

CURRICULUM VITAE



A. BUTIR-BUTIR PERIBADI <i>(Personal Details)</i>			
Nama Penuh <i>(Full Name)</i>	IRMI ZARINA BINTI ISMAIL		Gelaran <i>(Title)</i> : DR
Warganegara <i>(Citizenship)</i>	MALAYSIA	Bangsa <i>(Race)</i> MALAY	Jantina <i>(Gender)</i> FEMALE
Jawatan <i>(Designation)</i>	Pensyarah Perubatan Kanan	Tarikh Lahir <i>(Date of Birth)</i>	8 OCT 1971
Jabatan/Fakulti <i>(Department/Faculty)</i>		E-mel dan URL <i>(E-mail Address and URL)</i>	
DEPARTMENT OF FAMILY MEDICINE, FACULTY OF MEDICINE AND HEALTH SCIENCES, UNIVERSITI PUTRA MALAYSIA		E-mail: irmiismail@upm.edu.my or irmiismail@gmail.com	
Tel: +603-8947 2538/2526 Fax: +603-8947 2328		URL: -	

B. KELAYAKAN AKADEMIK <i>(Academic Qualification)</i>			
Nama Sijil / Kelayakan <i>(Certificate / Qualification obtained)</i>	Nama Sekolah Institusi <i>(Name of School / Institution)</i>	Tahun <i>(Year obtained)</i>	Bidang pengkhususan <i>(Area of Specialization)</i>
MBBS	UNIVERSITY OF SCIENCE MALAYSIA	1996	MEDICINE
MMED (FAMILY MEDICINE)	UNIVERISTY OF MALAYA	2006	FAMILY MEDICINE

C. PENGALAMAN SAINTIFIK DAN PENGKHUSUSAN <i>(Scientific experience and Specialisation)</i>				
<i>Organization</i>	<i>Position</i>	<i>Start Date</i>	<i>End Date</i>	<i>Expertise</i>
KEMENTERIAN KESIHATAN MALAYSIA	Family Medicine Specialist	2006	2009	Family Medicine
UNIVERSITI PUTRA MALAYSIA	Family Medicine Lecturre	2009		
MALAYSIA PRIMARY CARE RESEARCH GROUP	COMMITTEE MEMBER	2012	2016	FAMILY MEDICINE
MALAYSIA PRIMARY CARE RESEARCH GROUP	SECRETARY	2014	2016	FAMILY MEDICINE

ASIA PACIFIC PRIMARY CARE RESEARCH CONFERENCE 2010	COMMITTEE MEMBER	2010	2010	FAMILY MEDICINE
ASIA PACIFIC PRIMARY CARE RESEARCH CONFERENCE 2012	SECRETARY	2012	2012	FAMILY MEDICINE
ASIA PACIFIC PRIMARY CARE RESEARCH CONFERENCE 2015	SECRETARY	2015	2015	FAMILY MEDICINE
DIPLOMA IN FAMILY MEDICINE	@WOMEN'S HEALTH@ MODULE COORDINATOR	2013	2015	FAMILY MEDICINE
ADVANCE TRAINING PROGRAMME	RESEARCH FACILITATOR	2013	2015	FAMILY MEDICINE
MASTER FAMILY MEDICINE, UPM	MASTER PROGRAMME COORDINATOR	2010	2015	FAMILY MEDICINE
REVIEWER	MALAYSIAN JOURNAL OF FAMILY PHYSICIAN	2012	2015	FAMILY MEDICINE
CLINICAL PRACTICE GUIDELINE"MANAGEMENT OF RHINOSINUSITIS"	REVIEW COMMITTEE	2016	2017	FAMILY MEDICINE

D. PEKERJAAN (Employment)				
Majikan / Employer	Jawatan / Designation	Jabatan / Department	Tarikh lantikan / Start Date	Tarikh tamat / Date Ended
Universiti Putra Malaysia	Senior Medical Lecturer DU54	Department of Family Medicine	2009	TILL NOW
Universiti Putra Malaysia	MASTER FAMILY MEDICINE COORDINATOR	Department of Family Medicine	2010	2015
MINISTRY OF HEALTH	FAMILY MEDICINE SPECIALIST	KK ALOR GAJAH, KK DURIAN TUNGGAL ALOR GAJAH MELAKA	2006	2009
UNIVERSITY MALAYA MEDICAL CENTRE	MASTER TRAINEE MEDICAL OFFICER	RUKA	2002	2006
MINISTRY OF HEALTH	MEDICAL OFFICER	OUTPATIENT, GH MELAKA	1999	2002
MINISTRY OF HEALTH	MEDICAL OFFICER	O&G HOSITAL MELAKA	1997	1999
MINISTRY OF HEALTH	HOUSE OFFICER	HOSPITAL SEREMBAN	1996	1997

