



## Curriculum Vitae

### Personal details

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Dr Normala Ibrahim  
MB Bch BAO, MMed (Psych), PhD

MMC Registration no: 34361  
Date of gazettment: 27th April 2007  
H-index (citations): 5 (61)

Name of Institution:  
Department of Psychiatry,  
Faculty of Medicine & Health Sciences,  
Universiti Putra Malaysia 43400  
Serdang Selangor, Malaysia

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### Career

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A medical lecturer teaching undergraduate and postgraduate students in psychiatry.  
A general psychiatrist, providing services and skills in the diagnosis and treatment of major psychiatric disorders among adult patients with a special research interest in risk behaviours among young adults.

### Qualifications

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PhD Community Health	Universiti Putra Malaysia	2012
MMed Psychiatry	Universiti Kebangsaan Malaysia	2005
MB Bch BAO	University College Dublin, Ireland	1997

### Current appointment

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Associate Professor (DU 54)  
Deputy Dean (Research & Internationalization) 2016-2019  
Member Secretary of UPM Research Ethics Committee (JKEUPM) 2016-2019

## **Contribution and Achievements:**

First prize winner of Young Researcher Award in Eli Lilly Postgraduate Conference for Psychiatry in November 2005 at Universiti Malaya Medical Centre.

Second award for Best Paper Presentation in 13th Malaysia Conference of Psychological Medicine (MCPM) in Kuala Lumpur in June 2007

A Bronze Medalist in Pameran Rekacipta, Penyelidikan dan Inovasi (PRPI) UPM 2009 for a research output: A DVD on Application of Condom for Project 04-03- 080464RU.

A Silver Medalist in Malaysia Technology Expo (MTE) 2010 for a research output: A DVD on Application of Condom for Project 04-03-080464RU.

A recipient for “Best 5 Clinical Researchers” award in 2012 for Faculty of Medicine & Health Sciences UPM

A recipient for “Best 10 Clinical Researchers” award in 2015 for Faculty of Medicine & Health Sciences UPM

A lifetime member of Malaysian Psychiatric Association (MPA) since 2008

A member of Continuing Medical Education (CME) committee of Faculty of Medicine and Health Sciences, UPM June 2007 until December 2008

A member of Malaysian Medical Association (MMA) since 2009

Article reviewer for

- Asean Journal of Psychiatry 2010 – 2013
- Sains Malaysiana Journal 2012
- Comprehensive Psychiatry Journal 2012
- Malaysian Journal of Psychiatry 2014
- Journal of Mental Health Training, Education and Practice 2016, 2017
- Journal of AIDS and HIV Research 2016
- Journal of Religion and Health 2016
- Malaysian Journal of Medicine and Health Sciences 2007, 2013, 2014, 2015, 2016

A judge for oral and poster presentations at 17th and 18th Malaysian Conference of Psychological Medicine (MCPM) 2013, 2014

A member of panels of grant assessor committee for UPM 2012, 2014, 2016, 2017

A member of interview panels for Master Medicine of Psychiatry 2013, 2014, 2015, 2016

Honorary Editorial Board Member (2015-2017) for Malaysian Journal of Medicine and Health Sciences (MJMHS)

## **Invited Speakers:**

### **2012:**

1. CME on Asenapine – a multifunctional antipsychotic  
Department of Psychiatry FMHS UPM  
27 August 2012

2. Program Sayangi Diri Anda  
Universiti Pendidikan Sultan Idris (UPSI) Perak  
22 September 2012

**2013:**

1. AstraZeneca Asia Area Neuroscience Speaker Summit  
The Ritz-Carlton Hotel, Jakarta Indonesia  
17 – 18 May 2013
2. Ceramah untuk Jururawat FPSK – Stress and its management  
Department of Psychiatry, FMHS UPM  
21 Jun 2013
3. AstraZeneca CME Round Table Discussion  
The Importance of Discriminating between Bipolar Disorder and MDD  
Faculty of Medicine and Health Sciences UPM  
1 July 2013
4. Authorship and Writing Workshop 2013  
Epidemiology Unit, Faculty of Medicine, Prince of Songkla University Thailand  
4 – 5 November 2013
5. Kursus Program Sarjana Perubatan Psikiatri – Tutorial 2013  
Hospital Kuala Lumpur dan Hospital Selayang  
29 November – 1 December 2013

