

CURRICULUM VITAE



A. PERSONAL DETAILS		
FULL NAME: Nor Afiah binti Mohd Zulkefli	TITLE: Associate Professor Dr.	
CITIZENSHIP: Malaysian	RACE: Malay	GENDER: Female
DESIGNATION: Medical Lecturer		
DEPARTMENT/FACULTY: Department of Community Health, Faculty of Medicine and Health Sciences, Universiti Putra Malaysia, 43400 UPM Serdang, Selangor Darul Ehsan, Malaysia. Tel:03-97892536	E-MAIL ADDRESS: norafiah@upm.edu.my	
AREA OF SPECIALIZATION: Public Health, Family Health, Adolescent health		

B. ACADEMIC QUALIFICATION			
CERTIFICATE/QUALIFICATION OBTAINED:	INSTITUTION:	YEAR OBTAINED:	AREA OF SPECIALIZATION:
B.Med.Sc	The National University of Malaysia	1990	-
Doctor of Medicine (M.D)	The National University of Malaysia	1993	-
Master in Community Health (Family Health)	The National University of Malaysia	2001	Family Health
Doctor of Philosophy	The National University of Malaysia	2013	Community Health

C. WORKING EXPERIENCE:				
EMPLOYER	DESIGNATION	DEPARTMENT	START DATE	DATE ENDED
Universiti Putra Malaysia	Assoc Prof Dr.	Department of Community Health, Faculty of Medicine and Health Sciences, Universiti Putra Malaysia	2008	till present
Universiti Putra Malaysia	Medical Lecturer	Department of Community Health, Faculty of Medicine and Health Sciences, Universiti Putra Malaysia	2002	2008
Ministry of Health Malaysia	Medical Officer/Public Health Physician	Hospital/ Health Centre/ District Health Office/Ministry of Health Malaysia	1993	2002

D. AWARDS:				
NAME OF AWARDS	TITLE	AWARD AUTHORITY	AWARD TYPE	YEAR
Award on Research	1. Nutritional Status of Older Malaysians: Socioeconomic factors, Health, Functioning and Psychological Well Being	Invention, Research and Innovation Exhibition, Universiti Putra Malaysia	Gold	2005
	2. GIS-based technology for Vector borne diseases surveillance: Developing a Model in Predicting Dengue Outbreak		Silver	2005
	3. Predictors of Functional Status among Older Malaysians		Silver	2005
	4. Health Status and Psychological Well-being in Old Age		Silver	2005
	5. Socio-economic Factors and Cognitive Status of the Elderly in Peninsular Malaysia		Silver	2005
	6. Effect of An Educational Intervention Comprising Knowledge, Beliefs, Barriers and Practices Towards Breast Cancer Screening among Teachers in Selangor, Malaysia		Silver	2008
	7. Non-standard Motorcycle Helmets in Malaysia		Silver	2014
Award on Teaching and Learning	1. Case-based Teaching in Medical Microbiology in Undergraduate Medical programme at Universiti Putra Malaysia	Putra InnoCreative Carnival in Teaching and Learning (PicTL'18)	Perak	2018

E. LIST OF PUBLICATIONS-AUTHOR(S), TITLE, JOURNAL, VOLUME, PAGE AND YEAR PUBLISHED

(Corresponding Author for the last three years)

