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The following documents are required for each submission, in this order:

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- Title Page
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- Tables (if any)
- Figures (or illustrations) (if any)
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The covering letter should be uploaded at the stage of the online submission process. Explain in the covering letter, why your paper should be published in MJMHS.

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• Numbers in text and tables should always be provided if % is shown
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• Use the form of references adopted by the US National Library of Medicine and used in the Index Medicus. Use the style of the examples cited at the end of this section.
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Acknowledgements

State contributions that need to be acknowledged, but do not justify authorship. Acknowledgeable contributions include (not in exhaustive order) general support by a Department Head or Chairman, technical help, and financial and/or material support (including grants). Mention conflicts of interest, if any.

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The format for the text varies depending on the type of article. The list of article types and their respective formats are as follows: Original Article, Review Article, Case Report, Commentary and Letters to Editors.

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- An original article is a report on the clinical objectives and analytical process, as well as a discussion of the implications of the results of a study
- The manuscript file should be organised according to the following headings:
  - Title of the manuscript
  - Structured Abstract and Keywords
  - Introduction
  - Materials and Methods
  - Results
  - Discussion
  - Conclusions
  - Acknowledgements
  - References
  - Legends
- The original article should not exceed 6000-word count, 4-7 figures/table and 50 references.

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