**2014:**

1. Writing Workshop  
Fakultas Kedokteran Universitas Syiah Kuala Darussalam Banda Aceh  
17 January 2014
2. CME Hospital Kajang  
Delirium: Who is confused? A doctor or a patient?  
Hospital Kajang  
7 Mac 2014
3. Penceramah Program Structured Medical Internship Program (SMIM)  
Faculty of Medicine and Health Sciences UPM  
21-23 April 2014
4. AstraZeneca CME Lunch Talk  
What's new in the treatment of Bipolar Disorder? 2013 CANMAT Update  
Hospital Serdang  
25 April 2014
5. Ceramah Persatuan Alumni Sekolah Seri Puteri (PUTERI)  
Good and Bad Stress – Learn How to Manage It  
Sekolah Seri Puteri Cyberjaya Selangor  
27 April 2014
6. Penceramah Program Family Link Psychoeducation Hospital Kajang  
Hospital Kajang  
18 August 2014

7. 9<sup>th</sup> KL Mental Health Conference 2014  
PWTC Kuala Lumpur  
Talk on “Overcoming the Challenges of Inadequate Response in MDD”  
27 August 2014

**2015:**

1. Penceramah “Revision Course in Postgraduate Psychiatry (Part 1) 2015  
Jabatan Psikiatri, Pusat Perubatan UKM  
2 – 6 Mac 2015
2. Penceramah Kursus Pengenalan Perawatan Kesihatan Mental  
Faculty of Medicine and Health Sciences UPM  
27 Mac 2015
3. Penceramah Program Structured Medical Internship Program (SMIM)  
Faculty of Medicine and Health Sciences UPM  
5 – 8 May 2015
4. Penceramah “ Caring Hearts 2015” Persatuan Alumni Sekolah Seri Puteri (PUTERI)  
Smart Teens Keep Stress in Check  
Sekolah Seri Puteri Cyberjaya Selangor  
11 July 2015

**2016:**

1. Penceramah “Revision Course in Postgraduate Psychiatry (Part 1) 2016  
Jabatan Psikiatri, Pusat Perubatan UKM  
22 – 26 Februari 2016
2. AstraZeneca Neuroscience National Summit IV  
Le Meridian Hotel, Kuala Lumpur  
Talk on “Revisiting Clinician’s Archives in Bipolar Disorder”  
5<sup>th</sup> March 2016
3. Malaysian Conference of Psychological Medicine 2016:Pre conference workshop  
Talk on “Defining the treatment goal in depression – Treatments and its substrates”  
11 May 2016
4. 11<sup>th</sup> Perak Mental Health Convention: Plenary Speaker on Revisiting Clinicians’  
Archive in Bipolar Disorder  
12 August 2016
5. Panel Program Temubual Capital TV  
Tajuk: Kanser dan Rawatan, lambakan produk kesihatan di pasaran yang dikatakan  
boleh merawat kanser, Benar atau Mitos. Apakah Implikasi kepada Masyarakat  
26 July 2016
6. Laporan Khas Utusan Malaysia  
Tajuk: Gian seperti ketagih dadah  
Utusan Malaysia 20 Ogos 2016

**2017:**

1. Penceramah Program Motivasi Bulanan Anjuran Bahagian Kaunseling (BKUPM)  
Tajuk: Obsesi: Bicara bersama Pakar Psikiatri  
Tarikh: 28 Februari 2017

**Academic position:**

1. Coordinator for Course SPK 3612  
(Year 5 Senior Psychiatry for Bachelor of Medicine Program): 2007-2008
2. CME committee member Faculty of Medicine & Health Sciences UPM: 2007-2008
3. Coordinator for Course SPK 3611  
(Year 4 Psychiatry for Bachelor of Medicine Program) 2013-2014

**Teaching experience:**

1. Course SPK 3611 (Year 4 Psychiatry for Bachelor of Medicine Program)
2. Course SPK 3612 (Year 5 Senior Psychiatry for Bachelor of Medicine Program)
3. Master Medicine of Psychiatry
4. Course PSK 5000 (Health Research Methods and Biostatistics)

