

CURRICULUM VITAE



A. BUTIR-BUTIR PERIBADI <i>(Personal Details)</i>			
Nama Penuh <i>(Full Name)</i>	ADIBAH HANIM BT ISMAIL@DAUD		Gelaran <i>(Title)</i> : PROF.MADYA
No. MyKad / No. Pasport <i>(Mykad No. / Passport No.)</i> 671115-01-6254	Warganegara <i>(Citizenship)</i> MALAYSIA	Bangsa <i>(Race)</i> MALAY	Jantina <i>(Gender)</i> FEMALE
Jawatan <i>(Designation)</i>	MEDICAL LECTURER/FAMILY MEDICINE SPECIALIST	Tarikh Lahir <i>(Date of Birth)</i>	15/11/1967

Alamat Semasa <i>(Current Address)</i>	Jabatan/Fakulti <i>(Department/Faculty)</i>	E-mel dan URL <i>(E-mail Address and URL)</i>
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B. KELAYAKAN AKADEMIK <i>(Academic Qualification)</i>			
Nama Sijil / Kelayakan <i>(Certificate / Qualification obtained)</i>	Nama Sekolah Institusi <i>(Name of School / Institution)</i>	Tahun <i>(Year obtained)</i>	Bidang pengkhususan <i>(Area of Specialization)</i>
MD	USM	1992	MEDICINE
M.MED	USM	2003	FAMILY MEDICINE

C. KEMAHIRAN BAHASA <i>(Language Proficiency)</i>					
Bahasa / Language	Lemah <i>Poor (1)</i>	Sederhana <i>Moderate (2)</i>	Baik <i>Good (3)</i>	Amat Baik <i>Very good (4)</i>	Cemerlang <i>Excellent (5)</i>
English			/		
Bahasa Melayu					/
Chinese	/				
Lain-lain <i>(other)</i> :					

D. PENGALAMAN SAINTIFIK DAN PENGKHUSUSAN (Scientific experience and Specialisation)				
Organization	Position	Start Date	End Date	Expertise

E. PEKERJAAN (Employment)				
Majikan / Employer	Jawatan / Designation	Jabatan / Department	Tarikh lantikan / Start Date	Tarikh tamat / Date Ended
MINISTRY OF HEALTH	HOUSEMAN	HOSPITAL KOTA BAHARU, KELANTAN	1992	1993
MINISTRY OF HEALTH	MEDICAL OFFICER	HOSPITAL PASIR MAS, KELANTAN	1993	1999
UNIVERSITI SAINS MALAYSIA	MEDICAL LECTURER/FAMILY MEDICINE SPECIALIST	FAMILY MEDICINE DEPARTMENT	1999	2011
UNIVERSITI PUTRA MALAYSIA	MEDICAL LECTURER/FAMILY MEDICINE SPECIALIST	FAMILY MEDICINE DEPARTMENT	2011	

F. ANUGERAH DAN HADIAH (Honours and Awards)				
Name of awards	Title	Award Authority	Award Type	Year
<i>Academic Awards</i>				
<i>Non-Academic Awards</i>	SERVICE EXCELLENCE AWARD	USM	UNIVERSITY	2006
	Nominated in "lecturer student election"	USM	FACULTY	2009
	SERVICE EXCELLENCE AWARD	UPM	UNIVERSITY	2012
	SERVICE EXCELLENCE AWARD	UPM	UNIVERSITY	2013
	SERVICE EXCELLENCE AWARD	UPM	UNIVERSITY	2016
<i>Awards of Merit</i>				

G. SENARAI PENERBITAN (Sila masukan nama pengarang, tajuk, nama jurnal, jilid, muka surat dan tahun diterbitkan) (List of publications – author (s), title, journal, volume, page and year published)	
Journal	1. Ibrahim, H., Ismail, S.B., Zukri, S.M., Ismail, A.H. , Bebakar, W.M.W. The Use of HbA1c in the Diagnosis of Type 2 Diabetes Mellitus among High Risk Group in Hospital Universiti Sains Malaysia. <i>International Medical Journal</i> 2009; 16(2):125-129.