Journal	
	<ol style="list-style-type: none"> 1. N. B. Jalil & P. Y. Lee 1 & M. Z. Nor Afiah & K. L. Abdullah & F. N. S. Mohd Azizi & N. N. S. Abdul Rassip & T. A. Ong & C. J. Ng & Y. K. Lee & A. T. Cheong & A. H. Razack & M. Saad & A. Alip & R. Malek & M. Sundram & S. Omar & J. R. Sathiyananthan & P. Kumar. Effectiveness of Decision Aid in Men with Localized Prostate Cancer: a Multicenter Randomized Controlled Trial at Tertiary Referral Hospitals in an Asia Pacific Country. <i>Journal of Cancer Education</i> 2020. https://doi.org/10.1007/s13187-020-01801-6 2. Leong In Tyng, Nor Afiah Mohd Zulkefli & Salmiah Md Said. Do psychological factors and sedentary activities influence physical activity level? Findings from Malaysian adolescents. <i>International Journal of Adolescence and Youth</i>. 2020. https://doi.org/10.1080/02673843.2019.1628079 3. Qudsiyah Suliman, Salmiah Md. Said, Nor Afiah Mohd. Zulkefli, Lim Poh Ying1, Tan Kit-Aun. A protocol on Information-Motivation-Behavioural Skills Risk of Intensive Phase Treatment Interruption Among Pulmonary Tuberculosis Patients in Urban Districts, Selangor. <i>Mal Journal Med Health Sci</i> 2020; 16(1): 85-93 4. Fatimah Ahmad Fauzi, Nor Afiah Mohd Zulkefli, Anisah Baharom. Prediction and Explanation on Adolescent Aggression: A Study Protocol. <i>Mal Journal Med Health Sci</i> 2020;16(1):106-114 5. Ahmad Dahiru Balami, Salmiah Muhammad Said, Nor Afiah Muhammad Zulkefli. Interventions for Pregnant Women against Malaria: A Mini Review. <i>Obstet Gynecol Res</i> 2019;2(4):067-071 6. Shabbir Ahmed, Afida Mohamad Ali, Shameem Rafik-Galea, Afiza Mohamad Ali, Nor Afiah Mohd Zulkefli. Construction, Identification, and Evaluation of Dengue Promotional Campaign Posters in Language Classroom. <i>International Education Studies</i> 2019; 12(12):150-165 7. Farahana Mohamad Pilus, Norliza Ahmad, Nor Afiah Mohd Zulkefli. Predictors of Exclusive Breastfeeding Among Mothers Attending 8. Rural Health Clinics in Hulu Langat District. <i>Mal J Med Health Sci</i> 2019;15(SP3): 15-21 9. Pugeswary Thangarajah, Halimatus Sakdiah Minhat, Nor Afiah Mohd Zulkefli, Norliza Ahmad. A Review on the Factors Influencing the Attendance of Postpartum Diabetes Screening for Mothers with Gestational Diabetes Mellitus. <i>Mal J Med Health Sci</i> 2019; 15(SP3): 84-88 10. Azreena Che Abdullah, Nor Afiah MZ, Norliza Ahmad, Minhat HS. Sensitivity and Specificity of Screening Tools for Postpartum Depression: A Systematic review. <i>Malaysian Journal of Public Health Medicine</i> 2019;19(2):160-169 11. Damyanthi Krishna, Nor Afiah Mohd Zulkefli, Salmiah Md.Said, Aidalina Mahmud. Sociodemographic and Health Care Factors in Determining the Immunization Defaulters among Preschool Children in Petaling District, Selangor: A Cross Sectional study in Malaysia. <i>BMC Public Health</i> 2019; 19:1275. DOI: 10.1186/s12889-019-7561-z 12. Fatimah Ahmad Fauzi, Nor Afiah Mohd Zulkefli, Halimatus Sakdiah Minhat, Norliza Ahmad. Review Article: Psychosocial Predictors of Adolescent Regression. <i>PERTANIKA Journal Science and Technology</i> 2019;27(4):1485-1508 13. Ghozali Ghozali, Ahmad Azuhairi A, Nor Afiah Mohd Zulkefli, Faisal Ibrahim. The effect of an electronic module about drug abuse prevention on teachers' beliefs in Indonesia. <i>F1000Research</i> 2019;8:115, DOI: (https://doi.org/10.12688/f1000research.17628.1) 14. Ahmed Dahiru Balami, Salmiah Md Said, Nor Afiah Mohd Zulkefli, Norsa'adah Bachok & Emmanuel Luke Balami. An information-motivation-behavioural skills analysis of long-lasting insecticidal net among pregnant women in a hospital in North-Eastern Nigeria. <i>BMC Medical Research Methodology</i> 2019;19 (157).