**Administrative position:**

1. Department Research and Publication Coordinator 2012
2. Head of Department of Psychiatry, FMHS UPM Jan 2014 – Dec 2016
3. Deputy Dean (Research & Internationalization) June 2016 – May 2019

**Supervision of students:****Degree Program:**

1. Name: Rozanna Rahmat (131057)  
Course: NUR 3304  
Title: Stress Level Among Caregivers of Schizophrenic Patients in the Psychiatric Clinic HKL  
Year: 2006  
Position: Main supervisor
2. Name: Kathiravan a/l Murugan (151610), Siti Nur Izzati Mohd Idris (151795)  
Amirul Fikri Zulkifli (152023), Lim Chuen Ching (152159)  
Course: SPP 3621  
Title: Religion practices, social support, family functioning, self esteem and risk behaviours amongst secondary school students in Klang district Selangor  
Year: 2011  
Position: Co-supervisor
3. Nama: Puteri Nur Farhah Nadirah Mohd Fauzi (159567) Eng Swee Ching (157383)  
Course: SPP 3621  
Title: Association between parental styles, peer pressure and psychosocial problems amongst secondary school students at Hulu Langat district  
Year: 2012  
Position: Main supervisor
4. Name: Chai Gin Wei (163267), Muhammad Asyraf Rosnawi (163644)  
Course: SPP 3621  
Title: Factors associated with psychological stress among medical students in UPM  
Year: 2013  
Position: Main supervisor
5. Name: Erleena Roslan (159571), Muhd Hayatulrizal Md Lailee (157462)  
Course: SPP 3621  
Title: Psychosocial factors associated with self-esteem among secondary school

students in Hulu Langat District, Selangor  
Year: 2012  
Position: Co-supervisor

6. Name: Jonathan Liwas, Laila Syafiqah Anuar  
Course: SPP 3621  
Year: 2013  
Title: Prevalence of Mental health problems and its associated factors among housemen graduated from UPM in 2011  
Position: Co-supervisor

7. Name: Muhd Syamil Abd Manaf (169822), Natrah Atira Amran (169909)  
Course: SPP 3621  
Year: 2014  
Title: Association between psychological correlates and physical disability among patients with chronic non-cancer pain in Hospital Kuala Lumpur and Hospital Selayang.  
Position: Co-supervisor

**MSc/MPH/DrPH/MMed Program: (Supervisory committee)**

1. Name: Siti Zuraifah Harun (GS 32244)  
Course: MSc program (Community Health)  
Title: Factors that lead to Absenteeism among secondary school teachers in Selangor  
Year: 2012 – ongoing  
Position: Co-supervisor

2. Name: Tan Siew Tin (GS 31953)  
Course: MSc program (Community Health)  
Title: Prevalence and predictors of suicidality among medical and health sciences students  
Year: 2014 (completed)  
Position: Co-supervisor

3. Name: Mukosolu Chinenye Okonkwo (GS 32063)  
Course: MSc program (Community Health)  
Title: Prevalence and factors associated with stress among UPM staff  
Year: 2015 (completed)  
Position: Co-supervisor

4. Name: Hadri Hadi Md Yusof (GS 41572)  
Course: MSc program  
Title: The Effect of BDNF Single Nucleotide Polymorphisms on Psychosocial and EEG signatures among Malaysian subjects diagnosed with MDD  
Year: 2015 – ongoing  
Position: Co-supervisor

5. Name: Nurul Asyikin Abdul Razak (GS 42189)  
Course: MSc program (Psychological Medicine)  
Title: Personality and Life events as risk factors among patients with single MDD attending Malaysia Government Hospitals  
Year: 2015 – ongoing  
Position: Main supervisor

