

CURRICULUM VITAE



A. BUTIR-BUTIR PERIBADI (Personal Details)			
Nama Penuh (Full Name)	NURAINUL HANA BINTI SHAMSUDDIN		Gelaran (Title): Dr
Warganegara (Citizenship)	Malaysia	Bangsa(Race) Malay	Jantina (Gender) Female
Jawatan (Designation)	Medical Lecturer		

Jabatan/Fakulti (Department/Faculty)	E-mel dan URL (E-mail Address and URL)
Department of Family Medicine, Faculty of Medicine & Health Sciences Universiti Putra Malaysia Tel: 03-89472696 Fax: 03-89472328	E-mail: nurainul@upm.edu.my URL: http://profile.upm.edu.my/nurainul http://orcid.org/0000-0001-8326-0024 https://www.researchgate.net/profile/Nurainul_Shamsuddin

B. KELAYAKAN AKADEMIK (Academic Qualification)			
Nama Sijil / Kelayakan (Certificate / Qualification obtained)	Nama Sekolah Institusi (Name of School / Institution)	Tahun (Year obtained)	Bidang pengkhususan (Area of Specialization)
MBBS	University Malaya	2002	Bachelor of Medicine & Bachelor of Surgery
MFamMed	University Malaya	2014	Family Medicine
Certificate (On-line)	Harvard	2018	Global Health Delivery

C. PENGALAMAN SAINTIFIK DAN PENGKHUSUSAN (Scientific experience and Specialisation)				
<i>Organization</i>	<i>Position</i>	<i>Start Date</i>	<i>End Date</i>	<i>Expertise</i>
19 th Family Medicine Scientific Conference Committee	Scientific Committee member	14/8/2015	8/2016	Family Medicine

Ministry of Health – Tobacco Control Unit/FCTC Secretariat	Discussion panel (NGO representative) for “Aktiviti, promosi & advokasi di kawasan larangan merokok	7/9/2018		Public Health/ Family Medicine
Malaysian Family Physician Journal	Journal Reviewer	6/9/2018		Family Medicine
Sleep Disorder Society Malaysia – Development group for CPG for Management of Adult Obstructive Sleep	Member of development group	7/2018	On-going	Sleep Medicine/ Family Medicine
BMJ Open	Journal Reviewer	19/4/2018		Family Medicine
Ministry of Health - Asthma KIDZ Education Programme	Member of development group	2/2018	On-going	Health education/ child health
Jawatankuasa Promosi & Editorial Hospital Pengajar UPM	Member	12/2017	On-going	
Malaysian Family Physician Journal	Journal Reviewer	4/9/2016		Family Medicine
Malaysian Family Physician Journal	Journal Reviewer	3/4/2016		Family Medicine
Proceedings of Singapore Healthcare (PoSH)	Journal Reviewer	31/10/2016	31/10/2016	Family Medicine
Jawatankuasa Teknologi Maklumat & Audio Visual, Fakulti Perubatan & Sains Kesihatan, UPM	Member	2015	On-going	

D. PEKERJAAN (*Employment*)

<i>Majikan / Employer</i>	<i>Jawatan / Designation</i>	<i>Jabatan / Department</i>	<i>Tarikh lantikan / Start Date</i>	<i>Tarikh tamat / Date Ended</i>
UMMC	House officer (Pegawai Perubatan Siswazah)	Pediatric, Medicine, Surgery, Obstetric & Gynaecology, Orthopedic Surgery.	31.8.2002	29.2.2004
MOH	Medical Officer	Klinik Kesihatan Bangi	1.3.2004	Sept 2007
UPM	Trainee Clinical Lecturer	Dept of Family Medicine, Faculty of Medicine & Health Sciences, UPM	Oct 2007	25.6.2014
MOHE	Postgraduate Medical Officer (Pegawai Perubatan Sarjana)	Primary Care Medicine (RUKA) UMMC	1.6.2008	12.5.2014
UPM	Medical Lecturer/ Family Medicine Specialist	Dept of Family Medicine, Faculty of Medicine & Health Sciences, UPM	26.6.2014	Till present

E. ANUGERAH DAN HADIAH (*Honours and Awards*)

<i>Name of awards</i>	<i>Title</i>	<i>Award Authority</i>	<i>Award Type</i>	<i>Year</i>
<i>Academic Awards</i>	Nomination for Anugerah Fellowship Naib Canselor (Kategori Pengajaran)	TNC (Akademik & Antarabangsa) UPM	Nomination	2016

