

CURRICULUM VITAE



Nor Faiza binti Mohd. Tohit (Dr.)

Public Health Medicine Specialist / Medical Lecturer
Department of Community Health
Faculty of Medicine and Health Sciences
Universiti Putra Malaysia
43400 UPM Serdang,
Selangor

Email: faizatohit@upm.edu.my
ORCID: 0000-0001-6575-2906
SCOPUS ID: 57213620091

Education

1. 2018 : Doctorate in Public Health (DrPH), Universiti Putra Malaysia
2. 2015 : Master in Public Health (MPH), Universiti Putra Malaysia
3. 2006 : Doctor in Medicine (MD), Universiti Malaysia Sarawak

Areas of Interest

1. Sexual and reproductive health
2. Climate change
3. Geriatric
4. Health service management
5. Injury prevention

Professional Qualification/ Membership/ Affiliation

Membership

1. Persatuan Pakar Perubatan Kesihatan Awam Malaysia (PPPKAM) - Malaysian Public Health Medical Association
2. Malaysia Medical Association (MMA)

Professional Qualifications

1. 2024 : Certificate of Equip Aged Care Learning Introductory Package from Wicking Dementia Research and Education Centre, University of Tasmania
2. 2024 : Basic Course In Human Research For Research Support Personnel (Biomedical) From Collaborative Institutional Training Initiative (Citi), USA
3. 2022 : Family Planning: An Online Evidence-based Course from The Geneva Foundation for Medical Education and Research
4. 2022: Certificate on adolescents and children sexual reproductive and health, World Health Organization (WHO)
5. 2019 : Postgraduate Diploma in Islamic Studies, International Islamic University Malaysia

Appointments (Inside and Outside UPM)		
Date	Designation	Remarks
1. 2024 until present	Editorial Board Members of International Journal of Public Health and Clinical Sciences (IJPHCS)	
2. 2025	PLOS One Journal Academic Editor	

Publications
Journals (in 5 years)

a) Web of Science

- Tohit, N. F. M., & Haque, M.** (2026). Fighting the infodemic: Global policy strategies for digital platform governance and health trust. *Advances in Human Biology*, 16(1).
https://doi.org/10.4103/aihb.aihb_259_25
- Tohit, N. F. M., Minhat, H. S., Hassan, N. A., & Haque, M.** (2026). Climate change and older adults: A scoping review of health impacts and policy recommendations. *Advances in Human Biology*, 16(1).
https://doi.org/10.4103/aihb.aihb_260_25
- Maryem, S. F., Lau, H. C., Firdaus, A., Roslan, N. A., & Tohit, N. F. M.** (2026). Prevalence of sexual and reproductive health issues among school-going adolescents in Hulu Langat District, Malaysia: Findings from the Borang Saringan Status Kesihatan Remaja-A cross-sectional study. *Malaysian Family Physician: the Official Journal of the Academy of Family Physicians of Malaysia*, 21, 23.
<https://doi.org/10.51134/mfp.2026.v21.023>
- Tohit, N. F. M., Ya, R. M., & Haque, M.** (2025). Bridging the Gap: Integrating Food Security into Healthcare for Healthier Futures—A Scoping Review. *Advances in Human Biology*, 15(2), 177-199.
https://doi.org/10.4103/aihb.aihb_245_24
- Tohit, N. F. M., Minhat, H. S., & Haque, M.** (2025). At Life's Crossroads: A Systematic Review of End-of-life Care Preferences in Older Adults. *Advances in Human Biology*, 10-4103.
https://doi.org/10.4103/aihb.aihb_246_24
- Tohit, N. F. M., Rashid, S. A. Z. A., Fadakar, M. S., Chiun, L. H., & Haque, M.** (2025). Paving the Path: Innovative Strategies by the Ministry of Health Malaysia to Overcome Challenges and Enhance Adolescents' Sexual and Reproductive Health. *Advances in Human Biology*, 10-4103.
https://doi.org/10.4103/aihb.aihb_247_24
- Tohit, N. F. M., Ya, R. M., & Haque, M.** (2025). Seniors and Sustenance: A Scoping Review on Food Security in the Elderly. *Advances in Human Biology*, 10-4103
https://doi.org/10.4103/aihb.aihb_248_24
- Mohd Tohit, N. F., & Haque, M.** (2024). Breaking the Cycle: Addressing Period Poverty as a Critical Public Health Challenge and Its Relation to Sustainable Development Goals. *Cureus*, 16(6).
<https://doi.org/10.7759/cureus.62499>
- Mohd Tohit, N. F., & Haque, M.** (2024). Preparing the Younger Generation for an Aging Society: Strategies, Challenges, and Opportunities. *Cureus*, 16(7). <https://doi.org/10.7759/cureus.64121>