6. Name: Luma Hatem Al-Almeri (GS 34915)  
Course: Master Kesehatan Awam (MPH) – Master without thesis  
Year: 2013 (completed)  
Position: Co-supervisor
7. Name: Chong Seng Choi (GS 36628)  
Course: Master Perubatan Psikiatri (MMed)  
Year: 2016 (completed)  
Position: Main supervisor
8. Name: Ganggashini a/p Muthusamy (GS 40065)  
Course: Master Perubatan Psikiatri (MMed)  
Year: 2014- ongoing  
Position: Main supervisor
9. Name: Mohd Arshil bin Moideen (GS 37877)  
Course: Doktor Kesehatan Awam (DrPH)  
Year: 2015 – ongoing  
Position: Co-supervisor
10. Name: Prem Kumar a/l Balakrishnan (GS 40983)  
Course: Doktor Kesehatan Awam (DrPH)  
Year: 2015 – ongoing  
Position: Co-supervisor
11. Name: Assvin a/l Alaga (GS 40080)  
Course: Master Perubatan Psikiatri (MMed)  
Year: 2016 – ongoing  
Position: Main supervisor

**Phd Program: (Supervisory committee)**

1. Name: Aloitabi Amani Awwadh F (GS26091)  
Course: Phd program  
Title: Tobacco use and factors associated among female adolescents in Jeddah Saudi Arabia  
Year: 2016 (**completed**)  
Position: Co-supervisor
2. Name: Mahtab Mohammadi (GS28088)  
Course: Phd program  
Title: Peer-led behavioural intervention on substances abuse among secondary school Students  
Year: 2016 (**completed**)  
Position: Co-supervisor
3. Name: Low Jia Liang (GS29978)  
Course: Phd program  
Title: The effectiveness of Group CBT on Unipolar Depression  
Year: 2016 (**completed**)  
Position: Co-supervisor
4. Name: Jamilah Hanum binti Abdul Khaiyom (GS32448)  
Course: Phd program  
Title: Group CBT for patients with anxiety disorder: Validation, processes and Treatment

- Year: 2012 – ongoing  
Position: Co-supervisor
5. Name: Phang Cheng Kar (GS 34641)  
Course: Phd program  
Title: Effectiveness of a Group Mindfulness-Based CBT Program (Mindful-Gym) for stress reduction and wellness in UPM Medical students  
Year: 2013 – **discontinued**  
Position: Co-supervisor
6. Name: Maher D Fuad Fuad (GS 33742)  
Course: Phd program  
Title: Prevalence and Risk Factors of Psychological Distress Among Medical students UPM and the Effect of an Intervention Methods on Distress Score  
Year: 2017 (for **thesis re-submission**)  
Position: Co-supervisor
7. Name: Lee Ji Kwan (GS 33681)  
Course: Phd Program  
Title: Clinical Hypnosis for Pre-Surgical Preparation: Concept of Testing Using Randomized Controlled Trial  
Year: 2014 – ongoing  
Position: Co-supervisor
8. Name: Yakubu Hussaini Anka (GS 38393)  
Course: Phd Program  
Title: Effectiveness of Hepatitis B Virus Educational Intervention Program Among Undergraduate Students of Usman Danfodiyo University Sokoto Nigeria, A Randomized Controlled Trial  
Year: 2017 (**completed**)  
Position: Co-supervisor
9. Name: Nur Haidzat binti Abd Wahid (GS 35819)  
Course: Phd Program  
Title: The Effectiveness of Group CBT in Reducing Post-operative Pain Following Breast Cancer Surgery  
Year: 2014 – ongoing  
Position: Co-supervisor
10. Name: Siti Fatimah binti Ab Ghaffar (GS 39242)  
Course: Phd Program  
Title: A Randomized Control Trial on School Based Intervention Program for Primary School Children with Anxiety and Depression  
Year: 2015 – ongoing  
Position: Co-supervisor
11. Name: Ratnakala a/p Sithravel (GS 39577)  
Course: Phd Program  
Title: Intelligent-Naturally Adaptive Environment Enhancing Occupant's Psychophysiological Well-being through Integrated Indoor Environment Attributes for Healthy Building Design  
Year: 2015 – ongoing  
Position: Co-supervisor