E. ANUGERAH DAN HADIAH (Honours and Awards)				
<i>Name of awards</i>	<i>Title</i>	<i>Award Authority</i>	<i>Award Type</i>	<i>Year</i>
<i>Academic Awards</i>				
<i>Non-Academic Awards</i>				
<i>Awards of Merit</i>	Certificate of Excellence Service	Melaka Health Department	JKN	2007
	Certificate of Excellence Service	Universiti Putra Malaysia	University	2011

F. SENARAI PENERBITAN (Sila masukan nama pengarang, tajuk, nama jurnal, jilid, muka surat dan tahun diterbitkan) (List of publications – author (s), title, journal, volume, page and year published)	
<i>Journal</i>	<ol style="list-style-type: none"> 1. Adibah HAnim Ismail, Haryati Hamzah, Irmi Zarina Ismail. Glycemic Control among Insulin-Treated Type 2 Diabetes in Kelantan. International Medical Journal Vol. 23, No. 4, pp. 1 - 4 , August 2016 2. Mehrnoosh Akhtari-Zavare, Latifah A Latif, Muhamad Hanafiah J, Salmiah Md. Said, Irmi Zarina Ismail. Predictors affecting breast self-examination practice among Klang Valley. J. Obstetric Gynaecol. Research 2015. doi:10.1111/jog.12819 2. 3. Mehrnoosh Akhtari-Zavare¹*, Muhamad Hanafiah Juni, Irmi Zarina Ismail, Salmiah Md Said and Latiffah A. Latiff. Barriers to breast selfexamination practice among Malaysian female students: a cross sectional study. SpringerPlus (2015) 4:692. DOI 10.1186/s40064-0151491-8. 4. Siew-Mooi Ching, Yong-Kek Pang, David Price, Ai-Theng Cheong, Ping-Yein Lee, Ismail Irmi, Hassan Faezah, Ismail Ruhaini And Yook-Chin Chia. Detection of airflow limitation using a handheld spirometer in a primary care setting. Respirology 2014. doi: 10.1111/resp.12291 5. Irmi ZI, Zaiton A, Faezah H. Reactive Arthritis in tuberculosis. A case of Poncet’s Disease. Malaysian Family Physician 2013; 8(1): 24-7. 5. 6. Mehrnoosh Akhtari-Zavare, Muhamad Hanafiah J, Rosliza Abdul Manaf, Irmi Zarina Ismail , Salmiah Md. Said. Beliefs and behavior of Malaysian Undergraduate Female students in a Public University Toward Breast Self-Examination Practice. Asia Pacific Journal of Cancer Prevention 2013; 14: 57-61 7. Chirk-Jenn Ng, Ping-Yein Lee, Yew-Kong Lee, Boon-How Chew, Julia P Engkasan³, Zarina-Ismail Irmi, Nik-Sherina Hanafi and SengFah Tong. An overview of patient involvement in healthcare decisionmaking: a situational analysis of the Malaysian context. BMC Health Services Research 2013; 13:408. http://www.biomedcentral.com/14726963/13/408 8. Chew BH, Ramli As, Omar M, Ismail IZ A preliminary study of job satisfaction and motivation among the Malaysian primary healthcare professionals. Malaysian Family Physician Journal 2013; Vol. 8 Issue 2, p15. 9. Rosliza Abdul Manaf , Irmi Zarina Ismail , Latiffah A. Latiff. Contraceptive Use among Women with Chronic Medical Conditions and Factors Associated with Its Non-Use in Malaysia. Global Journal of Health Science; Vol. 4, No. 5; 2012. doi:10.5539/gjhs.v4n5p91

