

**Malaysian Journal of Medicine and Health Sciences**  
**Vol. 4 (1) January 2008**

**Editorial**

**Invited Reviews**

Importance of Nutrition in Achieving the Millennium Development Goals 1  
*GL Khor*

Biomarkers in Cancer: an Overview 23  
*HF Seow*

**Original Papers**

The Effect of Soymilk on Menopausal Symptoms and Total Antioxidant Levels in Menopausal Women 33  
*P Hanachi & S Golkho*

Human Bone Marrow-derived Mesenchymal Stem Cells Suppress T Cell Proliferation by Inducing Cell Cycle Arrest 41  
*CK Tong, VHP Sarmadi, S Vidyadaran, SY Latifah, HF Seow & R Ramasamy*

Erythrocyte Zinc Protoporphyrin in Beta-Thalassaemia Carriers 51  
*E George, ML Ng & JAMA Tan*

Effect of Taking Chicken Essence on Cognitive Functioning of Normal Stressed Human Volunteers 57  
*MZ Azhar, JO Zubaidah & KON Norjan*

Eating Perception and Psychiatric Morbidity in Secondary School and Medical Students in Kelantan 69  
*KO Noorjan Naing, MZ Azhar, NN Naing, N Kumaraswamy & JO Zubaidah*

**Case Study**

Penicillin Resistant *Streptococcus pneumoniae* 79  
*MZA Hamid, TH Ting & O Norlijah*