

CURRICULUM VITAE



A. BUTIR-BUTIR PERIBADI <i>(Personal Details)</i>			
Nama Penuh <i>(Full Name)</i>	Norliza Ahmad		Gelaran <i>(Title)</i> : Dr
	Warganegara <i>(Citizenship)</i> Malaysia	Bangsa <i>(Race)</i> Malay	Jantina <i>(Gender)</i> Female
Jawatan <i>(Designation)</i>	Senior Medical Lecturer	Tarikh Lahir <i>(Date of Birth)</i>	26 October 1967

Alamat Semasa <i>(Current Address)</i>	Jabatan/Fakulti <i>(Department/Faculty)</i>	E-mel dan URL <i>(E-mail Address and URL)</i>
Tel:	Community Health Department, Faculty of Medicine and Health Sciences Universiti Putra Malaysia 43400 UPM Serdang, Selangor. Tel: 03 - 89472424 Fax: 03 - 89450151	E-mail: lizaahmad@upm.edu.my URL: H/P: 019 - 2710577

B. KELAYAKAN AKADEMIK <i>(Academic Qualification)</i>			
Nama Sijil / Kelayakan <i>(Certificate / Qualification obtained)</i>	Nama Sekolah Institusi <i>(Name of School / Institution)</i>	Tahun <i>(Year obtained)</i>	Bidang pengkhususan <i>(Area of Specialization)</i>
PhD	Universiti Putra Malaysia	2017	Community Health
MPH	National University of Malaysia	2002	Family Health
MD	University Science Malaysia	1992	Medicine

C. KEMAHIRAN BAHASA <i>(Language Proficiency)</i>					
Bahasa / Language	Lemah <i>Poor (1)</i>	Sederhana <i>Moderate (2)</i>	Baik <i>Good (3)</i>	Amat Baik <i>Very good (4)</i>	Cemerlang <i>Excellent (5)</i>
English				√	
Bahasa Melayu				√	
Chinese					
Lain-lain <i>(other)</i> :					

D. PENGALAMAN SAINTIFIK DAN PENGKHUSUSAN*(Scientific experience and Specialisation)*

<i>Organization</i>	<i>Position</i>	<i>Start Date</i>	<i>End Date</i>	<i>Expertise</i>

E. PEKERJAAN *(Employment)*

<i>Majikan / Employer</i>	<i>Jawatan / Designation</i>	<i>Jabatan / Department</i>	<i>Tarikh lantikan / Start Date</i>	<i>Tarikh tamat / Date Ended</i>
Universiti Putra Malaysia	Medical Lecturer	Community Health Department	2012	present
National Population and Family Development Board	Director of Division	Human Reproduction Division	2004	2012
National Population and Family Development Board	Public Health Specialist	Human Reproduction Division	2003	2004
Ministry of Health	Public Health Specialist	Family Health Development Division	2002	2003
Ministry of Health	MPH training	The National University of Malaysia	1998	2002
Ministry of Health	Medical Officer of Health	District Health Office, Kota Kinabalu, Sabah	1998	2000
Ministry of Health	Medical and Health Officer	Health Center, Labuan	1995	1998
Ministry of Health	O & G, Medical Officer	Labuan Hospital	1993	1995
Ministry of Health	O & G, Medical Officer	Queen Elizabeth Hospital, Sabah	1993	1993
Ministry of Health	House Officer	Ipoh General Hospital	1992	1993

F. ANUGERAH DAN HADIAH *(Honours and Awards)*

<i>Name of awards</i>	<i>Title</i>	<i>Award Authority</i>	<i>Award Type</i>	<i>Year</i>
<i>Academic Awards</i>	Hideyasu Aoyama Award (Award for best MPH student)	The National University of Malaysia	National	2002
<i>Non-Academic Awards</i>	Award for Excellent Service	Ministry of Women , Family and Community Development	National	2010
	Appreciation for Excellent Service	National Population and Family Development	National	2008
	Perhargaan Prestasi Cemerlang	National Population and Family Development	National	2007
	Award for Excellent Service	Ministry of Women , Family and Community Development	National	2005
	Award for Excellent	Ministry of Health	National	1998

	Service			
Awards of Merit	Invention, Inovation dan Design Exposition 20018 - Silver Award	Universiti Teknologi MARA	National	2018

G. SENARAI PENERBITAN (Sila masukan nama pengarang, tajuk, nama jurnal, jilid, muka surat dan tahun diterbitkan) (List of publications – author (s), title, journal, volume, page and year published)