- <https://doi.org/10.1186/s12874-019-0803-z>
15. Liyanatul Najwa Zakaria, Halimatus Sakdiah Minhat, **Nor Afiah Mohd Zulkefli**, Anisah Baharom, Norliza Ahmad. Factors Contributing Towards Malnutrition among Under Five Indigenous Children: A Systematic Review. *Indian Journal of Science and Technology*, Vol 12(7), DOI: 10.17485/ijst/2019/v12i7/141509, February 2019
 16. Mardiana Omar, **Mohd Zulkefli Nor Afiah**, Ahmad Norliza. Role of sociodemographic, Obstetric History and planning for Pregnancy in Predicting Short Interpregnancy Interval among Antenatal mothers in Klang. *Medical Journal of Malaysia* 2019;74(2);151-159
 17. Ahmed Dahiru Balami, Salmiah Md Said, **Nor Afah Mohd Zulkefli**, Norsa'adah Bachok, Bala Audu. Effects of a health educational intervention on malaria knowledge, motivation, and behavioural skills: a randomized controlled trial, *Malaria Journal* 2019;18:41
 18. OA Bolarinawa, MH Juni, **MZ Nor Afiah**, Salmiah MS, Akande TM. Mid-Term Impact of Home-based Follow-up Care on Health related Quality of Life of Hypertensive Patients at a Teaching Hospital in Ilorin, Nigeria. *Nigerian Journal of Clinical Practice* 2019;22;69-78
 19. Gunenthira R, Minhat HS, **Nor Afiah MZ**, Norliza A. A Systematic Review on Complementary Approach for depression among Adult Prison Inmates. *Malaysian Journal of Public Health Medicine* 2018;18(2):20-27
 20. Suriani Ismail, Huda Zainuddin, Titi Rahmawati Hamedon, Muhammad Hanafiah Juni, **Nor Afiah Mohd. Zulkefli**, Suhainizam bin Muhamad Saliluddin. Factors associated with awareness, knowledge and attitude towards prostate cancer among Malay men in traditional Malay villages, Negeri Sembilan, Malaysia. *Malaysian Journal of Medical and Health Sciences* 2018: 14(2):31-38
 21. Ahmed Dahiru Balami, Salmiah Md Said, **Nor Afah Mohd Zulkefli**, Bachok Norsa'adah, Bala Audu. Knowledge, motivation, self-efficacy, and their association with insecticidal net use among pregnant women in a secondary health centre in Maiduguri, Nigeria. *Malaria Journal* 2018: 17:359
 22. Mohammad Farhan R., **Nor Afiah MZ**, Muhamad Hanafiah Juni. Cost-Effectiveness of A Technology Based Health Intervention Module on Under-Five Childhood Immunization Schedule. *International Journal of Public Health and Clinical Sciences* 2018;5(4):109-122
 23. Ahmed Dahiru Balami, Salmiah M.S, **Nor Afiah M.Z.** Malaria in Pregnancy: A Comprehensive Review. *International Journal of Public Health and Clinical Sciences* 2018: 5(2):17-30
 24. Azrin Shah AB, Aishath N, Al Oran HM, Hani Farhana N, Azreena MB, Fatima Dahiru M, Saba Babeli Y, Suwanmanee S, Hassan I, Alsharif Mohammed K, Sahar Saed B, Suriani I, Ahmad Iqmer Nashriq MN, **Nor Afiah M.Z.**, Rosliza A.M. Knowledge, attitude and practice regarding healthy diet and physical activity among overweight or obese children. *International Journal of Public Health and Clinical Sciences* 2018;5(4):254-266
 25. Azreena Che Abdullah, **Nor Afiah M.Z.**, Rosliza A.M. Predictors for Inadequate Knowledge and Negative Attitude towards Childhood Immunization among Parents in Hulu Langat, Selangor, Malaysia. *Malaysian Journal of Public Health Medicine* 2018;18(1):102-112
 26. Sareh Dashti, Latiffah Abdul Latiff;, **Nor Afiah Binti Mohd Zulkefli**, Anisah Binti Baharom, Halimatus Sakdiah Minhat, Habibah Abdul Hamid, Maimunah Ismail, Ali Jafarzadeh Esfehiani, Azrin Shah Abu Bakar; Nur Amirah Inani Binti Sabri. A Review on the Assessment of the Efficacy of Common Treatments in Polycystic Ovarian Syndrome on Prevention of Diabetes Mellitus. *Journal of Family and Reproductive Health* 2017; 11(2):56-66
 27. Fatimah Ahmad Fauzi, **Nor Afiah Mohd Zulkefli**. Biosocial Background in the Development of Child Overweight and Obesity among Preschoolers in Putrajaya: An Observational Study. *Malaysian Journal of Medicine and Health Sciences* 2017;13(3):11-20
 28. Qudsiah Suliman, Salmiah Md Said, **Nor Afiah Mohd Zulkefli**. Predictors of