12. Name: Faezah Hassan (GS 42924)  
Course: Phd Program  
Title: Understanding the influences related to retention towards methadone maintenance therapy in a primary care clinic  
Year: 2015 – ongoing  
Position: Co-supervisor
13. Name: Badamasi Ibrahim (GS 39794)  
Course: Phd Program  
Title: Pharmacogenetics and pharmacometabolomics of SSRIs in Malaysian patients with MDD  
Year: 2015 – ongoing  
Position: Co-supervisor
14. Name: Siti Aishah Abdul Aziz (GS 39467)  
Course: Phd Program  
Title: Automatic classification of Alzheimer's disease using two metabolic pattern in 18f-FDG Pet/CT Brain imaging  
Year: 2016 – ongoing  
Position: Co-supervisor

**Research Project (Principal Investigator)**

<b>No.</b>	<b>Title</b>	<b>Research Grant</b>	<b>Year</b>	<b>Status</b>
1.	Neurocognitive Performance in Patients with Schizophrenia: A cross sectional study in Psychiatric Clinic of Hospital Universiti Kebangsaan Malaysia (HUKM).	Nil	2005	Completed
2.	Factors associated with neurocognitive impairment in Bipolar disorder patients: A case control study in Psychiatric Clinic of Hospital Universiti Kebangsaan Malaysia (HUKM)	Nil	2005	Completed
3.	Effectiveness of Youth Peer Education Program in HIV/AIDS Prevention	Research University Grant Scheme (RUGS)	2007	Completed
4.	Protocol 027: A Phase IIa, Randomized, Double Blind, Placebo Controlled, 2 Period, Cross over Clinical Trial to Study the Safety and Efficacy of MK-0557 for the Treatment of Cognitive Impairment in Patients with Schizophrenia.	Private (MSD)	2007	Completed
5.	Protocol 31-07-246: A 52 week, Multicentre, Randomized, Double-blind, Placebo-controlled Study to evaluate efficacy, Safety and Tolerability of an Intramuscular Depot Formulation of Aripiprazole (OPC-14597) as Maintenance Treatment in Patients with Schizophrenia "ASPIRE US" (Aripiprazole Intramuscular Depot Program in Schizophrenia)	Private (Otsuka Pharmaceutical Co)	2009	Completed
6.	Protocol 31-08-248: A 52 week, Multicenter, Open-label extension Study to evaluate the effectiveness of Aripiprazole (OPC-14597) Intramuscular Depot in Patients with Schizophrenia: ASPIRE Long term Extension Study.	Private (Otsuka Pharmaceutical Co)	2010	Completed
7.	Protocol 31-1-270: An open-Label, Multicenter, Rollover, Long-term Study of Aripiprazole Intramuscular Depot in Patients with Schizophrenia.	Private (Otsuka Pharmaceutical Co)	2011	Ongoing
8.	Effectiveness of Peer-Led Education Program in Modifying Knowledge, Attitude and Practices related to HIV Prevention amongst youth	Malaysian Health Promotion Board	2011	Completed
9.	Early Intervention Programme (EIP) on Psychological Distress among pre clinical medical students: Screening and Intervention for Coping strategies.	RUGS	2012	Completed
10.	Association between parental styles, peer pressure and psychosocial problems amongst secondary school students at Hulu Langat district.	Nil	2012	Completed
11.	Factors associated with psychological stress among medical students in UPM	Nil	2013	Completed
12.	Protocol 031-12-005: A Multicentre, Randomized, Double-blind Trial to Assess the Efficacy and Safety of ASC-01 in Patients with Major Depressive Disorder.	Private (Otsuka Pharmaceutical Co)	2013	Completed
13.	Psychosocial factors, BDNF and DAT 1 Polymorphism and Risk of Major Depressive Disorder	Geran Putra IPB	2014	Ongoing