10. **Mohd Tohit, N. F., & Haque, M.** (2024). Gerontology in Public Health: A Scoping Review of Current Perspectives and Interventions. *Cureus*, 16(7). <https://doi.org/10.7759/cureus.65896>
11. **Mohd Tohit, N. F., & Haque, M.** (2024). Forbidden Conversations: A Comprehensive Exploration of Taboos in Sexual and Reproductive Health. *Cureus*, 16(8). <https://doi.org/10.7759/cureus.66723>
12. **Mohd Tohit, N. F., & Haque, M.** (2024). Empowering Futures: Intersecting Comprehensive Sexual Education for Children and Adolescents With Sustainable Development Goals. *Cureus*, 16(7). <https://doi.org/10.7759/cureus.65078>
13. **Tohit, N. F. M., Rashid, S. A. Z. A., Fakuradzi, W. F. S. W. A., Zaidi, N. A. A., & Haque, M.** (2024). Exploring pathways from community involvement to empowerment in sexual and reproductive health: A public health perspective. *Advances in Human Biology*, 14(4), 296-307. <https://doi.org/10.4103/aihbm.11224>
14. **Tohit, N. F. M., & Haque, M.** (2024). The new frontier of ageing: Innovations and insights in gerontology. *Advances in Human Biology*, 14(4), 261-268. <https://doi.org/10.4103/aihbm.1102>

b) Scopus

1. **Tohit, N. F. M., Fakuradzi, W. F. S. W. A., Minhat, H. S., & Haque, M.** (2026). Understanding Children with Autism in ASEAN and Malaysia Through a Public Health Lens: A Scoping Review of Current Research. *Bangladesh Journal of Medical Science*, 25(1), 28-37.
2. **Tohit, N. F. M., & Haque, M.** (2026). Empowering Communities: Health Equity through Authentic Leadership. *Bangladesh Journal of Medical Science*, 25(2), 375-384
3. Maryem, S. F., Lau, H. C., Firdaus, A., Roslan, N. A., & **Mohd Tohit, N. F.** (2026). Prevalence of sexual and reproductive health issues among school-going adolescents in Hulu Langat District, Malaysia: Findings from the Borang Saringan Status Kesihatan Remaja - A cross-sectional study. *Malaysian family physician : the official journal of the Academy of Family Physicians of Malaysia*, 21, 23.
4. **Tohit, N. F. M., Abd Rashid, S. A. Z., Zaidi, N. A. A., & Haque, M.** (2025). Social Entrepreneurship Initiatives Addressing Period Poverty: Mapping Strategies and Outcomes. *Bangladesh Journal of Medical Science*, 24(1), 33-50.
5. **Tohit, N. F. M., Ya, R. M., & Haque, M.** (2025). Unveiling the Impacts of Food Security on Community Health: A Scoping Review. *Bangladesh Journal of Medical Science*, 24(2), 307-330.
6. **Mohd Tohit, N. F., & Haque, M.** (2024). Leveraging Technology to Transform Sexual and Reproductive Health Services. *Bangladesh Journal of Medical Science*, 23(4), 896-906. <https://doi.org/10.3329/bjms.v23i4.76502>