	<ol style="list-style-type: none"> 2. Rawa, B., Adibah, H. I., Norhayati, M.N., Hatta, S. Prevalence and Associated Factors of Female Sexual Dysfunction among Diabetics in Kelantan. <i>International Medical Journal</i> 2010; 17(3): 179-185. 3. Hasni Ibrahim, Adibah Hanim Ismail, Shaiful Bahari Ismail, Wan Mohamad Wan Bebakar. The Use of HbA1c in the Diagnosis of Diabetes Mellitus Type 2 in High Risk subjects. <i>Int J Diabetes & Metabolism</i> 2010; 18: 25-28. 4. Bau, R., Ismail, A.H., Noor, N.M., Sidi, H. Comparison of Prevalence and Female Sexual Dysfunction between Diabetic and Non-Diabetic in Kelantan. <i>International Medical Journal</i> 2010; 17(4): 261-266. 5. Hazlina Ishak, Juwita Shaaban, Adibah Hanim Bt Ismail. Factors associated with drug compliance among epilepsy patients <i>International Medical Journal</i> 2011; 18(1):78-79. 6. Dollah, R., Yaacob, A., Ismail, A.H., Che Hussin, C.M. Anti-CCP antibodies: A better diagnostic tool for rheumatoid arthritis. <i>International Medical Journal</i> 2011; 18 (1): 53-57. 7. Adibah HI, Azura MS, Juwita S. Peripheral Neuropathy among Newly diagnosed type 2 Diabetes mellitus. <i>Malaysian Family Physician</i> 2011;6 (S1): 24 8. Juwita S, Azura M.S, Adibah H I. Risk factor of peripheral neuropathy among newly diagnosed type 2 diabetic patients in Primary Care Clinic. <i>International Journal of Collaborative Research on Internal Medicine & Public Health</i> 2012; 4(11):1858-1867. 9. H Hashim, AH Ismail, J Shaaban. The effectiveness of weekly versus daily iron supplementation among mild anaemic pregnant women. <i>BJOG An International Journal of Obstetrics and Gynaecology</i> 2012; 119 (S1). 10. Ismail, A.H., Bau, R., Sidi, H., Guan, N.C., Naing, L., Jaafar, N.R.N., Razali, R., Das S., Midin, M. Factor Analysis Study on Sexual Responses in Women with Type 2 Diabetes Mellitus. <i>Comprehensive Psychiatry</i> 2014; S34-S37. 11. Ismail, A.H., Bau, R., Sidi, H., Guan, N.C., Midin, M., Jaafar, N.R.N., Das S., Manaf, M.R. Orgasmic dysfunction among Malay diabetic women in Malaysia. <i>Comprehensive Psychiatry</i> 2014; S29-S33. 