Journal	<p>1. Norliza A., Muhammad Afiq M.Z., Nur Azilah A., Boon H.K & Minhat, H.S. (2019). Prevalence and Factors Associated with Sugar-Sweetened Beverage Intake among Undergraduate Students in a Public University in Malaysia. <i>Pakistan Journal of Nutrition</i>. Doi: 10.3923/pjn.2018.</p> <p>2. Omar Mardiana, Mohd Zulkefli Nor Afiah & Ahmad Norliza. (2019). Role of sociodemographic, obstetric history and planning of pregnancy in predicting short interpregnancy interval among antenatal mothers in Klang, Selangor.</p> <p>3. Norliza A., Zalilah M.S., Firdaus M, & Lye M.S. (2018). Family-based intervention using face-to-face sessions and social media to improve Malay primary school children's adiposity: a randomized controlled field trial of the Malaysian REDUCE programme. <i>Nutrition Journal</i>, 17:74. https://doi.org/10.1186/s12937-018-0379-1</p> <p>4. Gunenthira R., Minhat H.S., Nor Afiah M.Z., Anisah B. & Norliza A. (2018). A systematic review on complementary approach for depression among adult prison inmates. <i>Malaysian Journal of Public Health Medicine</i>, 18(2): 20-27.</p> <p>5. Norliza A., Lye M.S., Zalilah M.S. & Firdaus M. (2016). Harnessing social media in family-based intervention for childhood obesity: study protocol for randomized controlled field trial of REDUCE programme. <i>International Journal of Public Health and Clinical Sciences</i>, 3 (5), 95-109.</p> <p>6. Norliza A., Nor Afiah, M.Z., Anisah, B., Minhat, H.S., Firdaus, M., Zalilah, M.S., & Lye, M.S. (2014). A systematic review of Internet-based family intervention for childhood obesity. <i>World Journal of Medical Sciences</i>, 11 (1), 144-152. doi: 10.5829/idosi.wjms.2014.11.1.8481.</p>
Books/Monographs	Jalanan Kasih. Panduan Rawatan Subfertiiliti. 2010. ISBN 978-983-2205-70-8. 33 pages.
Chapter in book	Adolescent Reproductive Health Status in Health Status of Youth In Malaysia. 2012. ISBN 978-967-0399-15-7. 40 pages.
Proceedings	<p>1. Norliza A., Lye M.S., Zalilah M.S. & Firdaus M.(2018). Are parents confident in encouraging their children to practice healthy lifestyle? <i>Malaysian Journal of Public Health Medicine</i>. (Supplement 2). 2018. ISSN: 1675-0306.</p> <p>2. Norliza A., Lye M.S., Zalilah M.S. & Firdaus M. (2018). Using social media to educate parents with obese children. <i>Malaysian Journal of Public Health Medicine</i>. (Supplement 2). 2018. ISSN: 1675-0306.</p>
Other publications	i) Manual Jurulatih Program Pendidikan Kesihatan Reproduktif & Sosial. 2012.

	<p>ISSN 1985-6172. 184 pages.</p> <p>ii) Kajian Pendapat Kontraseptif Kecemasan Kesedaran dan Penggunaannya. 2012. ISBN 978-983-2205-77-7. 45 pages.</p> <p>iii) Garispanduan Pelaksanaan Program Vaksinasi HPV Untuk Wanita. 2012. 96 pages.</p> <p>iv) Garispanduan Pelaksanaan Program Subsidi Ujian Mamogram. 2012. ISBN 978-993-2205-81-4. 54 pages.</p> <p>v) Garispanduan Pelaksanaan Program Subsidi Ujian Mamogram Untuk Pusat Mamogram Swasta. ISBN 978-983-2205-82-1. 22 pages.</p> <p>vi) Garispanduan Penyertaan Pertubuhan Bukan Kerajaan Dalam Program Subsidi Ujian Saringan Mamogram. 2012. ISBN 978-983-2205-83-8. 20 pages.</p> <p>vii) Modul Kesejahteraan Hidup. 2011. ISBN 978-983-2205-74-6. 176 pages.</p> <p>viii) Buku Kerja Modul Kesejahteraan Hidup. 2011. ISBN 978-983-2205-75-3. 92 pages.</p> <p>ix) Modul Cakna Diri Edisi Remaja (I'm In Control Module). 2010. ISBN 978-983-2205-71-5. 181 pages.</p> <p>x) Kajian Faktor-faktor Penghalang Wanita Berkahwin Menjalani Ujian Pap Smear. 2010. ISBN 978-983-2205-73-9. 59 pages.</p>
Computer software	e-mamogram. Expert input in the development of a software for the implementation of subsidized mammogram programme for NPFDB. 2007.

H. PROJEK PENYELIDIKAN TERDAHULU (Past Research Project)					
Project No.	Project Title	Role	Year	Source of fund	Status
GP-IPM/2018/9640700	Predictors for high screen time among under five children in Klang Valley, Selangor.	Main researcher	2018-2029	GP-IPM RM38,600	On going
GP-IPS/2018/9616400	Factors associated with exclusive breastfeeding status among mothers attending rural health clinics in Hulu Langat District	Main researcher	2018-2029	GP-IPS 23,100	Completed
GP/IPS	Factors associated with overweight and obesity among undergraduate students residing in Universiti Putra Malaysia	Main researcher	2018-2029	GP-IPS 20,000	Completed
GP-IPS/2013/9398400	Double-Blind Randomized Controlled Field Trial Using Social Media in a Family-Based Intervention for Overweight and Obese Malay Children, Bangi, Selangor.	Main researcher	2014-2016	GP-IPS RM15,000	completed
	Risk and Protective Factors Affecting Adolescent Sexual and Reproductive Health in Malaysia	Co-researcher	2010-2012	RMK-9 RM499,986.70	completed
	Opinion Poll: Emergency Contraceptive, Awareness and Usage	Co-researcher	2010-2011	NPFDB RM10,000	completed
	Health Status of Youth in	Co-researcher	2010-2011	RM 112,000	completed

	Malaysia			(NPFDB: RM52,000 MOH: RM60,000)	
	Pre- and Post-test on Reproductive Health and Social Education Module for National Service Trainees	Co-researcher	2011-2012	NPFDB RM36,200	completed