<i>Non-Academic Awards</i>				
<i>Awards of Merit</i>	FMSA Travel Grant	Family Medicine Specialist Association	Funding for conference attendance	2017
	IPCRG 8th World Conference, Amsterdam Bursary Scheme	International Primary Care Respiratory Group (IPCRG)	Funding for conference attendance	2016
	Perkhidmatan Cemerlang	UPM	Perkhidmatan cemerlang	2015 & 2016
	Anugerah Perkhidmatan Cemerlang	UPM	Anugerah Perkhidmatan Cemerlang	2017

F. SENARAI PENERBITAN (Sila masukan nama pengarang, tajuk, nama jurnal, jilid, muka surat dan tahun diterbitkan) (*List of publications – author (s), title, journal, volume, page and year published*)

<i>Journal</i>	<ol style="list-style-type: none"> 1. Aishah Emi, Gan Wan Ying, Zalilah Mohd Shariff, Azriyanti Anuar Zaini, Nurainul Hana Shamsuddin, Mahendran Appukutty, Geeta Appannah. A dietary pattern characterised by food intakes high in free sugars and energy density is associated with cardiometabolic risk factors among Malaysian adolescents. (Submitted to Nutrition Research, July 2018) 2. Hani Salim, Ping Yein Lee, Sazlina Shariff Ghazali, Siew Mooi Ching, Hanifatiah Ali, Nurainul Hana Shamsuddin, Maliza Mawardi, Puteri Shanaz Jahn Kassim, Dayangku Awang. (2018). Perceptions toward a pilot project on blended learning in Malaysian family medicine postgraduate training: a qualitative study. BMC Medical Education, 18(1), 206. http://doi.org/10.1186/s12909-018-1315-y 3. Aneesa Abdul Rashid, Nurainul Hana Shamsuddin, Raja Dalila Athirah Raja Malek Ridhuan, Nurin Amalina Sallahuddin, Navin Kumar Devaraj Breastfeeding Practice, Support, and Self- Efficacy Among Working Mothers in a Rural Health Clinic in Selangor. Mal J Med Health Sci 14(2): 39-49 4. Rozita Zakaria, Ming Tsuey Lim, Norsiah Ali, Nurainul Hana Shamsuddin, et al. Mortality In Children Under 5: Prevalence Of Congenital Malformations And Its Associated Demographic Variables. International Journal of Public Health Research. 2017; 7(2) 5. Chew, B.-H., Vos, R. C., Shariff Ghazali, S., Shamsuddin, N. H., Fernandez, A., Mukhtar, F., Rutten, G. E. H. M. The effectiveness of a value-based EMOTion-cognition-Focused educational programme to reduce diabetes-related distress in Malay adults with Type 2 diabetes (VEMOFIT): study protocol for a cluster randomised controlled trial. BMC Endocrine Disorders, 17, 22. http://doi.org/10.1186/s12902-017-0172-8 6. Aishah E, Gan WY, Nurainul Hana S, Azriyanti A, Appannah G. Associations between overweight and obesity with cardiovascular risk factors in adolescents from three states in Malaysia. Malaysian Journal of Nutrition. 2017; 23(Supp): S53 (Abstract) 7. Nurainul Hana Shamsuddin, Nik Sherrina Haidi Nik Hanafi, Mohazmi Mohamed. Exploring Parents' Perceptions and Attitudes Towards Child Restraints. Malaysian Family Physician. 2014; 9 (S1): 41 (Abstract)
<i>Books/Monographs</i>	
<i>Chapter in book</i>	

