

CURRICULUM VITAE



A. PERSONAL DETAILS			
Full name: Norliza Ahmad		Title Dr	
Citizenship Malaysia		Race Malay	Gender Female
Designation Senior Lecturer		Appointment status (full-time, part-time, contract etc) Full-time	
Department/Faculty Community Health Department, Faculty of Medicine and Health Sciences Universiti Putra Malaysia 43400 UPM Serdang, Selangor.		E-mail and URL E-mail: lizaahmad@upm.edu.my	
Research Focus area(s): Family health Child health Adolescent health Public health Obesity			

B. ACADEMIC QUALIFICATIONS			
Qualifications	Name of Institution (Country)	Year of award	Field of specialisation
PhD	Universiti Putra Malaysia	2017	Community Health
MPH	National University of Malaysia	2002	Family Health
MD	University Science Malaysia	1992	Medicine

C. LANGUAGE PROFICIENCY					
LANGUAGE	Poor (1)	Moderate (2)	Good (3)	Very good (4)	Excellent (5)
English				√	
Bahasa Melayu				√	
Chinese					

D. SCIENTIFIC EXPERIENCE AND SPECIALISATION

Organisation	Position	Start date	End date	Expertise

E. EMPLOYMENT

Employer	Designation	Department	Start date	Date ended
Universiti Putra Malaysia	Medical Lecturer	Community Health Department	2012	present
National Population and Family Development Board	Director of Division	Human Reproduction Division	2004	2012
National Population and Family Development Board	Public Health Specialist	Human Reproduction Division	2003	2004
Ministry of Health	Public Health Specialist	Family Health Development Division	2002	2003
Ministry of Health	MPH training	The National University of Malaysia	1998	2002
Ministry of Health	Medical Officer of Health	District Health Office, Kota Kinabalu, Sabah	1998	2000
Ministry of Health	Medical and Health Officer	Health Center, Labuan	1995	1998
Ministry of Health	O & G, Medical Officer	Labuan Hospital	1993	1995
Ministry of Health	O & G, Medical Officer	Queen Elizabeth Hospital, Sabah	1993	1993
Ministry of Health	House Officer	Ipoh General Hospital	1992	1993

F. HONOURS AND AWARDS				
Name of awards	Title	Award authority	Award Type	Year
<i>Academic Awards</i>	Hideyasu Aoyama Award (Award for best MPH student)	The National University of Malaysia	National	2002
<i>Non-Academic Awards</i>	Award for Excellent Service	Universiti Putra Malaysia	National	2019
	Award for Excellent Service	Ministry of Women , Family and Community Development	National	2010
	Appreciation for Excellent Service	National Population and Family Development	National	2008
	Appreciation for Excellent Service	National Population and Family Development	National	2007
	Award for Excellent Service	Ministry of Women , Family and Community Development	National	2005
	Award for Excellent Service	Ministry of Health	National	1998
<i>Awards of Merit</i>	<i>Invention, Inovation dan Design Exposition 20018 - Silver Award</i>	<i>Universiti Teknologi MARA</i>	<i>National</i>	<i>2018</i>
	Global I-Lead Stem Camp, GISC Silver Award	International STEM Olympiad ISTEMO 2019	International	2019

G. LIST OF PUBLICATIONS (From 2011 till present) <i>(Add rows if needed)</i>
Journal/ Proceeding/ Abstract:
Journal
<p>1. Ruth Charles Shapu, Suriani Ismail *, Poh Ying Lim, Norliza Ahmad, Ibrahim Abubakar Njodi . (2020). Knowledge, Attitude and Practice of Adolescent Girls Towards Malnutrition in Maiduguri Metropolitan Council, Borno State, Nigeria: Cross-Sectional Study. <i>Nutrients</i>. 12(6), 1681; https://doi.org/10.3390/nu12061681</p> <p>2. Norliza Ahmad*, Muhammad Afiq M.Z., Nur Azilah A., Boon H.K & Minhat, H.S. (2019). Prevalence and Factors Associated with Sugar-Sweetened Beverage Intake among Undergraduate Students in a Public University in Malaysia. <i>Pakistan Journal of Nutrition</i>. Doi: 10.3923/pjn.2018.</p> <p>3. Farahana Mohamad Pilus, Norliza Ahmad*, Nor Afiah Mohd Zulkefli. 2019 Predictors Of Exclusive Breastfeeding Among Mothers Attending Rural Health Clinics In Hulu Langat District. <i>Malaysian. Journal of Medicine & Health Sciences</i>.15(SP3):15-21</p> <p>4. Liyanatul Najwa Zakaria, Halimatus Sakdiah Minhat, Nor Afiah Mohd Zulkefli, Anisah Baharom, Norliza Ahmad. (2019). Factors Contributing Towards Malnutrition Among Under Five Indigenous Children: A Systematic Review. <i>Indian Journal of Science & Technology</i>.12(7).</p> <p>5. Omar Mardiana, Mohd Zulkefli Nor Afiah & Norliza Ahmad. (2019). Role of sociodemographic, obstetric history and planning of pregnancy in predicting short interpregnancy interval among antenatal mothers in</p>

