. Universiti Putra Malaysia Press, Serdang. 2015. ISBN: 978-967-344-433-5.

	<ol style="list-style-type: none"> 4. Zaiton Ahmad, Cheong Ai Theng, Chew Boon How, Sri WahyuTaher, Mohd Fozi Kamarudin. Chapter Two: Clinical Presentation Upon Complications. Wan Mohamad WB, Mastura I, Jamaiyah S (Eds). Diabetes Registry Malaysia: Report of An Audit Of Diabetes Control and Management (January-December 2009), Kuala Lumpur. 2010. 5. Cheong Ai Theng, Zaiton Ahmad, Chew Boon How, Sri WahyuTaher, MohdFoziKamarudin. Chapter Two: Clinical Presentation Upon Complications. Wan Mohamad WB, Mastura I (Eds). Diabetes Registry Malaysia: Preliminary Report of An Audit Of Diabetes Control and Management (July-December 2008), Kuala Lumpur. 2010. 6. S. Satwant, BH Chew. The Third National Morbidity and Health Survey 2006 (NHMS III) Perak: Asthma (Children).
<i>Chapter in book</i>	<ol style="list-style-type: none"> 1. (Submitted chapter to Oxford University Press) Kirsty Winkley, Ebaa Al-Ozairi and Boon How Chew. Chapter 19: Cultural and global perspectives: Depression and Type 2 Diabetes. Khalida Ismail, Stefan R. Bornstein, Andreas Barthel and Julio Licinio (Eds). 2. (Submitted chapter to Elsevier) Boon How Chew and Muhamad Saiful Bahri Yusoff. Emotional Intelligence in Medical Schools: Emotional Intelligence in Schools: Current Directions. Con Stough and Justine Lomas (Eds). 3. Chew B.H, Fatanah I, Noridah M.S, Ramli A.S, ZilFalillah M.S. National Healthcare Establishments & Workforce Statistics (Primary Care) 2008-2009. Chapter 4: Primary Care Services in Malaysia. The National Healthcare Statistics Initiative (NHSI). Clinical Research Centre, National Institute of Health, Malaysia. March 2011. ISSN: 2231-7899. 4. Chew B.H, Fatanah I, Noridah M.S, Ramli A.S, ZilFalillah M.S. National Healthcare Establishments & Workforce Statistics (Primary Care) 2008-2009. Chapter 5: Primary Care Facilities in Malaysia. The National Healthcare Statistics Initiative (NHSI). Clinical Research Centre, National Institute of Health, Malaysia. March 2011. ISSN: 2231-7899. 5. Report of An Audit of Diabetes Control and Management (DRM-ADCM) January – December 2009. Cheong Ai Theng, Zaiton Ahmad, Chew Boon How, Sri Wahyu Taher, Mohd Fozi Kamarudin. Chapter Two: Clinical Presentation At Complications. Clinical Research Centre, Ministry of Health, Malaysia, Kuala Lumpur 2011.
<i>Proceedings</i>	<p>2008</p> <hr/> <ol style="list-style-type: none"> 1. Boon How CHEW, Ee Meng KHOO and Yook Chin CHIA. Do Religiosity and Religions Affect the Control of Type 2 Diabetes Mellitus. Metabolic Disorder: An Approach to Healthy Living. Fourth Malaysian Conference & Exhibition on Healthy Aging Scientific Meeting 28th-30th March 2008. Berjaya Times Square Hotel & Convention Center Kuala Lumpur. [Proceedings-Poster Presentation]. 2. Chew Boon How, Chia Yook Chin. Type 2 Diabetes Mellitus Control and Complications in Primary Care Department of University Malaya Medical Centre. 12th NHAM Annual Scientific Meeting 2008. 4th-6th April. [Proceedings-oral presentation].