<p>Proceedings</p>	<p>Nurainul HS, Hani SS, Maliza M, Hanifatiyah A, Sazlina SG, Lee PY, Puteri SJK. Implementation of blended learning in teaching postgraduate family medicine: Students' perception. WONCA Europe, Prague. 2017 (Oral Presentation)</p> <p>J. Suhaimi, NA Ahmad Tajuddin, SN Ramdzan, Al Abu Bakar, K Abdul Malik, IA Ismail, NH Shamsuddin. Freebirth experience in Kuala Lumpur, Malaysia: views from 3 doulas. WONCA Europe, Prague. 2017 (Poster)</p> <p>NA Ahmad Tajuddin, F. Hariri, H Hadi, NH Shamsuddin et al. Health and charity project for the homeless children of Kuala Lumpur. WONCA Europe, Prague. 2017 (Oral Presentation)</p> <p>Gan WY, Nurainul HS, Aishah E, Appannah, G. Associations between overweight and obesity with cardiovascular risk factors in adolescents from three states in Malaysia. 1st Southeast Asia Public Health Nutrition Conference. Malaysia 2017 (Poster)</p> <p>Nur Athira AY, Nurainul HS, Azriyanti AZ, Appannah G. Serum 25-hydroxyvitamin D is inversely associated with body mass index z-score in adolescents aged 13 years from three southern states of Peninsular Malaysia. MASO Scientific Conference on Obesity. Kuala Lumpur 2017 (Poster)</p> <p>Maliza M, Hani SS, Hanifatiyah A, Nurainul HS, Sazlina SG, Lee PY, Puteri SJK. Blended Learning in Family Medicine: Barriers and Facilitators from the perspective of Postgraduate Trainees. 12th International Medical Education Conference. Kuala Lumpur 2017 (Oral presentation)</p> <p>Nurainul HS, Hani SS, Hashima AR. Development of strategies to improve awareness & use of validated screening tool for paediatric obstructive sleep apnoea among primary care doctors in Malaysia. IPCRG 8th World Conference, Amsterdam. 2016 (Oral presentation)</p> <p>Hani SS, Nurainul HS, Maliza M, Lee PY. Development of intervention strategies to improve awareness and self-efficacy among adults with asthma during the haze crisis in Malaysia: Community based study. IPCRG 8th World Conference, Amsterdam. 2016 (Oral presentation)</p> <p>Nurainul H S, Aneesa AR, Hani SS, M. Ikram MS, Abdul Rashid AR, S. Zulaikha Z, Examining The Experiences, Needs And Burnout Rates Of Medical Volunteers For Future Planning & Preparedness Of Disaster Relief Management: A Protocol Study. WONCA Istanbul 2015. (Poster Presentation)</p> <p>Jahn Kassim Puteri Shanaz, Awg Dzulkarnain Dayangku hayaty, Jamani Nurjasmine Aida, Aneesa AR, Shamsuddin Nurainul Hana, Mawardi Maliza. Protocol Study: An Exploration of Health Professional Support for Breastfeeding. WONCA Istanbul 2015. (Poster Presentation)</p> <p>Suhaimi Julia, Ahmad Tajuddin Nur Amani N, Ramdzan Siti Nurkamilla, Abu Bakar Ahmad Ihsan, Abdul Malek Khasnur, Ismail Ilham Ameera, Shanmuganathan Punithavathy, Shamsuddin Nurainul Hana. Birth outside the system: an exploratory study (study protocol). WONCA Istanbul 2015. (Poster Presentation)</p> <p>Rozita Zakaria, Norsiah Ali, Rawa Bau, Nurainul Hana Shamsuddin (presenter), Norseha Isnin, Suzaini Mat Daud, Norizzati Bukhari, Kok Sim Hui, Fauzia Abd Majid, Aminah Bee Mohd Kassim. Under 5 Mortality in Malaysia in 2012: A Subset of Children Aged 28 days – 5 years. NCCR 2015. Pulau Pinang. (Poster presentation)</p>
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	Nurainul Hana Shamsuddin , Nik Sherrina Haidi Nik Hanafi, Mohazmi Mohamed. Exploring Parents' Perceptions and Attitudes Towards Child Restraints. WONCA Kuching 2014 (Poster presentation)
Other publications	Asthma Kidz Education Programme Flipchart, Published by Bahagian Pendidikan Kesihatan Kementerian Kesihatan Malaysia (In printing process – Oct 2018) Men's Health Infographics, Nov 2016 (Published on social media UPM Facebook) Nurainul Hana Shamsuddin , Ilham Ameera Ismail. World Family Doctor Day 2015 Celebration. Berita AFPM, July-Sept 2015 (Report in newsletter) Teaching module: Graves Disease - Disease-Problem Based Learning, Year 2 Semester 1, Medical Programme 2015/2016
Computer software	

G. PROJEK PENYELIDIKAN TERDAHULU (Past Research Project)					
<i>Project No.</i>	<i>Project Title</i>	<i>Role</i>	<i>Year</i>	<i>Source of fund</i>	<i>Status</i>
BK030-2015	Birth outside the system: an exploratory study.	Co-investigator	2014-2017	UM Research	Completed
NMRR 29081	Parental perceptions of Factors contributing to missed serious acute respiratory in children under 5 years old in Malaysia	Principal investigator	2016 (on-going)	Academy of Family Physicians	Data-collection
04-01-15-1667FR	Diagnostic Accuracy of Acute Streptococcal Pharyngotonsillitis using Modified Centor Score among Adults in the Local Primary Care Setting to improve Prescribing Habits	Co-investigator	2015-2017	FRGS	Completed
9478300	Ethical promotion and appropriate interactions with pharmaceutical representatives: The primary care practitioners' perspectives.	Co-investigator	2015-2017	Putra Grant	Completed
CDP/2015-2016/01	Enhanced Students' Educational Experience: Evaluation of Blended Learning Implementation on Students in Diploma (IT), Multimedia University, Cyberjaya. (qualitative study)	Co-researcher	2015	MMU Mini Fund	Completed
04-02-14-1548FR	Adolescent dietary patterns and cardiometabolic risk factors	Co-investigator	2014-2017	FRGS	Completed
866.15	Exploring Parents' Perceptions and Attitudes Towards Child Restraints	Primary investigator	2012-2013	Peruntukan Penyelidikan Pascasiswazah UM	completed
22986	Under 5 Mortality in Malaysia: A Retrospective Review 2012-2013	Co-investigator	2014	Clinical Research Centre (CRC)	Published
00065	The Effectiveness Of A Value-based Emotion-focused Educational Programme To Reduce Diabetes-related Distress In Adults With Type 2 Diabetes (VEMOFIT)	Co-investigator	2014-2016	MRG	completed
	Perceptions toward a pilot project on blended learning in Family Medicine postgraduate training: a qualitative study	Co-investigator	2016	Self-funded	Published