	<p>Preventive Practices towards HFMD among Mothers of Preschool Children in Klang District. Malaysian Journal of Medicine and Health Sciences 2017;13(3):21-32</p> <p>29. Nazatul Yusrina Mohamad Yusof, Nor Afiah Mohd Zulkefli, Suriani Ismail, Mohd Faid Abd Rashid. Inadequate Health Literacy on Childhood Immunization and Its Predictors among Antenatal Mothers. Malaysian Journal of Medicine and Health Sciences 2017;13(3):51-60</p> <p>30. Nor Afiah MZ, Najla AB, Hayati KS. Factors affecting Knowledge and Attitudes towards Early Childhood Carries among Arabic Mothers in Malaysia. International Journal of Public Health and Clinical Sciences 2017: 4(4);164-175</p> <p>31. Nor Afiah Mohd Zulkefli, Mohammad Farhan bin Rusli, Anita Abdul Rahman. Predictors of Knowledge, Attitude and Practice of Noise Induced Hearing Loss among Workers in an Automotive Industry in Malaysia. Malaysian Journal of Medicine and Health Sciences 2017;13(1):61-68</p> <p>32. Nor Afiah MZ, Suriani I, Rohaiza Aida HF, Muhamad Syahir Asyraf AR. Knowledge, Attitude and Perceptions on Second Hand Smoke (SHS) Exposure among Undergraduate Students contribute to Avoidance of Second Hand Smoke. International Journal of Public Health and Clinical Sciences 2017</p>
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F. PAST RESEARCH PROJECT (Last five years)					
No Projek	Tajuk Projek	Role	Tahun	Sumber kewangan	Status
GP-IPS/2018/9640800	Mixed Method Approach on Factors Contributing Adolescent Aggressive Behaviour among secondary School Students in Selangor	Principle Investigator	2018	GP-IPS	On-going
GP-IPS/2018/9640900	Quantitative and Qualitative Approach on Physical Activity Predictors among Antenatal Women in Seremban District, Negeri Sembilan.	Principle Investigator	2018	GP-IPS	On-going
GP/2018/9639800	Inductive Approach in the Development and Evaluation of an Intervention Programme for teenage Pregnancy: An Action Study Research	Co-Researcher	2018	GP-Putra	On-going
GP/2017/9585300	The Effect of Health Education Intervention Using Information, Motivation and Behavioral skill (IMB) Model in Reducing Risk of Postpartum Depression among Antenatal Mothers in Port Dickson, Negeri Sembilan.	Principle Investigator	2017	GP-Putra	On-going
GP-IPS/2014/9432300	Evaluation of Patient Aid for Localized Prostate Cancer Patients in Referral Hospitals in Peninsular Malaysia	Principle Investigator	2014	GP-IPS	Completed