12. Adibah Hanim Ismail, Rawa Baw, Hatta Sidi, Ng Chong Sexual Pain Disorders Among Malay Women with Type 2 Diabetes in Malaysia. <i>ASEAN Journal of Psychiatry</i> 2014; 15 (1):1-7. 13. Mohd Azri Mohd Suan, Adibah Hanim Ismail, Haliza Ghazali. A review of teenage pregnancy research in Malaysia. <i>Medical Journal of Malaysia</i> 2015; 70(4):214-219. 14. Adibah Hanim Ismail, Haryati Hamzah, Irmis Zarina Ismail. Glycemic control among insulin-treated Type 2 Diabetes in Kelantan. <i>International Medical Journal</i> 2016; 23(4): 361-364. 15. Adibah HI, Hafizah MS, Ching SM. Female sexual Dysfunction among contraceptive user in Malaysia. <i>Madridge Journal of Women's Health and Emancipation</i> 2017; 1(1): 36 – 40. 16. Mooi, Ching Siew; Salim, Hani Syahida; Ghazali, Sazlina Shariff; Lee, Ping Yein; Ismail, Adibah Hanim; Mawardi, Maliza; Shamsuddin, Nurainul Hana; Ali, Hanifatiyah; Chuan, Tan Ngiap. A8330 Gender difference in self-care among patient with hypertension in Malaysia. <i>Journal of Hypertension</i>: 2018; 36 Issue - p e296. doi: 10.1097/01.hjh.0000549210.64785.0c
Books/Monographs	<ol style="list-style-type: none"> 1. Adibah Hanim Ismail, Hasni Ibrahim, Shaiful Bahari Ismail, 2010, Use of HbA1c in the Diagnosis of Diabetes in High Risk Group Attending Outpatient Clinic, HUSM, Kelantan. ISBN 978-3-639-27811-8. 2. Adibah Hanim Ismail, Rawa Bau, Hatta Sidi, 2010, Prevalence and Associated Factors of Female Sexual Dysfunction. ISBN 978-3-639-32281-1 3. Adibah HI, Azura MS, Juwita S, 2011, Peripheral Neuropathy among newly diagnosed type 2 Diabetes mellitus. ISBN 1985-207X 4. Primary Care Referral Guidelines. ISBN 978-967-11389-1-5 5. Consensus Guide to Adult Health Screening for General Population Attending Primary Care Clinic 2015. ISBN 978-967-11389-2-2
Chapter in book	<ol style="list-style-type: none"> 1. Cheong Ai Theng, Sazlina Shariff Ghazali, Adibah Hanim Ismail@Daud. Chapter 4: Consultation Skills. Chew Boon How, Cheong Ai Theng, Sazlina Shariff Ghazali (Eds). An