3. **Chew BH**, Chia YC, Khoo EM: The Control of Type 2 Diabetes and its Complications in a Primary Care Centre in Malaysia. The Singapore Disease Management Conference 2008 & 1st International Conference On Healthcare Transformation 2008: Primary Care Focus. 8-11th May 2008. Suntec Convention Centre, Singapore. [abstract] [Proceedings-oral presentation]. *AAMS*. 2008; 37(5):s11.
4. **Chew BH**, Khoo EM, Chia YC: Do Religiosity and Religions Affect the Control of Type 2 Diabetes Mellitus. The Singapore Disease Management Conference 2008 & 1st International Conference On Healthcare Transformation 2008: Primary Care Focus. 8-11th May 2008. Suntec Convention Centre, Singapore. [abstract]. *AAMS*. 2008; 37(5):s60.
5. **Chew Boon How**. Social Support and the Control of Type 2 Diabetes in a Primary Care Centre in Malaysia. Primary Healthcare-Bridging the Gap towards a Better Future. 12th Malaysian FMS Scientific Meeting 13-16 August 2008. Zone Regency Hotel, Johor Bahru. [Proceedings-oral presentation].

2009

6. **Dr Chew Boon How**. Smoking Status of Clients Visiting Tapah Community Polyclinic-A Cross-sectional Survey [abstract]. *Malaysian Journal of Public Health Medicine*. 2009;9(s1):pp26.
7. **Chew Boon How**. Management of Uncomplicated Hypertension by Medical Officers in Health Clinics [abstract]. *Malaysian Family Physician*. 2009;4(1):pp35-36.
8. **Chew Boon How**. Primary Healthcare Services in the District of Batang Badang, Perak- Perspective of the Healthcare Providers [abstract]. *Malaysian Family Physician*. 2009;4(1):pp40.
9. **BH Chew**, AT Cheong, A Zaiton et. al. A Report on Disease Control: The Malaysian Diabetes Registry. Asia-Pacific Primary Care Research Conference 2009. 5-6th December 2009. City Bayview Hotel, Malacca. [Proceedings-poster presentation]. *Malaysian Family Physician*. 2009;4(2):pp53-54.
10. **BH Chew**, AT Cheong, A Zaiton et. al. A Report on Diabetes Control and Complications: The Malaysian Diabetes Registry. Asia-Pacific Primary Care Research Conference 2009. 5-6th December 2009. City Bayview Hotel, Malacca. [Proceedings-poster presentation]. *Malaysian Family Physician*. 2009;4(2):pp50.

2010

11. **BH Chew**, PY Lee, I Mastura et al. Control and Treatment Profiles in 20,646 Adult Diabetes. 13th NIH Scientific Meeting. 4th National Conference for Clinical Research 2010: Advancing Medical Research: the next stage 2-4 June 2010. The Royale Chulan Kuala Lumpur. [Proceedings-Poster Presentation]. *Medical journal Malaysia*. 2010;65(suppl A):pp38.
12. **BH Chew**, AT Cheong, A Zaiton, I Mastura: On behalf of the RDM_ADCM (Diabetes Registry Malaysia_Audit Diabetes Control & Management) Steering Committee. Sex Differences in Glycaemic Control and Complications in Malaysian Diabetes Registry. 5th Japan-Asean Conference On Men's Health & Aging- Defining The Future Of Men's Health And Aging. 9-11th July 2010. Le Meridien Hotel, Kota Kinabalu, Sabah, Malaysia. [Proceedings-Poster Presentation].

13. **BH Chew**, PY Lee, I Mastura, H Jamaiyah, AT Cheong, A Zaiton, SAR Syed Alwi, T Sri Wahyu, SG Sazlina, MN Nafiza, M Feisul Idzwan. Control and Treatment Profiles in 70,848 Adult Type 2 Diabetes. 9th Continuing Professional Development (CPD) Series- "Diabetes Asia 2010" Conference & Workshops. 6-10th October 2010. Borneo Convention Centre, Kuching, Sarawak, Malaysia. [Proceedings-Oral Presentation]
14. **Chew Boon How**, Faezah Hassan, Azhar Mohd. Zain. Effect of Medical Student's Emotional Intelligence on Academic Performance. TARC International Conference on Teaching and Learning- "Emerging Trends In Higher Education Learning And Teaching". 18-19th October 2010. One World Hotel, Malaysia. [Proceedings-Poster Presentation]