	10. Mehrnoosh Akhtari-Zavare, Muhamad Hanafiah J, Rosliza Abdul Manaf, Irm Zarina Ismail , Salmiah Md. Said . Knowledge on breast cancer and practice of breast self examination among selected female university students in Malaysia. Medical and health science journal 2011;7: pp. 49-56
<i>Books/Monographs</i>	
<i>Chapter in book</i>	<ol style="list-style-type: none"> 1. Dr Fuziah Paimin, Dr Hasliza Hassan, Dr Harmy bin Mohamed Yusoff, Dr Irm Zarina Ismail, Dr Norhayati Mohd Noor. Screening guidelines for primary care 2015. Accessed @ http://screeningguide.fms-malaysia.org/index.php/download-e-book/ 2. 2. Editor, A step by step guide to primary Care Research 2015. Publisher: Academy of Family Physician, Malaysia. 3. Editor, Research handbook: A guide for novice researchers 2013. Publisher: Academy of Family Physician, Malaysia 4. CPG Breast Cancer (2nd edition) Publisher : Ministry of Health, 2011 5. Modul Pengajar Program Perancang Keluarga Publisher : Ministry of Health Malaysia, 2009 6. Buku Panduan Kriteria Kelayakan Perubatan dan Soal jawab Amalan Penggunaan Kaedah Kontraseptif (a translated version of WHO Medical Eligibility Criteria and Selected Recommended Practice for Family Planning Guidebook, 2004) Publisher : Ministry of Health Malaysia, 2006
<i>Proceedings</i>	<ol style="list-style-type: none"> 1. Low Pap Smear acceptance among outpatient. Conference: National Quality Assurance Conference, Kuching 2008- Oral presentation 2. Pap smear among women in Melaka. Abstract in Journal of Public Health, 2008 3. High metabolic syndrome among urban outpatients- Conference: Poster presentation at the Asia Pacific Primary Care Conference, Melaka 2009 4. Metabolic syndrome and cardiovascular risk- gender differences. Conference: Asia Diabetes 2010, Kuching. (Poster presentation/ abstract) 5. Knowledge of Pap smear among academicians at a central region of Malaysia. 3rd Asia Pacific Primary Care Research Conference 2011. The Summit Kuala Lumpur (poster/ proceeding). 6. Physical activity among the elderly dwellers in Dengkil, Selangor. World Healthy Ageing 2012, KLCC (abstract/ oral presentation; Dr Zaiton Ahmad). 7. Irm Zarina Ismail, Rosliza Abdul Manaf , Latiffah A. Latiff. Contraceptive Use among Women with Chronic Medical Conditions: Malaysian experience from 3 health facilities. 19th WONCA Asia Pacific primary Care Conference, Jeju Korea, May 2012. (Oral presentation). 8. Irm ZI, Zurina Z, Syafiqah, Eng HJ. Severe Jaundice Among Neonates. Who are they? Malaysian Hypertension Society Conference 2013, Kuala Lumpur. 9. Irm ZI, Muhamad Hanafiah J, Anita AR, Khong SC, Shahidatul MMS. Respiratory co-morbidities and their association with smoking among adults in Felda Area. WONCA Asia Pacific Regional Conference, Sarawak, May 2014. 10. Irm ZI, Cheong AT, Aina EM. Breast cancer among women with breast lumps. Who are they? Asia Pacific Primary Care Conference 2015, Putrajaya. (Poster) 11. Irm Zarina Ismail1, Wai Khew Lee2, Su May Lee3, Ee Ming Khoo3, Mimi Omar4, Harmy Mohdyusoff5, Subashini Ambigapathy6, Sitizaleha Suleiman7, Juwita Shaaban8, Nurfarhana Zaidi3. Can patients accurately estimate their cardiovascular risk? WONA Europe 2015, Istanbul. (Oral presentation)
<i>Other publications</i>	1. Health collumnist for “MIDI” from 2013-2015
<i>Computer software</i>	-

G. PROJEK PENYELIDIKAN TERDAHULU *(Past Research Project)*

<i>Project No.</i>	<i>Project Title</i>	<i>Role</i>	<i>Year</i>	<i>Source of fund</i>	<i>Status</i>
	Metabolic Syndrome among outpatient in UMMC	PRINCIPAL RESEARCHER	2005	PPP GRANT, UM	COMPLETED
	Audit of pap smear among outpatient in Melaka	PRINCIPAL INVESTIGATOR	2007	PKD ALOR GAJAH	COMPLETED
	Pap Smear Among Academician	SUPERVISOR	2010	NIL	COMPLETED
	Family Planning among chronic medical illness	CO-RESEARCHER	2010	RUGS 5, UPM	COMPLETED
919780	Characteristics of breast cancer among women with breast lumps presenting to the breast clinic	PRINCIPAL RESEARCHER	2011	RUGS 5, UPM	COMPLETED
	Factors affecting methadone therapy among methadone therapy users in Tampin	CO-RESEARCHER	2011	RUGS 5, UPM	COMPLETED
	Prevalence of COPD among Smokers in public health Clinics in Sepang	CO-RESEARCHER	2011	RUGS 5, UPM	COMPLETED
	Perception of GP towards doing research at primary care	CO-RESEARCHER	2012	AFPM	COMPLETED
	Perception of teenagers towards teenage pregnancy	CO-RESEARCHER	2012	RUGS 5, UPM	COMPLETED
	Impact of smoke free home program: strategy toward anti smoking among household in FELDA scheme, Negeri Sembilan.	CO-RESEARCHER	2013	Community Health Society Geran Ex Gratia	COMPLETED
	Doctors' and Patients' estimation of cardiovascular risk	CO-RESEARCHER	2014	CRC-MOH	COMPLETED
	Thrombotic related effect of YSS fish on overweight population compared to deep fat fish.	CO-RESEARCHER	2015	MOSTI	IN PROGRESS
	UNDERSTANDING THE PREGNANCY PLANNING BEHAVIOUR AND THE MANAGEMENT	PRINCIPAL-RESEARCHER	2015	PPP, UM	IN PROGRESS

	OF THE REPRODUCTIVE NEEDS OF WOMEN WITH DIABETES				
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H. PENYELIAAN PELAJAR SISWAZAH (<i>Supervision of Graduate Students</i>)			
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No	Name of Students and Title of Thesis/Project	Role	Status
PHd			
1.	Mehrnoosh Akhtari-Zavare	Co-supervisor	Graduated
2.			
3.			
4.			
5.			
6.			
Master Science with thesis			
1.			
2.			
3.			
Master of Medicine (Family Medicine)			
1.			
2.			
3.			
4.			
5.			