**Research Project (Co-investigator/ Sub-investigator)**

No.	Title	Research Grant	Year	Status
1.	Protocol CL3-20098-052: Efficacy and Safety of Agomelatine with flexible dose (25mg/day with potential adjustment at 50mg) given orally for 8 weeks in out patients with Major Depressive Disorder	Private (Servier)	2008	Completed
2.	Protocol 11918A: Randomized, double blind, parallel group, placebo controlled, duloxetine referenced, dose finding study of Lu AA24530 in Major Depressive Disorder	Private (Lundbeck)	2008	Completed
3.	Protocol LTE6672/SAM 12: Efficacy and safety of 2 mg/day of M100907 on Sleep Maintenance Insomnia with a sub study of the effect of M100907 on stable Type II Diabetes Mellitus: a 12 week, multi centre, randomized, double blind, placebo controlled study.	Private (Sanofi)	2008	Completed
4.	Protocol 12022A: Randomized, double blind, parallel group, placebo controlled, and active comparator referenced, dose finding study of LU AA34893 to evaluate the efficacy and safety of three doses LU AA34893 and quetiapine versus placebo in the treatment of depression in Bipolar I and II disorder patients	Private (Lundbeck)	2008	Completed
5.	A study of pharmacogenetic polymorphisms and the clinical outcome of antidepressant therapy (Escitalopram): Collaboration with University of Melbourne, Australia: A multi site research program across Asia	Private (Lundbeck)	2008	Completed
6.	Pharmacoepidemiologic International Longitudinal Antipsychotic Registry assessing outcomes data in patients receiving antipsychotic treatment with Paliperidone ER or other oral antipsychotics. (PILAR Registry)	Private (Janssen Cilag)	2009	Completed
7.	Project 04-01-09-0668RU: Common Mental Disorders and Help-seeking behaviour among young adults	RUGS	2009	Completed
8.	Project 04-01-09-0673RU: Effectiveness of Group Based Peer Education Program Improving HIV/AIDS related knowledge, attitude and practice amongst army recruits	RUGS	2009	Abandoned
9.	Project 04-04-10-838FR: The Role of Processing Speed in Improving Cognitive Deficits in First Episode Schizophrenia Patients	Fundmental Research Grant Scheme (FRGS)	2010	Completed
10.	Protocol 31-08-263: A Multicentre, Randomized, Double-blind Study to evaluate the efficacy, safety and tolerability of an Oral Aripiprazole/Escitalopram combination therapy in patients with Major Depressive Disorder	Private (Otsuka Pharmaceutical Co)	2011	Completed
11.	A Multicentre, active-controlled, double-blind, parallel group-comparison trial to investigate the efficacy and safety of Aripiprazole IM depot (OPC-14597MD) compared with Aripiprazole tablets in patients with schizophrenia	Private (Otsuka Pharmaceutical Co)	2011	Completed

12.	Psychosocial factors associated with self-esteem among secondary school students in Hulu Langat District, Selangor	Nil	2012	Completed
13.	Prevalence of Mental health problems and its associated factors among housemen graduated from UPM in 2011 – 2012	Nil	2013	Completed
14.	Protocol 331-10-232: A Phase 3, Multicenter, Randomized, Double-blind, Placebo-Controlled Trial to Evaluate the Efficacy, Safety and Tolerability of Brexpiprazole (OPC-34712) as Maintenance Treatment in Adults with Schizophrenia	Private (Otsuka Pharmaceutical Co)	2012	Completed
15.	Protocol 331-10-237: A Long-term, Phase 3, Multicenter, Open-label Trial to Evaluate the Safety and Tolerability of Oral OPC-34712 as Maintenance Treatment in Adults with Schizophrenia	Private (Otsuka Pharmaceutical Co)	2012	Completed
16.	Protocol CL3-20098-078: Efficacy and safety of Agomelatine (25 mg/day with potential blinded adjustment to 50 mg/day) for 12 weeks in non-depressed out-patients with Generalized Anxiety Disorder	Private (Servier)	2012	Completed
17.	Project GP-IPB/2013/9415701: Single nucleotide polymorphisms, psychosocial and nutritional risk factors for Major Depressive Disorder	Geran Putra IPB	2014	Ongoing
18.	Protocol D1002001: A Randomized, Double-Blind, Parallel-Group, Placebo-Controlled Study of SM-13496 for the treatment of Bipolar I Depression.	Private (Sumitomo Danninopon)	2014	Completed
19.	Association between psychological correlates and physical disability among patients with chronic non-cancer pain in Hospital Kuala Lumpur and Hospital Selayang	Nil	2014	Completed
20.	Extrinsic and Intrinsic Factors Related to the Recovery Process in Persons with Schizophrenia in HKL: Moving Beyond Symptomatic Treatment	Geran Putra IPM	2014	Completed

