

CURRICULUM VITAE



Name : Dr. Chong Seng Choi
 Position : Senior lecturer
 Department : Psychiatry
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Education

1. Medical Doctor (Universiti Putra Malaysia), 2007
2. Master of Medicine (Psychiatry) (Universiti Putra Malaysia), 2017

Areas of Interest

1. Personality disorders
2. Psychodynamic psychotherapy
3. Mentalization-based treatment
4. Consultation-liaison psychiatry

Professional Qualification/ Membership/ Affiliation

1. Member of the Royal College of Psychiatrists (UK), 2018
2. Foundation training of mentalization-based treatment (Anna Freud Centre, UK)

Appointments (Inside and Outside UPM)

1. Senior lecturer, Faculty of Medicine and Health Sciences, UPM
2. Psychiatrist, Hospital Pengajar UPM
3. Supervisor and co-supervisor for medical students, students of Master of Science (Psychological Medicine), students of Master of Medicine (Psychiatry) and students of PhD (Psychological Medicine)

Appointments (Inside and Outside UPM)

Date	Designation	Remarks
1. 2019 till now	Introductory Psychiatry posting coordinator	
2. 2019 till now	Psychiatry department research coordinator	
3. 2019 till now	Advisor for Lipidware Sdn. Bhd. (REMDII)	
4. 2018 till now	Committee member for Hospital Pengajar UPM THIS system	
5. 2017 till now	Associate member for Effective Living Sdn Bhd.	
6. 2017 till now	Reviewer for Malaysian Journal of Medicine and Health Sciences (by invitation basis)	By invitation basis
7. 2017 till now	Examiner for Master of Medicine (Psychiatry) conjoint examination	

Publications

Journals (in 5 years)

1. Masiran, R., Ismail, S.I.F., Ibrahim, N., Kit-Aun Tan, Beatrice Ng Andrew, **Seng Choi Chong**, & Kwong-Yan Soh. (2018). Associations between coping styles and psychological stress among medical students at Universiti Putra Malaysia. *Current Psychology*. <https://doi.org/10.1007/s12144-018-0049-7>
2. Kai Wei Lee, Siew Mooi Ching, Fan Kee Hoo, Vasudevan Ramachandran, **Seng Choi Chong**, Maisa Tusimin, & Noraihan Mohd Nordin. (2019). Prevalence and factors associated with depressive, anxiety and stress symptoms among women with gestational diabetes mellitus in tertiary care centres in Malaysia: A cross-sectional study. *BMC Pregnancy and Childbirth*, 19(1), 367. <https://doi.org/10.1186/s12884-019-2519-9>
3. **Seng Choi Chong**, Normala Ibrahim, Jin Kiat Ang, Ruziana Masiran, Kit-Aun Tan, Beatrice Ng Andrew, Kwong-Yan Soh, & Suresh Kumar (2019). The Role of Depression, Anxiety and Illness Characteristics on Risky Sexual Behaviour Among People Living with Human Immunodeficiency Virus in A Malaysian Tertiary Reference Hospital. *Current Psychiatry Research and Reviews*, 15(4), 267-276. <https://doi.org/10.2174/2666082215666191022112412>
4. Kai Wei Lee, Siew Mooi Ching, Vasudevan Ramachandran, Maiza Tusimin, Noraihan Mohd Nordin, **Seng Choi Chong**, & Fan Kee Hoo (2019). Association analysis of 14 candidate gene polymorphism with depression and stress among gestational diabetes mellitus. *Genes*, 10(12), 988. <https://doi:10.3390/genes10120988>
5. Kai Wei Lee, Siew Mooi Ching, Fan Kee Hoo, Ramachandran Vasudevan, **Seng Choi Chong**, Maisa Tusimin, Noraihan Mohd Nordin, Navin Kumar Devaraj, Ai Theng Cheong, & Yook Chin Chia (2019). Neonatal outcomes and its association among gestational diabetes mellitus with and without depression, anxiety and stress symptoms in Malaysia: A cross-sectional study. *Midwifery*, 81, 102586. <https://doi:10.1016/j.midw.2019.102586>
6. Kai Wei Lee, Siew Mooi Ching, Navin Kumar Devaraj, **Seng Choi Chong**, Sook Yee Lim, Hong Chuan Loh, & Habibah Abdul Hamid (2020). Diabetes in Pregnancy and Risk of Antepartum Depression: A Systematic Review and Meta-Analysis of Cohort Studies. *International Journal of Environmental Research and Public Health*, 17(11), 3767. <https://doi:10.3390/ijerph17113767>
7. Navin Kumar Devaraj Kai Wei Lee, Siew Mooi Ching, Fan Kee Hoo, Vasudevan Ramachandran, **Seng Choi Chong**, Maiza Tusimin, Faith En Ang, Noraihan Mohd Nordin (2020). Factors associated with poor-to-moderate quality of life among pregnant women with gestational diabetes mellitus: a cross-sectional study in Malaysia. *Quality of Life Research*. <https://doi.org/10.1007/s11136-020-02532-3>
8. Lee, K. W., Ching, S. M., Hoo, F. K., Ramachandran, V., **Chong, S. C.**, Tusimin, M., Mohd Nordin, N., Devaraj, N. K., Cheong, A. T., & Chia, Y. C. (2020). Neonatal outcomes and its association among gestational diabetes mellitus with and without depression, anxiety and stress symptoms in Malaysia: A cross-sectional study. *Midwifery*, 81, 102586. <https://doi.org/10.1016/j.midw.2019.102586>
9. **Chong S. C.** (2020). Psychological impact of coronavirus outbreak on borderline personality disorder from the perspective of mentalizing model: A case report. *Asian journal of psychiatry*, 52, 102130. Advance online publication. <https://doi.org/10.1016/j.ajp.2020.102130>
10. Lee KW, Loh HC, **Chong SC**, Ching SM, Devaraj NK, Tusimin M, Abdul Hamid H, Hoo FK (2020). Prevalence of anxiety among gestational diabetes mellitus patients: A systematic review and meta-analysis. *World Journal of Meta-Analysis*, In press
11. **Seng Choi Chong**, Jin Kiat Ang, Hazleena Hashim (2020). The fear of what goes up must come down: A case report of vulnerable narcissism. *Asian Journal of Psychiatry*, In press
12. **Seng Choi Chong** & Normala I (2020). A case of unrecognized psychogenic polydipsia. *Malaysian Journal of Medicine and Health Sciences*, In press