G. LIST OF PUBLICATIONS (From 2011 till present)**(Add rows if needed)**

Klang, Selangor. Med J Malaysia. 74(2):151-159.

6. Azreena Che Abdullah, Nor Afiah Mohd Zulkefli, Halimatus Sakdiah Minhat, Anisah Baharom & **Norliza Ahmad**. (2019). Sensitivity and Specificity of Screening Tools for postpartum depression: A systematic Review. Malaysian Journal of Public Health Medicine. 19(2):160-169.

7. Wan Iffah Afiqah Ramzaa, Mogana Sugumar, **Norliza Ahmad**, Poh Ying Lim. 2019. Factors Associated with Knowledge and Attitude of Breastfeeding among Staff of Faculty of Medicine and Health Sciences, Universiti Putra Malaysia. Mal J Med Health Sci 15(SP3):

8. Aeshah Hamdan Almutairi, Shamsul Bahri Md Tamrin, Rahmita Wirza, **Norliza Ahmad**. (2019). Systematic Review on Knowledge and Awareness of Breast Cancer and Risk Factors Among Young Women. Advances in Bioscience and Clinical Medicine, 7(1):41-47.

9. Fatimah Ahmad Fauzi, Nor Afiah Mohd Zulkefli, Halimatus Sakdiah Minhat and **Norliza Ahmad**. (2019). Psychosocial Predictors Of Adolescent Aggression. Pertanika J. Sci. & Technol. 27 (4): 1485 – 1508.

10. Halimatus Sakdiah Minhat, Nor Afiah Mohd Zulkefli, **Norliza Ahmad** & Pugeswary A/P Thangarajah. A Review on the Factors Influencing the Attendance of Postpartum Diabetes Screening for Mothers with Gestational Diabetes Mellitus. Mal J Med Health Sci 15(SP3):

11. **Norliza Ahmad***, Zalilah M.S., Firdaus M, & Lye M.S. (2018). Family-based intervention using face-to-face sessions and social media to improve Malay primary school children's adiposity: a randomized controlled field trial of the Malaysian REDUCE programme. Nutrition Journal, 17:74. <https://doi.org/10.1186/s12937-018-0379-1>

12. Nor Afiah Mohd Zulkefli, Halimatus Sakdiah Minhat and **Norliza Ahmad**. (2018). Predictors Of Physical Activity Among Antenatal Women: A Systematic Review. Pertanika Journal of Science and Technology.

13. Gunenthira R., Minhat H.S., Nor Afiah M.Z., Anisah B. & **Norliza A**. (2018). A systematic review on complementary approach for depression among adult prison inmates. Malaysian Journal of Public Health Medicine, 18(2): 20-27.

14. **Norliza A***, Lye M.S., Zalilah M.S. & Firdaus M. (2016). Harnessing social media in family-based intervention for childhood obesity: study protocol for randomized controlled field trial of REDUCE programme. International Journal of Public Health and Clinical Sciences, 3 (5), 95-109.

15. **Norliza, A***, Nor Afiah, M.Z., Anisah, B., Minhat, H.S., Firdaus, M., Zalilah, M.S., & Lye, M.S. (2014). A systematic review of Internet-based family intervention for childhood obesity. World Journal of Medical Sciences, 11 (1), 144-152. doi: 10.5829/idosi.wjms.2014.11.1.8481.

Proceedings

1. **Norliza A.**, Lye M.S., Zalilah M.S. & Firdaus M.(2018). Are parents confident in encouraging their children to practice healthy lifestyle? Malaysian Journal of Public Health Medicine. (Supplement 2). 2018. ISSN: 1675-0306.