## **Publications:**

### **Thesis/Abstracts/Proceedings:**

1. Factors associated with neurocognitive impairment in Bipolar disorder patients: A case control study in Psychiatric Clinic of Hospital Universiti Kebangsaan Malaysia (HUKM), Thesis Master of Medicine (Psychiatry) UKM, 2005, Unpublished. **(First author)**
2. Neurocognitive performance in patients with Schizophrenia: A cross sectional study in Psychiatric Clinic of Hospital Universiti Kebangsaan Malaysia (HUKM). June 2007. Abstract for Free Paper presentations in Programme book for 13<sup>th</sup> Malaysian Conference on Psychological Medicine (MCPM) and 1<sup>st</sup> National Conference on Child and Adolescent Psychiatry. **(First author)**
3. Pattern of neurocognitive impairment in Bipolar Disorder patients: A case control study in Psychiatric Clinic of Hospital Universiti Kebangsaan Malaysia (HUKM). June 2007. Abstract for Free Paper presentations in Programme book for 13<sup>th</sup> Malaysian Conference on Psychological Medicine (MCPM) and 1<sup>st</sup> National Conference on Child and Adolescent Psychiatry. **(First author)**
4. Effectiveness of Peer Education Program in Improving Knowledge, Attitude and Risk Behaviour Practices related to HIV amongst students at UPM, Thesis PhD (Community Health, UPM, 2012) Unpublished. **(First author)**
5. **N. Ibrahim**, A.H. Abdul Rahman, A. Baharuddin, N.R. Nik Jaafar, H. Zakaria, S.A. Shah (2011) *Executive Function and Attention Span in Euthymic Patients with Bipolar 1 Disorder*. Abstracts of the 3<sup>rd</sup> World Congress of Asian Psychiatry (WCAP 2011). *Asian Journal of Psychiatry* 4(1):41-90 **(First author)**
6. Hilwa A, Zubaidah J O, Muhd Najib MA, Shamsul A, **Normala I**, Azlin B, Nik Ruzyanei NJ, Sal miah MS, Hejar AR, Rafidah B, Wan Zafidah WN, Abdul Kadir A, Firdaus M, Richard S.E.K. (2013). Reliability and Validity of the Malay Version of the Brief Assessment of Cognition in Schizophrenia (BACS): Preliminary Results. *The European Journal of Social & Behavioural Sciences* **(Co author)**
7. Maher D. Fuad, Lye Munn Sann, **Normala Ibrahim**, Siti Irma Fadhilah Ismail, Phang Cheng Kar (2015). Prevalence and Risk Factors of Stress, Anxiety and Depression among pre-clinical medical students in Universiti Putra Malaysia in 2014. Free paper presentation at 2<sup>nd</sup> International Conference on Advances in Medical Science (ICAMS). Kuala Lumpur, Malaysia. 14-16 April 2015 **(Co author)**
8. Abdul Khaiyom JH, Mukhtar F, **Ibrahim N**, Sidek SM, Oei TPS. (2016). Randomized controlled Trial on the Effectiveness of Unified Group CBT for Patients with Heterogenous Anxiety disorders in Klang Valley Malaysia. Free paper presentation at 8<sup>th</sup> World Congress of Behavioural and Cognitive Therapies. Melbourne, Australia. 22-25 June 2016 **(Co author)**