	Introduction to Family Medicine and Its Essential Skills in Primary Medical Care. UPM Press, Serdang. 2015
<i>Proceedings</i>	<ol style="list-style-type: none"> 1. Adibah HI, Hasni I, Shaiful BI <i>et al.</i> Use of HbA1c in the Diagnosis of Diabetes in High Risk Group Attending Outpatient Clinic, HUSM, Kelantan 2007. 18th WONCA World Conference (SINGAPORE). 2. N B Hassan, C I Hasanah, K Foong, L Naing, R Awang, S B Ismail, A Ishak, L H Yaacob, MY Harmy, A H Daud, M H Shaharom, R Conroy, A R A Rahman. Identification of Psychosocial Factors of Non-compliance in Hypertensive patients 2005. 2nd Scientific Meeting of Malaysian Society of Hypertension (KL). 3. Dr Rawa Bau, Dr Adibah Hanim, AP Dr Hatta Sidi. Preliminary Report on the Prevalence and Risk factor for Sexual Dysfunction among 18 – 45 year with Type 2 Diabetic in HUSM – 2008. 2nd Men's Health 2008 (Kelantan). 4. Hazlina Ishak, Juwita Shaaban, Adibah Hanim Bt Ismail. A Study on Drug Compliance among Epilepsy Patients Attending Neurology Clinic HUSM 2009. 13th Malaysian Family Medicine Specialist Scientific Conference 2009 (Langkawi). 5. Rusni Dollah, Che maraina Che Hussin, Azwany Yaacob, Adibah Hanim Ismail. Anti-CCP Autoantibody: A New Diagnostic Tool for Rheumatoid Arthritis 2009. 8th Annual Scientific Meeting & Annual General Meeting of the College of Pathologists, Academy of Medicine, Malaysia (Kelantan). 6. Rawa Bau, Adibah Hanim Ismail, Hatta Sidi .The prevalence and risk factors of female sexual dysfunction among diabetic and non-diabetic patients in Hospital Universiti Sains Malaysia 2009. 6th National Health Conferences (Kelantan). 7. Haryati H, Adibah HI, Azwany Y. Associated Factors of Good Glycemic Control Among Insulin-Treated Type 2 Diabetic Patients Attending Diabetes Centre and KRK, HUSM 2010. 14th Malaysian Family Medicine Specialist Scientific Conference (Kelantan). 8. Rawa Bau, Adibah Hanim Ismail, Norhayati, Mohd Noor, Hatta Sidi. The Prevalence and Associated Factors of Sexual Dysfunction among Diabetic Women in HUSM 2010. 5th JAPAN- ASEAN Conference on Men's Health & Aging (Sabah). 9. Afiza HA, Wan Hasmawati WI, Noriza W, Juliawati M, Ranimah Y, Norihan AB, Azidah AK, Juwita S, Harmy MY, Adibah Hanim I, Rosediani M, Norwati D, Imran A, Nani D, Norhayati MN. The use of 10-minute Comprehensive Screening Tool in elderly Patients Attending Klinik Rawatan Keluarga, HUSM 2010. 14th Malaysian Family Medicine Specialist Scientific Conference (Kelantan). 10. Adibah HI, Rawa B, Norhayati MN, Hatta S. Comparison of Prevalence and Female Sexual Dysfunction between Diabetic and Non-Diabetic Subjects in Kelantan 2010. 14th Asia-Oceania Congress of Endocrinology (KL). 11. Adibah HI, Azura MS, Juwita Shaaban. Peripheral neuropathy among newly diagnosed type 2 Diabetes Mellitus 2011. 3rd Asia-pacific Primary Care Research Conference (KL). 12. Adibah Hanim Ismail, Rawa Bau, Hatta Sidi, Ng Chong Guan, Rosdinom Razali. Hypoactive Sexual Desire among Malay Diabetic Women in Malaysia: Who are at risk? 2012. 17th Malaysian Conference on Psychological Medicine (KL). 13. Haniza Hashim, Adibah Hanim Ismail, Juwita Shaaban. The effectiveness of weekly versus daily iron supplementation among mild anemic pregnant women 2012. 10th RCOG International Scientific Congress (Kuching, Malaysia). 14. Ismail, A.H., Bau, R., Sidi, H., Guan, N.C., Midin, M., Jaafar, N.R.N., Das S., Manaf, M.R. Sexual Orgasmic Dysfunction among Malay Diabetic Women In Malaysia 2013. Diabetes Asia 2013 Conference. 15. Adibah Hanim Ismail, Haniza Hashim, Juwita Shaaban. Iron supplement in mild anaemic pregnant women: Are we have an option? 20th WONCA Europe 2015 Istanbul Conference. 16. Adibah Hanim Ismail, Hafizah Md Salleh, Ching Siew Mooi. The Prevalence and the domains of Female Sexual Dysfunction among contraceptive user in Malaysia. The WONCA Asia Pacific Regional Conference 2017, Pattaya, Thailand.
<i>Other publications</i>	<p>Response-journal</p> <ol style="list-style-type: none"> 1. Chew BH, Lee PY, Cheong AT, Ismail-Zarina I, Hanim-Ismail A, Hassan F, Ching