7. **Mohd Tohit, N. F.**, Aidid, E. M., & Haque, M. (2024). Climate Change and Vector-Borne Diseases: A Scoping Review on the Ecological and Public Health Impacts. *Bangladesh Journal of Medical Science*, 23(4), 915–933. <https://doi.org/10.3329/bjms.v23i4.76500>
8. Rusli, Mohammad Farhan and Zainal Abidin, Muhammad 'Adil and **Mohd Tohit, Nor Faiza** and Abdul Khaiyom, Jamilah Hanum and Md Rosli, Ahmad Nabil and Ridzwan, Hijaz and Mohamad Fuad, Adha Radha Nasheha and Badrol Hisham, Afaf Qamelia and Zamzuri, Iman Aisha and Mahmud, Siti Mariah (2023) Selangor Mental Sihat (SEHAT) helpline: a digital mental health intervention for the advocacy and intervention of mental health. *Malaysian Journal of Public Health Medicine*, 23 (Suppl. 1). ISSN 1675-0306 E-ISSN 2590-3829
9. Zainal Abidin, Muhammad 'Adil, Rusli, Mohammad Farhan, Abdul Khaiyom, Jamilah Hanum, Md Rosli, Ahmad Nabil, Ridzwan, Hijaz, **Mohd Tohit, Nor Faiza**, Mohamad Fuad, Adha Radha Nasheha and Badrol Hisham, Afaf Qamelia, Zamzuri, Iman Aisha and Mahmud, Siti Mariah (2023) Subsidised psychiatry treatment in Selangor Mental Sihat (SEHAT) programme. *Malaysian Journal of Public Health Medicine*, 23 (Suppl. 1). ISSN 1675-0306 E-ISSN 2590-3829
10. Pasi, Hafizah and Ab Rahman, Jamalludin and Mohd Rus, Razman and Abd. Aziz, Karimah Hanim and Nasreen, Hashima E and Yusof, Muhammad Zubir and Hassan, Noor Artika and **Mohd Tohit, Nor Faiza** and Mohammad Aidid, Edre and Rusli, Mohammad Farhan and Zainal Abidin, Muhammad 'Adil (2021) Non-communicable Diseases (NCDs) and modifiable risk Factors profiling among adults in a selected FELDA settlement in East Coast of Pahang. *Malaysian Journal of Medicine and Health Sciences*, 17 (Supp5). p. 40. E-ISSN 2636-9346
11. **Tohit, N. F.**, Lye, M. S., & Rampal, L. (2017). Prevalence and predictors of pediculosis capitis among primary school children in Hulu Langat, Selangor. *The Medical journal of Malaysia*, 72(1), 12–17.

c) MyCite

1. Sexual exploitation in military and healthcare settings: a dual-perspective reflection Abdul Rashid, S. A. Z., Adam, S. H., **Mohd Tohit, N. F.**, Wan Ahmad Fakuradzi, W. F. S., & Ahmad Zaidi, N. 'Adnin. (2026). Sexual Exploitation In Military And Healthcare Settings: A Dual-Perspective Reflection. *Zulfaqar Journal of Defence Science, Engineering & Technology*, 9(1).
2. Badrol Hisham, Afaf Qamelia and Zainal Abidin, Muhammad Adil and **Mohd Tohit, Nor Faiza** and Rusli, Mohammad Farhan and Abdul Khaiyom, Jamilah Hanum (2024) The relationship between mental health literacy and depression among older adults in Selangor. *International Journal of Public Health and Clinical Sciences*, 11 (1). pp. 1-13. E-ISSN 2289-7577
3. **Nor Faiza Mohd Tohit**, Rampal Lekhranj, Munn Sann Lye, Poh Ying Lim, Suhainizam Muhamad Saliluddin (2018). Recurrent infestation with pediculosis capitis among aged 10-11 students in Hulu Langat, Selangor. *International Journal of Public Health and Clinical Sciences (IJPHCS)*, 5 (4). , 0 pp. 95-108.
4. **Nor Faiza Mohd Tohit**, Rampal Lekhranj, Munn Sann Lye, Suhainizam Muhamad Saliluddin (2018). Development of health education module for the school-based health education intervention to improve the knowledge, attitude and practices on pediculosis capitis. *International Journal of Public Health and Clinical Sciences (IJPHCS)*, 5 (5)., 0 pp. 273-294.

5. Noorhashirin Harith, **Nor Faiza Mohd Tohit**, Mohammad Farhan Rusli, Muhamad Hanafiah Juni (2016). Assessing Malaysian disaster preparedness for flood. *International Journal of Public Health and Clinical Sciences*, 3 (2). , 0 pp. 1-15.