9. Abdul Khaiyom JH, Mukhtar F, **Ibrahim N**, Sidek SM, Oei TPS. (2016). Factor structure, Measurement Invariance, Reliability and Validity of the Agrophobic Cognitions Questionnaire (ACQ) among Anxiety and Normative samples in Malaysia. Free paper presentation at 8th World Congress of Behavioural and Cognitive Therapies. Melbourne, Australia. 22-25 June 2016 **(Co author)**
10. Soheir Noori, Evi Indriasari Mansor, **Normala Ibrahim**, Joanne Hinds (2016). Promoting Awareness of Depression with a Mobile Application: A Usability study and Evaluation. Free paper presentation at 4<sup>th</sup> International Conference on Usei Science and Engineering (i-USEr). Melaka, Malaysia. 23-25 August 2016 **(Co author)**
11. Lim KH, Teh CH, **Normala I.**, et al. (2016). Suicidal ideation among Malaysian adolescents: what are the risk factors? Free paper presentation at 8<sup>th</sup> Malaysian Conference of Healthy Ageing. Kuala Lumpur, Malaysia. 31 March – 2 April 2016 **(Co author)**
12. Huda Azam, Nik Nur Wahidah Nik Hashim, Wahyu Sediono, Firdaus Mukhtar, **Normala Ibrahim**, Sh Suziah Syed Mokhtar, Salina Aziz. (2016). Classifications of Clinical Depression Detecting using Acoustic Measures in Malay Speakers. Free paper presentation at IEEE-EMBS Conference on Biomedical Engineering and Sciences. Kuala Lumpur, Malaysia. 5-7 December 2016 **(Co author)**

#### Journal articles:

##### 2009

1. **I Normala**, AR Abdul Hamid, S Shamsul Azhar. (2009) Neuro-cognitive performance in patients with schizophrenia: A cross sectional study in a Psychiatric clinic of a university hospital. *Malaysian Journal of Medicine and Health Sciences* 5(1):21-30
2. **Normala Ibrahim**, Abdul Hamid Abdul Rahman, Shamsul Azhar Shah. (2009) Verbal memory performance test in patients with bipolar I disorder attending a psychiatric clinic of a university hospital in Kuala Lumpur, Malaysia. *ASEAN Journal of Psychiatry* 10(2): 157-168
3. **I Normala**, A Hamidin. (2009) The use of Aripiprazole in Early Onset Schizophrenia: safety and efficacy. *Med J Malaysia* 64(3): 240-241

##### 2010

4. B Azlin, MY Salina Akhtar, NJ Nik Ruzyanei, Z Hazli, **I Normala**. (2010) Psychiatric Disorders Among Young Male Adult Prisoners: A cross sectional study in a Malaysian Prison. *Malaysian Journal of Medicine and Health Sciences* 6(2): 65-70
5. **I Normala**, A R Abdul Hamid, B Azlin, N J Nik Ruzyanei, Z Hazli, S A Shah. (2010) Executive function and attention span in euthymic patients with Bipolar 1 disorder. *Med J Malaysia* 65(3): 28-32

## 2012

6. NJ Nik Ruzyanei, M Noormazita, B Azlin, **I Normala**, Z Hazli, S Abdul Aziz, S Hatta. (2012) Clinical correlates of Erectile Dysfunction among male patients on Methadone Maintenance Treatment (MMT) in Kuala Lumpur. *Malaysian Journal of Medicine and Health Sciences* 8(1):27-35
7. **I Normala**, JO Zubaidah, MZ Azhar, L Rampal. Effectiveness of peer-led education on knowledge, attitude and risk behavior practices related to HIV amongst students at a Malaysian public university - A randomized controlled trial. *Preventive Medicine* 55(2012):505-510 (IF 3.216).
8. XY Foo, MN Mohd Alwi, SIF Ismail, **N Ibrahim**, Z Jamil Osman. Religious commitment, attitudes toward suicide, and suicidal behaviors among college students of different ethnic and religious groups in Malaysia. *Journal of Religion & Health*. DOI 10-1007/s10943-012-9667-9. Published online 30 Nov 2012. (IF 1.024)

## 2013

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### **Book publication**

1. Psych\_Clear Psychopathology Made Clear and Easy Book 1<sup>st</sup> edition 2010. Published by Department of Psychiatry, Faculty of Medicine & Health Sciences UPM. ISBN: 97 8-983- 437 35-2-8 – **Contributing author**
2. Educating University and College Peers on HIV Prevention. Eds: **Normala Ibrahim**, Lekhraj Rampal, Sherina Mohd Sidik. 2013. ISBN: 978-967-344-349-9. UPM Press
3. Tips on Housemanship you wish you knew before. 1<sup>st</sup> edition 2016. – Chapter in Book: “Survival of the Fittest”: Coping with Housemanship. ISBN: 978-967-0764-68-9. Penerbit UTHM - **Contributing author**