2011

15. Cheong Ai Theng, **Chew, Boon How**, Lee Kuan Peng, Julia Bt Adam Chua, Walter Lim Yung Chwen. "Knowledge and Stigma on HIV/AIDS Patients among Medical Students at a Public University in Malaysia". 6th Congress of the Asian Medical Education Association: Trends in Medical Education. 23-26th March 2011. International Medical University, Kuala Lumpur. [Proceedings- Oral Presentation]
16. **Chew Boon How**, Maung Maung Aye, Chua Hui Shan, Ameera Ashyila Binti Kamaruzaman, Muhammad Mukmin Bin Abdullah Sukri, Pang Sui Jin. "Significant Factors Affecting Academic Achievement among the First Year Health Sciences Undergraduate at Universiti Putra Malaysia". 6th Congress of the Asian Medical Education Association: Trends in Medical Education. 23-26th March 2011. International Medical University, Kuala Lumpur. [Proceedings- Oral Presentation]
17. Alwi, Syed S.A.R.; Mastura, I.; Lee, P. Y.; Wahyu, Sri T.; Cheong, A. T.; Jamaiyah, H.; Zaiton, A.; **Chew, B. H.**; Sazlina, S. G.; Nafiza, M. N. DIABETIC NEPHROPATHY IN MALAYSIAN WITH TYPE 2 DIABETES MELLITUS. Journal of Diabetes Investigation. 3 (Supplement 1):271, April 2011. [Abstract- Poster Presentation]
18. **BH Chew**, AT Cheong, PY Lee, I Mastura, H Jamaiyah, A Zaiton, SAR Syed Alwi, T Sri Wahyu, SG Sazlina, MN Nafiza, M Feisul Idzwan. Predictors of Uncontrolled Hypertension in 70,848 Adult Type 2 Diabetes Mellitus in Malaysia. 15th Family Medicine Conference: Primary Care Physician As Effective Gatekeeper. 23-26 June 2011 Royal Bintang Hotel, Seremban. [Proceedings- Oral Presentation]
19. **BH Chew**, AT Cheong. Discriminatory Attitude Towards People Living With Hiv/Aids: Ethnic Differences Amongst The Medical Students. 15th Family Medicine Conference: Primary Care Physician As Effective Gatekeeper. 23-26 June 2011 Royal Bintang Hotel, Seremban. [Proceedings- Poster Presentation]
20. **BH Chew**, I Mastura, PY Lee, T Sri Wahyu, H Jamaiyah, MA Bujang, M Feisul Idzwan. Determinants of uncontrolled dyslipidaemia among 70889 adult Type 2 Diabetes Mellitus in Malaysia. 3rd Asia Pacific Primary Care Research Conference 2011. 3-4 December 2011 The Summit Hotel Kuala Lumpur Malaysia. [Proceedings-Poster Presentation]
21. **Chew Boon How**, Leslie Than Thian Lung, Nor Kasmawati Jamaludin, Haslinda Hassan. Prevalence and treatment outcomes of medical emergency at two public health clinics in Malaysia. 3rd Asia Pacific Primary Care Research Conference 2011. 3-4 December 2011 The Summit Hotel Kuala Lumpur Malaysia. [Proceedings-Poster Presentation]