d) Other journals

1. **Nor Faiza binti Mohd. Tohit**, Siti Athirah Zafirah, Preserving Seniors Health: Safeguarding Malaysia's Elderly With Pneumococcal Vaccination. *International Journal for Studies on Children, Women, Elderly and Disabled People* Vol. 20, Jan. 2024 (ISSN 0128-309X).
2. **Nor Faiza binti Mohd. Tohit**, Siti Athirah Zafirah, Preserving Seniors Health: Safeguarding Malaysia's Elderly With Pneumococcal Vaccination. *International Journal for Studies on Children, Women, Elderly and Disabled People* Vol. 20, Jan. 2024 (ISSN 0128-309X).
3. **Mohd Tohit, Nor Faiza** and Syed Hussien, Sh Fatimah Alzahrah and Sulaiman, Szariannie and Rokis, Rohaiza (2021) Kemiskinan haid: Krisis Kesihatan Awam yang Perlu Diakhiri. *International Journal for Studies on Children, Women, The Elderly and Persons with Disabilities (IJCWED)*, 14. pp. 109-112. E-ISSN 0128-309XT
4. Rokis, Rohaiza and Syed Hussien, Sh Fatimah Alzahrah and Sulaiman, Szariannie and **Mohd Tohit, Nor Faiza** (2021) Memperkasakan keusahawan sosial produk menstruasi bagi membasmi kemiskinan haid. *International Journal for Studies on Children, Women, The Elderly and Persons with Disabilities (IJCWED)*, 14. pp. 41-47. E-ISSN 0128-309X
5. **Tohit, N. F. M.**, Saliluddin, S. M., Rampal, D. D. L., & Ying, L. P (2019). Effectiveness of School-Based Health Education Intervention On Knowledge, Attitude And Practices In Pediculosis Capitis, *International Journal for Studies on Children, Women, Elderly And Disabled*. Vol. 7, (June)ISSN 0128-309X
- Nor Faiza, M. T.**, Noor Artika, H., & Yusof, M. Z. (2019). An overview of scheduled wastes management in Malaysia. *Journal of Wastes and Biomass Management (JWBM)*, 1(2), 1-4.
6. **Nor Faiza, M. T.**, Hassan, N. A., Mohammad Farhan, R., Edre, M. A., & Rus, R. M. (2019). Solid Waste: Its Implication for Health and Risk of Vector Borne Diseases. *Journal of Wastes and Biomass Management (JWBM)*, 1(2), 14-17. International Medical Journal Malaysia
7. **Nor Faiza, M. T.**, Noor Artika, H., & Yusof, M. Z. (2019). Health Care Waste Management and Sustainable Development Goals in Malaysia. *Journal of Wastes and Biomass Management (JWBM)*, 1(1), 18-20.

Conference Proceedings (in 5 years)

1. **Tohit, N. F. M.**, Fakuradzi, W. F. S. W. A., Minhat, H. S., Adam, S. H., & Rashid, S. A. Z. A. (2026). Navigating reform: A systematic review of health governance and system strengthening in Malaysia (2023–2026) [Abstract]. *Journal of Health Science and Medical Research*, 44(Suppl. 1), 112. International Hybrid Conference The 20th Postgraduate Forum on Health Systems and Policies , 13-14 July 2026, Prince Songkhla Universiti, Thailand.

2. Fakuradzi, W. F. S. W. A., **Tohit, N. F. M.**, Rashid, S. A. Z. A., Zaidi, N. A. A., & Adam, S. H. (2026). Linking perception to practice: Determinants of recycling behavior in Putrajaya, Malaysia [Abstract]. *Journal of Health Science and Medical Research*, 44(Suppl. 1), 123. International Hybrid Conference The 20th Postgraduate Forum on Health Systems and Policies , 13-14 July 2026, Prince Songkhla Universiti, Thailand.
3. **Tohit, N. F. M.**, & Fakuradzi, W. F. S. W. A. (2025, November 19–21). *Understanding autism through a public health lens: A scoping review of current research* [Paper presentation]. Persidangan Kependudukan Kebangsaan, Petaling Jaya, Malaysia.
4. **Nor Faiza Mohd. Tohit**, Siti Athirah Zafirah Abdul Rashid, Wan Farizatul Shima Wan Ahmad Fakuradzi, Nur Adnin Ahmad Zaidi (2025). *Kiambang Merah: A Tripartite Collaborative Framework for Social Entrepreneurship in Addressing Period Poverty*. 19th Postgraduate Forum. 17-18 July 2025. Jogjakarta, Indonesia.
5. Adam, S. H., Zaidi, N. A. A., Rashid, S. A. Z. A., **Tohit, N. F. M.**, & Fakuradzi, W. F. S. W. A. (2025, June 17–18). *Assessing contraceptive knowledge and attitudes among urban poor community in Malaysia* [Paper presentation]. 19th Postgraduate Forum, Jogjakarta, Indonesia.
6. **Nor Faiza Mohd. Tohit**, Siti Athirah Zafirah Abd Rashid, Wan Farizatul Shima Wan Ahmad Fakuradzi, Nur Adnin Ahmad Zaidi (2024). *Kiambang Merah: Innovating Menstrual Care through AI and Digitalisation in Social Entrepreneurship for Public Health*. 12th National Public Health Conference. 8-10 July 2025. Kuala Lumpur, Malaysia.
7. Zaidi, N. A. A., Rashid, S. A. Z. A., **Tohit, N. F. M.**, Fakuradzi, W. F. S. W. A., & Samad, B. H. A. (2025, July 8–10). *Knowledge and attitudes on contraception among an underprivileged community in Sungai Besi* [Paper presentation]. 12th National Public Health Conference, Putrajaya, Malaysia.
8. Fakuradzi, W. F. S. W. A., **Tohit, N. F. M.**, Rashid, S. A. Z. A., & Zaidi, N. A. A. (2025, July 8–10). *Sexual and reproductive health knowledge, attitudes, and practices among men in an economically disadvantaged community in Kuala Lumpur, Malaysia* [Paper presentation]. 12th National Public Health Conference, Putrajaya, Malaysia.
9. **Nor Faiza Mohd. Tohit**, Rashid, Siti Athirah Zafirah Abd.; Fakuradzi, Wan Farizatul Shima Wan Ahmad; Zaidi, Nur 'Adnin Ahmad (2024). *Addressing period poverty as a critical public health issue and its relevance to Sustainable Development Goals*. Asia Pacific Academic Consortium in Public Health. 23-25 October 2024. Busan, Korea.
10. Ahmad Zaidi, Nur 'Adnin, **Nor Faiza Mohd. Tohit**, Rashid, Siti Athirah Zafirah Abd.; Fakuradzi, Wan Farizatul Shima Wan Ahmad; (2024). *Knowledge Is Power: A Dengue Prevention Intervention Among*