SM. Misleading conclusion with serious negative health outcome. BMJ Open 2012; <http://bmjopen.bmj.com/content/2/1/e000279/reply>

Public Malaysian's Magazine

MIDI – It is one of the Malaysian's public magazine for the matured women. It covering all aspects of the needs of mature women and cover article of fashion, beauty, health, lifestyle, motivation, career, family recipe and is the source of every reader to have aspirations. (Aspirations of women 40++)

1. **Adibah Hanim Ismail.** Assalamualaikum. Saya ada satu soalan. Suami saya sering mengalami sakit di bahagian atas abdomen, sekitar hati. Apakah itu tanda-tanda penyakit hati? Perutnya juga buncit. Saya ingin tahu, apakah symptom-symptom penyakit hati? Terimakasih. **MIDI, Feb 2013**
2. **Adibah Hanim Ismail** Saya baru mencecah usia 40 tahun awal tahun ini. Saya sering mengalami masalah sengal-sengal dan mencucuk-cucuk di bahagian kanan perut. Saya risau jika ia merbahaya. Apakah ia berkaitan dengan masalah pada ovari? Harap Dr boleh jelaskan. **MIDI, April 2013**
3. **Adibah Hanim Ismail.** Assalamualaikum Dr. Saya sering mengalami rasa sengal-sengal dibahagian kiri perut. Saya risau jika berkaitan dengan masalah ovari. Saya juga sering mengalaminya ketika hampir waktu didatangi haid. Apakah ia normal. Selain itu, Apakah tanda-tanda seseorang itu mendapat apendiks? **MIDI, July 2013.**
4. **Adibah Hanim Ismail.** Assalamualaikum Dr, Saya ada satu soalan. Saya mengalami masalah berat badan berlebihan iaitu kira-kira 79kg berbanding ketinggian 156. Ia menyukarkan saya untuk bergerak termasuklah beribadah. Saya sering rasa tercunggap-cunggap sekiranya turun naik tangga, Saya teringin untuk mencuba diet dengan mengamalkan minuman tambahan yang berasaskan soya yang cukup popular sekarang dan mengamalkan diet protein. Apakah selamat? Saya tidak mengalami apa-apa penyakit setakat ini dan usia saya 42 tahun. **MIDI, Ogos 2013.**
5. **Adibah Hanim Ismail.** Assalamualaikum Dr.Saya ada satu soalan. Suami saya mengalami penyakit cyst dalam buah pinggang. Jadi, apakah makanan yang patut dielakkan?Apakah dia boleh mengambil sebarang suplemen? Harap Dr dapat bantu. **MIDI, Sept 2013**
6. **Adibah Hanim Ismail.** Assalamualaikum Dr. Saya ada satu soalan. Di usia 42 tahun, saya dapati tahap seksual saya semakin menurun sejak setahun lalu. Saya ingin tahu, apakah ini tidak normal? Apakah ada ubat atau cara pemakanan tertentu untuk menaikkan kembali tahap seksual saya? Terima kasih. **MIDI, Nov 2013**
7. **Adibah Hanim Ismail. Bolehkah menopause dilewatkan?** Assalamualaikum. Saya berusia 54 tahun dan masih lagi belum menopause. Namun tiga empat tahun kebelakangan ini, haid saya memang tidak menentu, kadangkala dua bulan tidak datang. Emosi juga tidak stabil dan semakin sukar tidur malam. Kadangkala jam 2 pagi baru tidur. Saya agak ini adalah simptom pra menopause. Cuma saya ingin tanya, apakah saya boleh lewatkan menopause? Adakah ubatan tertentu yang boleh melambatkannya? Ingin tahu, Shah Alam. **MIDI, Jan 2014**
8. **Adibah Hanim Ismail. Hormon testosterone menurun ganggu seksual suami.** Terus terang, di usia 44 tahun, saya masih mempunyai keinginan menjalinkan hubungan seksual. Namun kebelakangan ini suami semakin dingin. Kadangkala tiga empat bulan dia tidak menyentuh saya. Apakah suami saya mengalami andropaus?