NMRR-18-1110-41279	Exploring Healthcare Professionals' View on Using the Teddy Bear Hospital as a Method of Teaching Pre-school Children on Personal Safety as a Step to Prevent Child Sexual Abuse: A Qualitative Study	Co-investigator	2018 (on-going)	Geran Putra (UPM)	Data collection
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H. PENYELIAAN PELAJAR SISWAZAH (*Supervision of Graduate Students*)

No	Name of Students and Title of Thesis/Project	Role	Status
Master Science with thesis			
1.	Abdulrahman Mansoor Mohammed Muthanna Diagnostic Accuracy of Acute Streptococcal Pharyngo-tonsillitis using Centor Score among Adults in the Local Primary Care Setting to Improve Prescribing Practices	Co-supervisor	Graduated 2018
2.	Nur Athira binti Ahmad Yasin Sources of Vitamin D and Calcium in the Diets of 13 year old Adolescents in Negeri Sembilan, Melaka & Johor and the Relationship with 25-Hydroxyvitamin D Concentration	Co-supervisor	On-going
Master of Medicine (Family Medicine)			
1.	Yafizah Yahaya	Co-supervisor	Graduated 2018
2.	Nur Aslizah bt Alias	Co-supervisor	Final year
3.	Mohd Safee bin Daud	Co-supervisor	Year 3
4.	Sabarinah binti Sapdi	Co-supervisor	Year 2
5.	Thew Hui Zhu	Co-supervisor	Year 3
6.	Nurul Hamizah binti Mhd Zaki	Supervisor	Year 2
7.	Syazwani binti Dzulkiifi	Co-supervisor	Year 1

J. KEAHLIAN BADAN PROFESSIONAL & JAWATANKUASA (*Professional Association & Committee Membership*)

Name of association/committee	Membership/Committee	Year
Family Medicine Specialist Association (FMSA)	Vice President	2018-2020
Family Medicine Specialist Association (FMSA)	Ordinary Member/ EXCO	2016-2018
Family Medicine Society UPM (FMS Putra)	Life Member (Secretary)	2015-current
Malaysian Medical Association (MMA)	Life Member	2008 - current
Academy of Family Physician Malaysia (AFPM)	Ordinary Member/ Faculty member for GCFM & ATFM	2016 - current
World Family Doctor Day Celebration (Putrajaya) AFPM-FMSA joint committee	Chairperson	2015

K. OTHERS (*Community involvement*)

Organization	Programme	Role	Date
HPUPM	Launching of "Heart of HPUPM" event – Hospital volunteer group	Programme Director	22/9/2018
Islamic Relief Malaysia (IRM)	Medical Volunteer Team	Medical Team/ Camp Leader (Involved in health camps for refugees & homeless people)	2016-current
Faculty of Medicine, UM	Projek Kesihatan Sekolah Bimbingan Jalinan Kasih (UM)	Team member/ Coordinator (Delivered health education, health screening & acquired sponsors to students of school for homeless)	2016 - 2018

University Malaya	Program Kesihatan Sek Bimbingan Jalinan Kasih (School for Homeless)	Volunteer (Speaker & Facilitator)	17-18/2/2016
Islamic Relief Malaysia	Medical Health Screening for Refugees	Medical Volunteer	26/3/2016
Dept of Family Medicine, UPM	Program Pendidikan Kesihatan di Sekolah Kebangsaan Jalan 3	Speaker/Facilitator	21/7/2016
University Malaya	Program Kesihatan Sek Bimbingan Jalinan Kasih (School for Homeless)	Volunteer (Speaker & Facilitator)	3/8/2016
Islamic Relief Malaysia	Medical Health Screening for Refugees	Medical Volunteer	6/8/2016