

CURRICULUM VITAE



A. BUTIR-BUTIR PERIBADI <i>(Personal Details)</i>			
Nama Penuh <i>(Full Name)</i>	Geeta APPANNAH		Gelaran <i>(Title)</i> : Dr
No. MyKad / No. Pasport <i>(Mykad No. / Passport No.)</i>	Warganegara <i>(Citizenship)</i> Malaysia	Bangsa <i>(Race)</i> India	Jantina <i>(Gender)</i> Perempuan
Jawatan <i>(Designation)</i>	Pensyarah Kanan	Tarikh Lahir <i>(Date of Birth)</i>	

Alamat Semasa <i>(Current Address)</i>	Jabatan/Fakulti <i>(Department/Faculty)</i>	E-mel dan URL <i>(E-mail Address and URL)</i>
	Jabatan Pemakanan dan Dietetik Fakulti Perubatan dan Sains Kesihatan Universiti Putra Malaysia Tel: 03-89472471 Fax:03-89426769	E-mail: geeta@upm.edu.my URL:

B. KELAYAKAN AKADEMIK <i>(Academic Qualification)</i>			
Nama Sijil / Kelayakan <i>(Certificate / Qualification obtained)</i>	Nama Sekolah Institusi <i>(Name of School / Institution)</i>	Tahun <i>(Year obtained)</i>	Bidang pengkhususan <i>(Area of Specialization)</i>
PhD	University of Cambridge	2013	Nutrition Epidemiology
Msc	Universiti Kebangsaan Malaysia	2005	Kesihatan Komuniti
Bsc	Universiti Sains Malaysia	2003	Sains Kesihatan (Dietetik)

C. KEMAHIRAN BAHASA <i>(Language Proficiency)</i>					
Bahasa / Language	Lemah <i>Poor (1)</i>	Sederhana <i>Moderate (2)</i>	Baik <i>Good (3)</i>	Amat Baik <i>Very good (4)</i>	Cemerlang <i>Excellent (5)</i>
English					/
Bahasa Melayu					/
Chinese					
Lain-lain <i>(other): Tamil and Telegu</i>			/		

D. PENGALAMAN SAINTIFIK DAN PENGKHUSUSAN (<i>Scientific experience and Specialisation</i>)				
Organization	Position	Start Date	End Date	Expertise
Life Sciences, Medicine and Biomedicine	Editorial board	2017	2020	Nutrition
Public Health Nutrition	Editorial board	2017	2020	Nutrition
Malaysian Association for the Study of Obesity (MASO)	Council Member	2017	Present	Obesity
MRC Human Nutrition Research, Cambridge UK	PhD candidate	01/10/2009	30/11/2012	Nutrition Epidemiology
Clinical Research Centre, HKL	Research Officer	01/07/2015	30/07/2008	Clinical database manager

E. PEKERJAAN (<i>Employment</i>)				
Majikan / Employer	Jawatan / Designation	Jabatan / Department	Tarikh lantikan / Start Date	Tarikh tamat / Date Ended
Universiti Putra Malaysia	Senior Lecturer	Nutrition & Dietetics	08/10/2013	current
Universiti Putra Malaysia	Tutor	Nutrition & Dietetics	01/08/2008	07/10/2013
Clinical Research Centre, HKL	Research Officer	Clinical Epidemiology Unit	01/07/2015	30/07/2008

F. ANUGERAH DAN HADIAH (<i>Honours and Awards</i>)				
Name of awards	Title	Award Authority	Award Type	Year
Academic Awards	Graduate Student Fellowship	Ministry of Higher Education	National	2009
Non-Academic Awards	Travel Grants	EUCCONET & UWA	International	2012; 2013
Non-Academic Awards	Travel Grants	UPM	International	2017
Non-Academic Awards	CEO2.0@Faculty Program	UPM/KPT	National	2018
Awards of Merit				

G. SENARAI PENERBITAN (Sila masukan nama pengarang, tajuk, nama jurnal, jilid, muka surat dan tahun diterbitkan) (<i>List of publications – author (s), title, journal, volume, page and year published</i>)	
Journal	
	Liyana AZ, Appannah G , Zahari Sham SY, Mansor F, Mohamad Nor NS, Ambak R, Abdul Samad A, Dahlan NY, Aris T (2018). Effectiveness of a community-based intervention for weight loss on cardiometabolic risk factors among overweight and obese women in a low socio-economic urban community: findings of the MyBFF@home. <i>BMC Women's Health</i> 18(Suppl 1): 126.doi: 10.1186/s12905-018-0593-1