2012

22. **Chew Boon How**, Sazlina Shariff-Ghazali, Zaiton Ahmad, Mastura Ismail, Jamaiyah Haniff, Mustapha Feisul Idzwan, Mohd Adam Bujang. Risk Factor for Diabetes-related Complications in Patients with Type 2 Diabetes Mellitus in Malaysia. 1st World Congress on Healthy Ageing 19th -22nd March 2012 at the Kuala Lumpur Convention Centre. [Proceedings- Oral Presentation]
23. **Chew Boon How**, Faezah Hassan, Azhar Md. Zain, David R, Caruso. Emotional Intelligence is related to Better Academic Performance in the First and Fifth Years Medical Students. 19th Wonca Asia Pacific Regional Conference in Jeju, Korea from March 24th to 27th, 2012. [Proceedings- Oral Presentation]
24. **Chew, BH**, Shariff-Ghazali, S, Lee, PY, Cheong, AT, Ismail, M, Taher SW, Haniff, J, Mustapha, FI, Bujang, MA. Type 2 Diabetes Mellitus Patient Profiles And Disease Control At Four Public Health Facilities In Malaysia- A Cross-Sectional Study From Adult Diabetes Registry 2009. 1st Asia Pacific Clinical Epidemiology and Evidence-Based Medicine Conference to be held from 06 Jul 2012 to 08 Jul 2012 in Kuala Lumpur, Malaysia. [Proceedings- Oral Presentation]
25. **Chew Boon How**, Mimi Omar, Anis Safura Ramli, Irmis Zarina Ismail. Job Satisfaction and Motivation of Malaysian Primary Health Care Professionals. 16th Malaysian Family Medicine Scientific Conference 2012, July 12-15th 2012 at The Avillion Legacy Hotel, Melaka. [Proceedings-Poster Presentation]
26. **Chew Boon How**, Faezah Hassan, Azhar Md. Zain. Emotionally Intelligent in Social Management is related to Poor Academic Performance in the First and Fifth Years Medical Students in Universiti Putra Malaysia. 16th Malaysian Family Medicine Scientific Conference 2012, July 12-15th 2012 at The Avillion Legacy Hotel, Melaka. [Proceedings-Poster Presentation]
27. **Yee Lin Gan**, Oi Ming Lai, **Boon How Chew**, Kah Hay Yuen, Kalanithi Nesaretnam, Kim Tiu Teng, Kanga Rani Selvaduray, Puvaneswari Meganathan, Ju Yen Fu. Effect of Tocotrienols Supplementation on Platelet Aggregation in Subjects with Metabolic Syndrome. Oils and Fats International Congress (OFIC) 2012, September 11-14th 2012 at the KLCC. [Proceedings-Poster Presentation]
28. **Shuen Yeing Mo**, Kim Tiu Teng, Oi Ming Lai, **Boon How Chew**, Kalanithi Nesaretnam. Dry Fractionation of Chemically Intersterified palm Olein Reduces Solid Fat Content. Oils and Fats International Congress (OFIC) 2012, September 11-14th 2012 at the KLCC. [Proceedings-Poster Presentation]
29. **BH Chew**, PY Lee, AT Cheong, **I Mastura**, MA Bujang, H Jamaiyah, PP Goh, T Sri Wahyu. Complication Profiles and Associated Risk Factors in Adult Type 2 Diabetes Mellitus - Analysis of 57780 Patients Record from the ADCM Diabetes Registry. 4th Asia Pacific Primary Care Research Conference 2012, 1st & 2nd December 2012. [Proceedings-Poster Presentation]

2013

30. **BH Chew**, I Mastura, S Shariff-Ghazali, PY Lee, AT Cheong, H Jamaiyah, PP Goh, T Sri Wahyu. Follow-Up Status In Adult Type 2 Diabetes Mellitus- Experience From A Large Malaysian Cohorts. ATTD 2013 - The 6th International Conference on Advance Technologies & Treatments for Diabetes, February 27 - March 2, 2013 in Paris, France. [Proceedings-Poster Presentation]

