



## CURRICULUM VITAE

A. BUTIR-BUTIR PERIBADI ( <i>Personal Details</i> )			
Nama Penuh ( <i>Full Name</i> )	DR. THEW HUI ZHU	Gelaran ( <i>Title</i> ) DR.	
Warganegara ( <i>Citizenship</i> ) MALAYSIAN	Bangsa ( <i>Race</i> ) CHINESE	Jantina ( <i>Gender</i> ) FEMALE	
Jawatan ( <i>Designation</i> )	FAMILY MEDICINE SPECIALIST & MEDICAL LECTURER	Tarikh Lahir ( <i>Date of Birth</i> )	16 SEPTEMBER 1986
DEPARTMENT OF FAMILY MEDICINE, FACULTY OF MEDICINE AND HEALTH SCIENCES, UNIVERSITI PUTRA MALAYSIA  Tel: +603-8947 2538/2532 Fax: +603-8947 2328		E- mail: <a href="mailto:jothew@upm.edu.my">jothew@upm.edu.my</a> or <a href="mailto:jothew916@gmail.com">jothew916@gmail.com</a>  URL: <a href="https://www.linkedin.com/in/hzthew">linkedin.com/in/hzthew</a> <a href="https://orcid.org/0000-0001-5845-7239">orcid.org/0000-0001-5845-7239</a>	

B. KELAYAKAN AKADEMIK ( <i>Academic Qualification</i> )			
Nama Sijil Kelayakan ( <i>Certificate / Qualification obtained</i> )	Nama Sekolah Institusi ( <i>Name of School / Institution</i> )	Tahun ( <i>Year obtained</i> )	Bidang pengkhususan ( <i>Area of Specialization</i> )
MASTER DEGREE	UNIVERSITI PUTRA MALAYSIA (UPM)	2019	FAMILY MEDICINE

MEDICAL DEGREE	NIZHNY NOVGOROD STATE MEDICAL ACADEMY (NNSMA)	2010	MEDICINE
CERTIFICATION IN SCOPE	WORLD OBESITY FEDERATION	2021	OBESITY MANAGEMENT

<b>C. KEMAHIRAN BAHASA (<i>Language Proficiency</i>)</b>					
Bahasa / <i>Language</i>	Lemah <i>Poor (1)</i>	Sederhana <i>Moderate (2)</i>	Baik <i>Good (3)</i>	Amat Baik <i>Very good (4)</i>	Cemerlang <i>Excellent (5)</i>
English			√		
Bahasa Melayu			√		
Chinese			√		
Lain-lain ( <i>other</i> ): Cantonese, Hokkien, Russian		√			

<b>D. PENGALAMAN SAINTIFIK DAN PENGKHUSUSAN (<i>Scientific experience and Specialisation</i>)</b>			
<i>Organization</i>	<i>Position</i>	<i>Start Date</i>	<i>End Date</i>
FAMILY MEDICINE SOCIETY ASSOCIATION (FMSA)	MEMBER	2019	PRESENT
MALAYSIA SOCIETY OF HYPERTENSION (MSH)	MEMBER	2018	LIFE MEMBER
Malaysian- World Action on Salt and Health Society (MyWASSH)	COMMITTEE MEMBER	2021	PRESENT
MALAYSIAN MEDICAL ASSOCIATION (MMA)	MEMBER	2016	PRESENT

**E. SENARAI PENERBITAN****(Sila masukan nama pengarang, tajuk, nama jurnal, jilid, muka surat dan tahun diterbitkan)****(List of publications – author (s), title, journal, volume, page and year published)**

Journal	1. Zhu, T. H., Mooi, C. S., Shamsuddin, N. H., & Mooi, C. S. (2019). Diabetes empowerment scores among type 2 diabetes mellitus patients and its correlated factors: A cross-sectional study in a primary care setting in Malaysia. World journal of diabetes, 10(7), 403–413. <a href="https://doi.org/10.4239/wjd.v10.i7.403">https://doi.org/10.4239/wjd.v10.i7.403</a>
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**E. PEKERJAAN (Employment)**

Majikan / Employer	Jawatan / Designation	Jabatan / Department	Tarikh lantikan / Start Date	Tarikh tamat / Date Ended
Universiti Putra Malaysia	Family Medicine Specialist and Medical Lecturer DU53	Department of Family Medicine	November 2021	Present
Ministry of Health	Family Medicine Specialist and District Head of FMS	Klinik Kesihatan Pengkalan Hulu, PKD Hulu Perak, JKN Perak	August 2019	Oct 2021
Ministry of Health	Family Medicine Specialist (Gazettement process for 6 months)	Klinik Kesihatan Kajang, PKD Hulu Langat, JKL Selangor	Jan 2019	Aug 2019
Ministry of Health	Family Medicine Resident	Klinik Kesihatan Kuala Lumpur, JKWPKL	Feb 2018	Dec 2019
Ministry of Health	Family Medicine Resident	Pusat Kesihatan Universiti, UPM	Oct 2017	Jan 2018
Ministry of Health	Family Medicine Resident	Klinik Kesihatan Putrajaya Presint 18, JKWPKL	June 2017	Oct 2017
Ministry of Health	Family Medicine Resident	Hospital Serdang and Hospital Kuala Lumpur	June 2015	May 2017

Ministry of Health	Medical Officer	Klinik Kesihatan Bandar Sungai Petani, Kedah	March 2012	May 2015
Ministry of Health	Medical Officer in Paediatrics department	Hospital Sultan Abdul Halim, Kedah	Nov 2012	Feb 2012
Ministry of Health	House Officer	Hospital Sultan Abdul Halim, Kedah	Oct 2010	Oct 2012

**F. Penyertaan aktiviti komuniti , pendidikan berterusan, expert group dan keanggotaan organisasi saintifik/ profesional kebangsaan**

Community activity experience	<ol style="list-style-type: none"> <li>1. Implement a Diabetes Enhance Class monthly program and health talk to empower DM patients in their self-care.</li> <li>2. Set up fall awareness and prevention monthly programs and health talks to educate and screen the geriatric population.</li> <li>3. Providing community service to Orang Asli at Klinik Kesihatan Kemar on a monthly basis.</li> <li>4. Health talk on quitting smoking in Hospital Gerik.</li> </ol>
Work related to medical education experience	<ol style="list-style-type: none"> <li>1. Conducting CME monthly to teach and update medical officers and staff evidence based medicine in Primary care.</li> <li>2. Encourage and provide guidance for those medical officers who are interested in Family medicine and plan to further study.</li> </ol>
Administrative and clinical work experience	<ol style="list-style-type: none"> <li>1. Liaison and coordinator between JKN Perak and FMS in PKD Hulu Perak.</li> <li>2. Non Communicable Disease advisor in District level</li> <li>3. Anemia in pregnancy advisor in District level</li> <li>4. In-service experience to KKIA Gerik, KK Plang, KK Kemar and Pasukan Bergerak Orang Asli in PKD Hulu Perak</li> </ol>