Mohd Zaki NA, **Appannah G**, Mohamad Nor NS, Omar A, Mansor F, Ambak R, Mohsin SS, Aris T (2018). Impact of community lifestyle intervention on anthropometric parameters and body composition among overweight and obese women: findings from the MyBFF@home study. *BMC Women's Health* 18 (Suppl 1):110. doi: 10.1186/s12905-018-0595-z

Othman F, Mohamad Nor NS, **Appannah G**, Mohd Zaki NA, Ambak R, Omar A, Mansor F, Salleh R, Mohd Yusof BN, Muksan N, Aris T (2018). Prediction of body fat loss in relation to change in nutrient intake among housewives participating in the MyBFF@home study. *BMC Women's Health* 18 (Suppl 1):102. doi: 10.1186/s12905-018-0594-0

Woon FC, Chin YS, Ismail IH, Chan YM, Batterham M, Abdul Latiff AH, Gan WY, **Appannah G** (2018). Contribution of early nutrition on the development of malnutrition and allergic diseases in the first year of life: a study protocol for the Mother and Infant Cohort Study (MICOS). *BMC Pediatrics* 18:233. doi: 10.1186/s12887-018-1219-3

Pei CS, **Appannah G**, Sulaiman N (2018). Household food insecurity, diet quality, and weight status among indigenous women (Mah Meri) in Peninsular Malaysia. *Nutrition Research and Practice* 12(2):135-142

Appannah G, Pot G, Oddy W, Jebb S, Ambrosini G (2017). Determinants of a dietary pattern linked with greater metabolic risk and its tracking during adolescence. *Journal of Human Nutrition and Dietetics*. doi: 10.1111/jhn.12519

Pondor I, Gan WY, **Appannah G** (2017). Higher obesity cost is associated with higher diet quality: A cross-sectional study among selected Malaysian adults. *Nutrients* 9(9):1028. doi: 10.3390/nu9091028

Chua EY, Zalilah MS, Haemamalar K, Norhasmah S, **Appannah G** (2017). Obesity indices predict hypertension among indigenous adults in Krau Wildlife Reserve, Peninsular Malaysia. *Journal of Health, Population and Nutrition*. doi: 10.1186/s41043-017-0102-4

Appannah G, Huang R-C, Pot G, Mori T, Beilin L, Jebb S, Oddy W, Ambrosini G (2015). A dietary pattern prospectively associated with greater overall cardiometabolic risk factors and insulin resistance tracks in adolescents: results from a pregnancy cohort. *Nutrition, Metabolism and Cardiovascular Diseases*. 25; 643-650. doi:10.1016/j.numecd.2015.04.007

Appannah G, Pot G, O' Sullivan T, Oddy W, Jebb S, Ambrosini G (2014). The reliability of an adolescent dietary pattern identified using reduced-rank regression: comparison of a FFQ and 3 d food record. *British Journal of Nutrition*. doi: 10.1017/S0007114514001111

Suzana S, Kee CC, Jamaludin AR, Noor Safiza MN, Khor GL, Jamaiah H, **Geeta A**, Ahmad AZ, Rahmah R, Ruzita AT, Ahmad FY (2012). The third national health and morbidity survey: Prevalence of obesity, and abdominal obesity among the Malaysian elderly population. *Asia-Pacific Journal of Public Health*. 24(2): 318-329

Kee CC, Jamaiah H, **Geeta A**, Ali ZA, Safiza MN, Suzana S, Khor GL, Rahmah R, Jamaludin AR, Sumarni MG, Lim KH, Faudzi YA, Amal NM (2011). Sensitivity and specificity of waist circumference as a single screening tool for identification of

