

DEPRESSION

More than just feeling "down"



Projected to be the #1 cause of Global Burden of Disease in year 2030

As high as 1 in 5 people will develop Depression in their lifetime!



7% of Medical Students

have suicidality, and Depression was found to be a significant predictor



1.8% of Malaysians are currently suffering from Depression



Women are 2 times more likely to develop depression



Increased Risk of SUICIDE

Suicide is the 2nd leading cause of death among 15 - 29 year olds



Mental health problems

in Malaysian adults continue to increase in recent surveys

Prepared by Dr. Beatrice Ng Andrew, Department of Psychiatry, Faculty of Medicine and Health Sciences

- Source :
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