2. **Norliza A.**, Lye M.S., Zalilah M.S. & Firdaus M. (2018). Using social media to educate parents with obese children. Malaysian Journal of Public Health Medicine. (Supplement 2). 2018. ISSN: 1675-0306.

Books/Monographs/Learning Teaching Material

1. Study on Public Awareness and Knowledge Regarding Infertility. 2014. National Population and Family Development Board.

G. LIST OF PUBLICATIONS (From 2011 till present) <i>(Add rows if needed)</i>
2. Jalinan Kasih. Panduan Rawatan Subfertiliti. 2010. ISBN 978-983-2205-70-8. 33 pages.
3. Manual Jurulatih Program Pendidikan Kesihatan Reproduksi & Sosial. 2012. ISSN 1985-6172. 184 pages.
4. Kajian Pendapat Kontraseptif Kecemasan Kesedaran dan Penggunaannya. 2012. ISBN 978-983-2205-77-7. 45 pages.
5. Garispanduan Pelaksanaan Program Vaksinasi HPV Untuk Wanita. 2012. 96 pages.
6. Garispanduan Pelaksanaan Program Subsidi Ujian Mamogram. 2012. ISBN 978-993-2205-81-4. 54 pages.
7. Garispanduan Pelaksanaan Program Subsidi Ujian Mamogram Untuk Pusat Mamogram Swasta. ISBN 978-983-2205-82-1. 22 pages.
8. Garispanduan Penyertaan Pertubuhan Bukan Kerajaan Dalam Program Subsidi Ujian Saringan Mamogram. 2012. ISBN 978-983-2205-83-8. 20 pages.
9. Modul Kesejahteraan Hidup. 2011. ISBN 978-983-2205-74-6. 176 pages. viii) Buku Kerja Modul Kesejahteraan Hidup. 2011. ISBN 978-983-2205-75-3. 92 pages.
Chapter in book
1. Adolescent Reproductive Health Status in Health Status of Youth In Malaysia. 2012. ISBN 978-967-0399-15-7. 40 pages.

H. RESEARCH PROJECTS (From 2011 till present)				
Project title	Role	Year	Source of fund	Status
Predictors for high screen time among under five children in Klang Valley, Selangor.	Main researcher	2018-2029	UPM	On going
Factors associated with exclusive breastfeeding status among mothers attending rural health clinics in Hulu Langat District	Main researcher	2018-2029	UPM	Completed
Factors associated with overweight and obesity among undergraduate students residing in Universiti Putra Malaysia	Main researcher	2018-2029	UPM	Completed
Double-Blind Randomized Controlled Field Trial Using Social Media in a Family-Based Intervention for Overweight and Obese Malay Children, Bangi, Selangor.	Main researcher	2014-2016	UPM	completed
Risk and Protective Factors Affecting Adolescent Sexual and Reproductive Health in Malaysia	Co-researcher	2010-2012	RMK-9	completed
Opinion Poll: Emergency Contraceptive, Awareness and Usage	Co-researcher	2010-2011	NPFDB	completed
Health Status of Youth in Malaysia	Co-researcher	2010-2011	NPFDB and MOH	completed
Pre- and Post-test on Reproductive Health and Social Education Module for National Service Trainees	Co-researcher	2011-2012	NPFDB	completed

I. COURSES TAUGHT IN MASTER OF PUBLIC HEALTH (MPH) PROGRAMME

1. SPH5311 Family Health and Population
2. SPH 5322 Child and Adolescent Health
3. SPH5324 Geriatric Health
4. SPH5113 Health Research Methodology and Research Proposal Presentation
5. SPH5323 Women and Health
6. SPH5911 Public Health Medicine Practical Training
7. SPH5922 Dissertation

J. COURSES TAUGHT IN DOCTOR OF PUBLIC HEALTH (DrPH) PROGRAMME

1. SPH6337 Special topics in Family Health
2. SPH6329 Physical and Social Growth of Children
3. SPH6321 Adult Health
4. SPH6115 Special topics in Epidemiology and Statistics
5. SPH6222 Doctor of Public Health Research
6. SPH 6333 Elderly Health (Advanced)
7. SPH6911 Public Health Residency
8. SPH6903 Doctor of Public Health Dissertation Seminar
9. SPH6904 Progress Seminar
10. SPH6905 Final Seminar

H. COURSES TAUGHT IN OTHER PROGRAMME

1. SPP3591 Problem-based Learning
2. SPP3621 Research Methodology and Project
3. SPP3424 Public Health Medicine