School Children In Selangor, Malaysia. Asia Pacific Academic Consortium in Public Health. 23-25 October 2024. Busan, Korea.

11. Rashid, Siti Athirah Zafirah Abd.Zaidi, Nur 'Adnin, **Nor Faiza Mohd. Tohit**,; Fakuradzi, Wan Farizatul Shima Wan Ahmad; Ahmad (2024). An Entrepreneurial Framework to Reduce Period Poverty Among an Urban Poor Population in Kuala Lumpur Malaysia. Asia Pacific Academic Consortium in Public Health. 23-25 October 2024. Busan, Korea.
12. Fakuradzi, Wan Farizatul Shima Wan Ahmad ;Rashid, Siti Athirah Zafirah Abd.; Ahmad Zaidi, Nur 'Adnin, **Nor Faiza Mohd. Tohit**, (2024). Building Community Resilience through Climate-Adapted Disaster Preparedness: Developing a Flood Disaster Training Curriculum. Asia Pacific Academic Consortium in Public Health. 23-25 October 2024. Busan, Korea.
13. Lina Farhana Ramli, **Nor Faiza Mohd Tohit** (2024). Knowledge, Attitude and Practise Towards Dengue Fever Among Low-Socioeconomic Group in Hulu Langat District, Selangor. International Society for Environmental Epidemiology Asia and Western Pacific Chapter & International Society of Exposure Science. 24-26 June 2024. Kota Kinabalu, Sabah

Books (If any)

1. Tanya Tuhan (2026)
ISBN 978-629-96926-9-0
2. Dirimu Amat Berharga (2024)
ISBN 978-629-96926-3-8
3. Siapa Di Sekeliling Saya (2024)
ISBN 978-629-96926-4-5
4. Sentuhan Selamat, Sentuhan Bahaya (2024)
ISBN 978-629-96926-5-2
5. Bahagian Sulit (2024)
ISBN 978-629-96926-6-9
6. Rahsia Baik, Rahsia Jahat (2024)
ISBN 978-629-96926-7-6
7. Saya Mesti Bertindak (2024)
ISBN 978-629-96926-8-3
8. Bukan Sekadar Haji (2024)
ISBN 978-629-96926-2-1
9. Pengantunan Seksual: Musuh Di Depan Mata (2023)
A book on guidelines for parents and adults in preventing sexual grooming in children and adolescents
e ISBN : 978-629-96926-1-4
10. Daripada Tabu Kepada Tahu (2022)

A book on guidelines for parents and adults on delivering sexual and reproductive health education to the children

e ISBN : 978-629-96926-0-7

Chapter in Books (If any)

1. **Nor Faiza Mohd. Tohit** (2024). Cabaran kesihatan mental dalam kalangan pekerja wanita semasa pandemik. In S.I.Norkhadajah & S.A.Soraya. Kesan Covid-19 Terhadap Kesihatan Persekitaran dan Pekerjaan Siri 1. UPM Press.
2. Mohammed Faridz, Sumayyah and Nusee, Zalina and **Mohd Tohit, Nor Faiza** and Ismail, Hamizah and Abu Ishak, Nurkhairulnisa and Abdul Rahim, Roslina and Abdullah, Nor Zamzila (2023). The association of anthropometric characteristics, hormonal alterations and ovarian volume with polycystic ovarian syndrome. In: Transforming Medical Healthcare Through Research. IIUM Press, Kuala Lumpur, Malaysia, pp. 109-121. Item availability restricted.