31. **Chew Boon How (Chew BH)** Lee Ping Yein (Lee PY) Irmi Zarina Ismail (Irmi-Zarina I). "Personal Mission Statement": Medical Students' and General Practitioners' Reflections on Personal Belief, Value, Purpose and Goal in Life. 1st International Conference - Bioethics & Professional Practice, 8 - 9 May 2013, International Medical University, Bukit Jalil, Kuala Lumpur, Malaysia. [Proceedings-Poster Presentation]
32. **Mo SY**, Teng KT, Lai OM, **Chew BH** and Kalanithi N. Triacylglycerol structure of dietary fats may affect gut hormones and postprandial lipemia in subjects with type 2 diabetes mellitus. Conference On Non-Communicable Diseases: The Role of Diet and Physical Activity in Combating NCDs, Theme: Multi-Stakeholders Strategic Partnership, 26-27 March 2013, Renaissance Hotel, Kuala Lumpur. [Proceedings-Poster Presentation]
33. **Mo Shuen Yeing**; Lai Oi Ming; **Chew Boon How**; Kalanithi Nesaretnam and Teng Kim Tiu. Possible Effects of Triacylglycerol Structure of Dietary Fats on Gut Hormones and Postprandial Lipemia in Subjects with Type 2 Diabetes Mellitus. Malaysian Palm Oil Board International Palm Oil Congress 2013 (PIPOC 2013), 19–22 November 2013, Kuala Lumpur, Malaysia. [Proceedings-Poster Presentation]
34. **Chew Boon How (Chew BH)** Mazapuspavina Md Yasin (Mazapuspavina MY) Norsiah Ali (Norsiah A) Cheong Ai Theng (Cheong AT) Baizury Bashah (Baizury B) Mastura Ismail (Mastura I) Noridah Mohd Salleh (Noridah MS) Zuhra Hamzah (Zuhra H) Mohd Radzniwan A. Rashid (Mohd Radzniwan AR). Family Medicine Specialists Ethical and Professional Practice as Perceived by Malaysia Public Healthcare Providers. 1st International Conference - Bioethics & Professional Practice, 8 - 9 May 2013, International Medical University, Bukit Jalil, Kuala Lumpur, Malaysia. [Proceedings-Poster Presentation]
35. **Chew Boon How**, Norsiah Ali, Mohd Radzniwan A. Rashid, Zuhra Hamzah, Mazapuspavina Md Yasin, Cheong Ai Theng, Noridah Mohd Saleh, Baizury Bashah, Mastura Ismail. A National Cross-Sectional Survey On The Perception Of The Malaysian Public Healthcare Providers On Family Medicine Specialists (PERMFAMS) - A Descriptive Report. 17th. Malaysian Family Medicine Scientific Conference 2013: "Millennium Development Goals (MDG) 4, 5 and 6: Are We There Yet?" The Zenith Hotel, Kuantan, Pahang, 04th – 07th July 2013. [Proceedings-Poster Presentation]
36. **Boon-How Chew**, Firdaus Mukhtar, Sherina Mohd-Sidik, Nor-Kasmawati Jamaludin, Fuziah Paimin, Noor-Hasliza Hassan. Relationship of Diabetes Distress, Depression, Medication Adherence and Quality of Life toward Disease Biomarkers among Adult Type 2 Diabetes Mellitus in Primary Care- A cross-sectional Study. 'Diabetes Asia 2013' Conference, Oct. 24-27, 2013. Palace of the Golden Horses, Jalan Kuda Emas, Mines Resort City, 43300 Seri Kembangan, Selangor, MALAYSIA. [Proceedings-Oral Presentation]
37. **Boon-How Chew**, Firdaus Mukhtar, Sherina Mohd-Sidik, Fuziah Paimin, Noor-Hasliza Hassan, Nor-Kasmawati Jamaludin. The 17-items Diabetes Distress Scale (DDS): Translation and validation of the Malay version. 'Diabetes Asia 2013' Conference, Oct. 24-27, 2013. Palace of the Golden Horses, Jalan Kuda Emas, Mines Resort City, 43300 Seri Kembangan, Selangor, MALAYSIA. [Proceedings-Poster Presentation]
38. **Yee Lin Gan**, Oi Ming Lai, **Boon How Chew**, Kah Hay Yuen, Kalanithi Nesaretnam, Kim Tiu Teng, Kanga Rani Selvaduray, Puvaneswari Meganathan, Ju Yen Fu. Effects of Tocotrienols Supplementation on Cardiovascular Health in Subjects with Metabolic Syndrome. Malaysian Palm Oil Board International Palm Oil Congress 2013 (PIPOC 2013) 19–22 November 2013, Kuala Lumpur, Malaysia. [Proceedings-Poster Presentation]
39. **Mo Shuen Yeing**; Lai Oi Ming; **Chew Boon How**; Ruhaini Ismail; Sallehudin Abu Bakar; Norli Abdul Jabbar; Kalanithi Nesaretnam and Teng Kim Tiu. Effects of triacylglycerol structure of dietary fats on