	<p>Apakah simptom yang boleh saya kesan? Bagaimana saya boleh membantunya? Usianya kini 56 tahun dan mengidap darah tinggi. Isteri sunyi, Pulau Pinang. MIDI, April 2014.</p> <p>9. Adibah Hanim Ismail. Assalamualaikum Dr. Saya mempunyai empat orang anak. Saya risau tentang anak keempat saya yang berusia 11 tahun. Dia mempunyai berat badan berlebihan dan sering mengalami sembelit. Selain itu, baru-baru ini ketika membuang air besar, najisnya berdarah. Saya meneka itu akibat buasir kerana dia mengadu punggungnya pedih. Yang lebih merisaukan saya, bila berjumpa seorang doktor di sebuah klinik dan Dr itu mengatakan tidak normal bagi kanak-kanak untuk mengalami buasir. Apakah ada ubat atau cara untuk mengatasinya? Ibu risau, KL MIDI, Mei 2014</p> <p>10. Adibah Hanim Ismail. Kurang Kalsium? Saya mengalami gigi berdarah dan sakit lutut. Apakah itu tandanya saya kurang kalsium. Saya memenag tidak gemar meminum susu sejak muda lagi dan kini usia saya pertengahan 40-an. Apakah saya boleh mengambil sebarang ubat-ubatan untuk membantu menambah kalsium dalam badan saya? Jari-jari tangan kiri saya juga sering rasa kebas terutama jika membuat kerja terlalu banyak. Untuk makluman, saya seorang yang kidal. MIDI, Jun 2014</p> <p>11. Adibah Hanim Ismail. Dr. Saya ada satu soalan berkaitan dengan seks selepas menopause. Saya sedang mengalami fasa pramenopaus dan haid tidak menentu sejak setahun lalu. Yang merisaukan saya, apakah saya masih boleh menjalankan kegiatan seksual bersama suami selepas menopause? Apakah akan ada masalah-masalah tertentu. Untuk pengetahuan Dr. Suami saya 10 tahun lebih muda daripada saya. Kini usia saya 51 tahun. Harap dr dapat jelaskan. MIDI,2014.</p>
Computer software	

H. PROJEK PENYELIDIKAN TERDAHULU(Past Research Project)					
<i>Project No.</i>	<i>Project Title</i>	<i>Role</i>	<i>Year</i>	<i>Source of fund</i>	<i>Status</i>
	Identification of Psychosocial Factors of Non-compliance in Hypertensive patients	Co-investigator	2003	USM IRPA	Completed
	A Randomized, double-blind, placebo – controlled, multicenter evaluation of the efficacy and safety of tegaserod (6 mg b.i.d), administered orally for 12 weeks, in male patients with chronic constipation	Co-investigator	2005	Novartis Company	Completed
	A Study on Compliance to Antiepileptic Drugs Among Epileptic Patients Attending Physician Clinic HUSM	Co-investigator	2009	USM short term	Completed
	Randomized, multinational, multicenter, double blind, placebo controlled, two arm parallel group trial of rimonabant 20mg OD for reducing the risk of major cardiovascular events in abdominally obese patients with	Co-investigator	2008	Sanofi Aventis Company	Completed

	clustering risk factors				
	Anti-CCP Autoantibody : A new Diagnostic Tool For Rheumatoid Arthritis	Co-investigator	2009	USM short term	Completed
	Prevalence and Associated Factors for Microalbuminuria in Normotensive and Essential Hypertensive patients	Co-investigator	2010	USM short term	Completed
	A Randomized double blind, placebo-controlled clinical trial to assess the effects of tasoglutide on cardiovascular outcomes in patients with inadequately controlled type 2 diabetes and established cardiovascular	Co-investigator	2011	F.Hoffmann-LA Roche Ltd.	Completed
04-01-11-1168 RU	A qualitative study on factors influencing retention in Methadone Maintenance Therapy (MMT) in Tampin	Co-investigator	2014	Research University Grant Scheme/UPM	Completed
04-02-12-2117 RU	Perceptive on teenage pregnancy among urban Malaysian adolescents	Investigator	2015	Research University Grant Scheme/UPM	Completed
NMRR -14-81-19763 (IIR)	Heart Outcomes Prevention and Evaluation 4 (HOPE 4)	Co-investigator	2016	International Grant	On going
UPM/700 - 1/3/Geran Putra	Factor associated with late antenatal booking among pregnant women at Seremban District	Investigator	2018	Research University Grant Scheme/UPM	On going

I. ID PUBLISHING (<i>Publishing ID</i>)		
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Scopus	37003806500	Ismail, Adibah Hanim
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Web of Science ID		
Researcher ID	B-8293-2019	
Google		AH Ismail
Pubmed		Adibah HI, Ismail AH

J. RANGKAIAN SOSIAL (<i>Social Networking</i>)	
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LinkedIn	/
Researchgate	/
Academia	/
Google Scholar	/
Blog	
Website url	
Others	