Conference Proceedings (in 5 years)

1. **Chong S.C.**, Norliza C.M., Salina A.A., Norni A. (2015). Clinical audit of psychiatric in-patients with co-occurring substance-related and mental disorder. Kuala Lumpur Mental Health Conference 2015.

Books (If any)

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Chapter in Books (If any)

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Research Grants
Received 2020

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On-going

Primary Investigator for “Prevalence and predictors of depression and anxiety among patients with chronic skin disorders in Malaysia government hospitals”

Research Grants

No.	Project Title	Amount (RM)	Year	Source of Fund
1.	Prevalence and predictors of depression and anxiety among patients with chronic skin disorders in Malaysia government hospitals	60,000	2018 till now	Geran Putra - Inisiatif Putra Muda

Awards/ Recognition (Current)

No.	Name of awards	Award Authority	Award Type	Year
1.	Pekerja cemerlang	Jabatan Kesihatan Negeri Selangor	State-level	2012
2.	Pekerja cemerlang	Hospital Kajang	Hospital-level	2012
3.	Best poster presentation	Kuala Lumpur Mental Health Conference 2015	National level	2015

Professional Services/ Consultation

No.	Year	Title	Authority
1.	2017 till now	Associate member	Effective Living Sdn Bhd.
2.	2019 till now	Advisor	Lipidware Sdn. Bhd. (REMDII)

Student Supervision
PhD (Main Supervisor)

No.	Name	Title	Status
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Master with Thesis (Main Supervisor)

No.	Name	Title	Status
1.	Ayesha Siddique	Master of Medicine (Psychological Medicine)	2 nd semester (on-going)

Master without Thesis (Main Supervisor)

No.	Name	Title	Status
1.	Nur Hafidah Ishak	Master of Medicine (Psychiatry)	Year 3 (on-going)
2.	Teo Pey Fang	Master of Medicine (Psychiatry)	Year 3 (on-going)
3.	Phrindha a/p Murugays	Master of Medicine (Psychiatry)	Year 2 (on-going)

Attended Seminars/ Workshops/ Forums both National and International

No.	Year	Title	Organizers
1.	2020	Foundation training of mentalization-based treatment	Anna Freud Centre, UK
2.	2019	Introduction to Acceptance and Commitment Therapy Workshop	Persatuan Perubatan Tingkahlaku Malaysia
3.	2019	Masterclass in Antidepressant Treatment 2019	Lundbeck Institute
4.	2019	Manuscript Writing Workshop: Developing Theory from Literature	Grounded Learning (M) Sdn. Bhd.
5.	2019	Neuroscience Symposium	Lundbeck Institute
6.	2019	Malaysia's 1 st Psychoanalysis Symposium 2019	HELP university
7.	2019	Psychodynamic Psychotherapy Workshop	Malaysian Psychiatric Association & World Psychiatric Association Psychotherapy Section
8.	2019	23 rd Malaysian Conference of Psychological Medicine (MCPM) & 1 st International WPA Psychotherapy Conference	Malaysian Psychiatric Association & World Psychiatric Association Psychotherapy Section
9.	2019	Psychodynamic Workshop	UKM
10.	2019	Workshop: Systematic Literature Review	UKM
11.	2019	Workshop: Ambiguity, misunderstanding and listening in psychoanalysis	Lighthouse: Psychological Wellbeing Centre

Intellectuals Property

Patent Granted

No.	Date	Patent No.	Name
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Patent Field

No.	Date	Patent No.	Name
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