	<p>glucose and triacylglycerol levels in Type 2 diabetes mellitus patients. Malaysian Palm Oil Board International Palm Oil Congress 2013 (PIPOC 2013) 19–22 November 2013, Kuala Lumpur, Malaysia. [Proceedings-Poster Presentation]</p> <p>2014</p> <hr/> <p>40. <u>Mo Shuen Yeing</u>; Lai Oi Ming; Chew Boon How; Ruhaini Ismail; Sallehudin Abu Bakar; Norli Abdul Jabbar; Kalanithi Nesaretnam and Teng Kim Tiu. Postprandial Effects of Positional Distribution of Palmitic Acid on Gut Hormones and Satiety in Participants with Type 2 Diabetes Mellitus. 12th International Congress on Obesity (ICO), 17 - 20 March 2014, Kuala Lumpur, Malaysia.</p> <p>41. <u>Shuen Yeing, Mo</u>; Oi Ming, Lai; Boon How, Chew; Ismail, Ruhaini; Abu Bakar, Sallehudin; Abdul Jabbar, Norli; Yuen May, Choo; Nesaretnam, Kalanithi and Kim-Tiu, Teng: Acute Effects of Palmitic Acid at <i>sn-2</i> on Gut Hormones and Insulinaemic Responses in Type 2 Diabetes Mellitus. AOCS on 4th May and end on 7th May 2014, in San Antonio, Texas. [Proceedings-Oral Presentation]</p> <p>2017</p> <hr/> <p>42. Boon-How Chew, Rimke C. Vos, Rebecca K. Stellato, Sazlina Shariff Ghazali, Mastura Ismail, Guy E.H.M. Rutten. The Value-based EMOtion-cognition-Focused educational programme to reduce diabetes distress in adults with Type 2 diabetes mellitus: a cluster randomised controlled trial. 53rd EASD Annual Meeting, Lisbon, Portugal. September 11-15, 2017. [Proceedings-Oral Presentation]</p>
<i>Other publications</i>	<p>Intellectual Property Rights</p> <ol style="list-style-type: none"> 1. Diari VEMOFIT- 201612271205 2. Buku Kerja VEMOFIT- 201612271204 3. Risalah-risalah Maklumat 1-10 - 201612271203 4. Malay Brief Illness Perception Questionnaire (MBIPQ)- 201612271202 5. The Malay version 17-item Diabetes Distress Scale (MDDS-17)- 201612271201
<i>Computer software</i>	

H. PROJEK PENYELIDIKAN KINI & TERDAHULU(Current & Past Research Project)						
<i>Project No.</i>		<i>Project Title</i>	<i>Role</i>	<i>Year</i>	<i>Source of fund</i>	<i>Status</i>
1.	NMRR-09-57-3252	i-COMPARE	Site investigator	2008-	Sanofi-aventis	Completed
2.		Perbandingan Pertumbuhan Kanak-kanak Berdasarkan Standard WHO 2006 dan Rujukan NCHS 1977 Dengan Penilaian Klinikal Di Negeri Perak dan Pahang	Site investigator	2008-2009	Ministry of Health	Completed
3.		Primary Healthcare Services in the District of Batang Padang, Perak- Perspective of the Healthcare Providers	Principal investigator	2009	Self	Completed

4.		Smoking Status of Clients Visiting Tapah Community Polyclinic- A Cross-sectional Survey	Principal investigator	2009	Self	Completed
5.		Soal-selidik Perkhidmatan Klinik Kesihatan Tapah 1/2008	Principal investigator	2008-2009	Self	Completed
6.		Management of Uncomplicated Hypertension by Medical Officers in Health Clinics	Principal investigator	2008-2009	Self	Completed
7.		An Audit of Type 2 Diabetes Care in a Malaysian Public Community Polyclinic.	Principal investigator	2009-2010	Self	Completed
8.		Knowledge and Stigma on HIV/AIDS Patients amongst Medical Students at a Public University in Malaysia.	Co-investigator	2010	Self	Completed
9.		The Difference in Classes Performance between Students Having Academic and Non-Academic Problems in Faculty Of Medicine and Health Sciences in University Putra Malaysia.	Co-investigator	2010	Self	Completed
10.	NMRR-10-1407-6264	Effect of Emotional Intelligence on the Medical Student's Academic Performance.	Principal investigator	2010-2012	RUGS (RM 29,500)	Completed
11.	NMRR-11-1054-9190	Perception of Malaysian Healthcare Professional on Family Medicine Specialists (PERFAMS).	Principal investigator	2011-2012	FMSA+UPM (RM10,000 + RM 3,000)	Completed
12.	NMRR: 9300	Job Satisfaction of Malaysian Primary Care Doctors.	Principal investigator	2011	Self	Completed
13.	NMRR-11-297-8326	Prevalence and Treatment Outcomes of Emergency Cases at Community Health Clinics in Malaysia.	Principal investigator	2011	Self	Completed
14.	NCT01545401	Empowering Patients and Primary Care to Improve Chronic Disease Outcomes: The EMPOWER Participatory Action Research (EMPOWER-PAR).	Co-investigator	2011-2013	ERGS (RM 179,900)	Completed
15.	NMRR-12-146-11363/NC T01906359	The acute effects of triacylglycerol structure of palmitic acid rich fats on insulin secretion and sensitivity, haemostatic markers in Type II diabetic patients.	Co-investigator	2011-2013	MPOB (RM 155,000)	Completed