	overweight and obesity among Malaysian adults. <i>Med J Malaysia</i> . 66(5):462-7.
<i>Books/Monographs</i>	Noor Safiza MN, Khor GL, Suzana S, Kee CC, Jamaiyah H, Geeta A , Rahmah R, Wong NF, Ahmad AZ, Jamalludin AR, Ruzita AT, Ahmad Faudzi Y (2008). The Third National Health and Morbidity Survey (NHMS III) 2006, Nutritional Status. Ministry of Health, Malaysia Fuziah MZ, Chan SP, Zanariah H, Wu LL, Fatimah H, Janet Hong HY, Rahmah R, Geeta A , Jamaiyah H. The First Report of National Database on Children and Adolescent with Diabetes 2007. Ministry of Health.
<i>Proceedings</i>	Appannah G , Pot G, Oddy W, Jebb S, Ambrosini G (2016). The early life predictors of a dietary pattern linked with greater metabolic risk in adolescence and tracking of its food components. Proceedings of the Experimental Biology 2016 conference, 2-6 th April 2016, San Diego, US. Appannah G , Pot G, Oddy W, Beilin L, Mori T, Jebb S, Ambrosini G (2014). A dietary pattern associated with increased insulin resistance tracks during adolescence. <i>Obesity Reviews</i> . 15(2): 91. Appannah G , Huang RC, Pot G, Beilin L, Mori T, Oddy W, Jebb S, Ambrosini G (2013). A dietary pattern prospectively associated with cardiometabolic risk factors in adolescence: results from a pregnancy cohort. <i>Longitudinal and Life Course Studies</i> . 4(1): 25 Appannah G , Pot GK, O'Sullivan TA, Jebb SA, Oddy WH, Ambrosini GL (2012). Comparison of dietary patterns derived using reduced rank regression in a FFQ and 3-day food record. Proceedings of the 8th ICDAM, International Conference on Diet and Activity Methods, 14-17 May 2012, Rome, Italy.
<i>Other publications</i>	
<i>Computer software</i>	STATA, SAS, SPSS

H. PROJEK PENYELIDIKAN TERDAHULU (Past Research Project)					
<i>Project No.</i>	<i>Project Title</i>	<i>Role</i>	<i>Year</i>	<i>Source of fund</i>	<i>Status</i>
	Evaluation of the Rehabilitation Programme for Malnourished Children (Program Pemulihan Kanak-Kanak Kekurangan Zat Makanan) in Malaysia (RM1,000,000.00)	Co-Principal Investigator	2016	Ministry of Health, Malaysia	Completed
FRGS/1/2015/SKK 06/UPM/02/7	Maternal vitamin D status during pregnancy and feeding practices on infant development of allergic diseases (RM152,000.00)	Co-Investigator	2015	Ministry of Education (FRGS)	On-going
FRGS/1/2015/SKK 03/UPM/02/1	Studying Vertebral Fracture in Osteoporosis to Customise a WHO Fracture Risk Assessment Tool and Identify a Dietary Pattern associated with Bone Health (RM137,600.00)	Co-Investigator	2015	Ministry of Education (FRGS)	On-going
FRGS/2/2014/SK	Adolescent dietary patterns and	Principal	2014	Ministry of	Completed

K10/UPM/02/10	their relationships with obesity and cardiometabolic risk factors (RM127,800.00)	Investigator		Education (FRGS)	
GP-IPM/2014/9438400	Dietary patterns and diet costs among adults in Gombak, Selangor (RM49,800.00)	Principal Investigator	2014	Universiti Putra Malaysia	Completed
6300164-14001	Sugar-sweetened beverages consumption and risk of obesity: A systematic review (RM62,387.00)	Principal Investigator	2014	Federation of Malaysian Manufacturers & Coca Cola Far East Limited	Completed

J. SENARAI PELAJAR IJAZAH LANJUTAN (<i>Post-graduate students</i>)					
<i>Name</i>	<i>Project Title</i>	<i>Role</i>	<i>Level</i>	<i>Year Graduated</i>	<i>Status</i>
Ibnteesam Pondor	Diet Quality And Its Contributing Factors Among Adults In Three Districts Of Selangor, Malaysia	Main SV	Master	2017	Completed
Nor Aishah Emi	Adolescent Dietary Pattern And Their Relationships With Obesity And Cardiometabolics Risk Factors	Main SV	Master	2018	On-going
Liyana Ahmad Zamri	Impact Of Weight Loss On Cardiometabolic Markers In A Lifestyle Intervention Study Among Overweight And Obese Women In Klang Valley	Main SV	Master	2018	On-going
Nur Athira Ahmad Yusin	Dietary Vitamin D And Calcium Intakes At The Aged Of 13 Years Old Adolescents And Their Relationships With 25-Hydroxyvitamin D Concentration And Bone Profile In Southern Region Of Peninsular Malaysia	Main SV	Master	2018	On-going
Maryam Zarei	The Effect Of Vitamin D Supplementation On Metabolic Syndrome Indicators Among Food Insecured, Vitamin D Deficient Older Adults In Karaj City, Alborz Province, Iran; A Randomized Clinical Trial	Main SV	PhD	2018	On-going