16.	NCT01631838	The effects of tocotrienols supplementation on platelet aggregation in subjects with metabolic syndrome.	Co-investigator	2011-2013	MPOB (RM 200,000)	Completed
17.	NMRR ID: 14286	Communication in Primary Healthcare Among Healthcare providers in a multilingual society: An exploratory study	Co-investigator	2011-2013	ERGS (RM 50,000)	On-going
18.	NMRR-12-1360-13846	Communication Structure and Dynamics of Bedside Teaching and Learning	Co-researcher	2012-2014	RUGS 3 (RM 40,050)	Completed
19.		Pre-diabetes Intervention Programme	Co-investigator	2011-2013	Health Promotion Board (RM 620,000)	Completed
20.	NMRR ID: 13534	Exploring Biochem& Genetic Markers assocwt Statin Induced Muscle Toxicity in Selected M'sian Pop.	Co-researcher	2012-2014	?	Completed
21.	NMRR-12-1167-14158	Emotional Distress and its Effect on Disease Control, Medication Adherence and Quality of Life in Patients with Type 2 Diabetes Mellitus [EDDMQoL]	Primary Investigator	2012-2013	RUGS 3 (RM 22,000)	Completed
22.	Lect(JPK)_Feb(13)01	"Personal Mission Statement": A Comparison of Medical Students' and General Practitioners' Reflections on Personal Belief, Value, Purpose and Goal in Life	Principal Investigator	2012-2013	Self	Completed
23.	NMRR-12-1360-13846	Communication Structure and Dynamics of Bedside Teaching and Learning	Co-researcher	2012-2014	RUGS 3 (RM 40,050)	Completed
24.	NMRR ID: 13534	Exploring Biochem & Genetic Markers assoc wt Statin Induced Muscle Toxicity in Selected M'sian Pop.	Co-researcher	2012-2014	?	Completed
25.	NMRR-15-551-25600 (IIR)	The identification and characterization of Lactobacilli from Malaysian women.	Co-researcher	2015-2016	?	On-going

26.	NMRR-15-1144-24803	The effectiveness of a value-based emotion-focused educational programme to reduce diabetes-related distress in adults with type 2 diabetes (VEMOFIT). NCT02730078	Principal Investigator	2016-2018	MRG (RM 132,600) Klinik-klinik Kesihatan in Negeri Sembilan	On-going
27.	NMRR-15-2214-28139	Relationship between emotional disorders (diabetes distress and depression) and outcomes (self-care and clinical) in adults with Type 2 diabetes mellitus in primary care- a cohort study. NCT02730754	Principal Investigator	2016-2017	(Self) UPM, Klinik Kesihatan Seri kembangan, Dengkil and Salak	On-going
28.	NMRR-16-2727-29733	Emotional Distress, Illness Perception and its Effect on Quality of Life, Self-management and Disease Control in Adult Patients with Type 2 Diabetes Mellitus- a Cross-sectional Study. Research ID: 29733.	Principal Investigator	2017-2018	(FMSA) Klinik-klinik Kesihatan in Kedah	On-going

I. ID PUBLISHING (<i>Publishing ID</i>)		
	Author ID	Name
Scopus	39161012600	Chew, Boonhow Chew, Boon How Chew, B. H. How, Chew Boon
ORCID	0000-0002-8627-6248	Chew Boon How, Chew BH
Web of Science ID		
Researcher ID	B-2385-2010	Boon-How Chew; Chew Boon How; Chew Boon-How
<u>Others</u> LOOP MyGRANTS ID	174418 16565	Boon-How Chew Chew Boon How

J. RANGKAIAN SOSIAL (<i>Social Networking</i>)	
Facebook	
LinkedIn	https://my.linkedin.com/in/boon-how-chew-80151b6
Researchgate	https://www.researchgate.net/profile/Boon_How_Chew2
Academia	http://upm.academia.edu/ChewBoonHow
Google Scholar	https://scholar.google.com/citations?user=GFZ9z5gAAAAJ&hl=en
Blog	
Website url	
<u>Others</u> LOOP Mendeley	http://loop.frontiersin.org/people/174418/overview https://www.mendeley.com/profiles/chew-boon-how/