Research Grants

On-going

1.SPEAK UP: Pencegahan Gangguan dan Eksploitasi Seksual | 1 Julai 2026 – 30 November 2026 | RM 20,925 | UNESCO

2. Geran Putra Berfokus

Co-investigator – RM 20,000

The Level of Climate-Specific Health Literacy and Its Associated Factors among Primary Care Doctors in Selangor

Completed Research Grants				
No.	Project Title	Amount (RM)	Year	Source of Fund
1.	Projek perundingan untuk penganalisaan keperluan warga emas Selangor bagi membangunkan kerangka dasar warga emas negeri selangor	RM 179,025	2025	Kerajaan Negeri Selangor
2.	Pusat Pemberdayaan Komuniti Membanteras Kemiskinan Haid - "Kiambang Merah"	RM 167,600	2024	Kementerian Kewangan Malaysia Uni@Madani
3.	Geran UNESCO Program Pengukuhan Literasi Eksploitasi Seksual	RM 23,000	2024	UNESCO
4.	Age Estimation of Adult First Thoracic Vertebrae Using Three-Dimensional Geometric Morphometric in the Malaysian Population: A Single-Center Retrospective Study.	RM 20,000	2024	UPNM
5.	Selangor Mental Sihat Programme (SEHAT) 2022	RM 1 JUTA	2022	Kerajaan Negeri Selangor

6.	'Sayangi Dirimu' - Program Pendidikan Kesihatan Seksual Dan Reproduksi Negeri Selangor	RM 160,000	2022	Kerajaan Negeri Selangor
7.	Formulating a Model for Sustainable Menstrual Hygiene practices among Bottom-40 Urban Young Women through Maternal involvement	RM 63,000	2020	FRGS
8.	Pemeliharaan Dan Pemuliharaan Tasik Di Kompleks Yayasan Pahang Dan Kawasan Sekitar	RM 34,026	2020	Yayasan Pahang
9.	The Association Of Antropometric Characteristics, Hormonal Alteration And Ovarian Volume In Polycystic Ovarian Syndrome	RM 20,000	2019	International Islamic Universiti Malaysia
10.	Climate Change, Extreme Rainfall and Flooding: Comparison of Waterborne Diseases at Pre, During, and Post Flood in Kuantan from 2004 to 2018.	RM 20,000	2019	International Islamic Universiti Malaysia

Awards/ Recognition (Current)				
No.	Name of awards	Award Authority	Award Type	Year
1.	Pelajar terbaik Master Kesihatan Awam	Universiti Putra Malaysia	Academic	2015
2.	Sijil Prestasi Cemerlang 2024	Universiti Pertahanan Nasional Malaysia	Professional	2024
3.	Penyelidik dengan penyelidikan terbanyak	Universiti Pertahanan Nasional Malaysia	Professional	2024
4.	Anugerah Perkhidmatan Cemerlang	Universiti Pertahanan Nasional Malaysia	Professional	2025
5.	Best Poster presentation in Persidangan Keluarga dan Kependudukan Kebangsaan	Kementerian Pembangunan Wanita, Keluarga dan Masyarakat	Profesyen	2025

Professional Services/ Consultation			
No.	Year	Title	Authority
1.	Ogos – Disember 2025	Pakar runding untuk kajian komuniti berkaitan 4R – refuse, reduce, recycle, reuse	Perbadanan Putrajaya
2.	Ogos – Disember 2025	Pakar runding untuk program intervensi berkaitan kesihatan alam sekitar	Perbadanan Putrajaya
3.	29 Mei 2025	Jemputan slot Bernama TV: BualBicara sempena Hari Tanpa Tembakau Sedunia	Bernama TV
4.	2 Disember 2024	Jemputan slot Malaysia Hari: Jenayah seksual kanak-kanak	Media Prima TV3
5.	1 September 2024	Jemputan slot Malaysia Hari Ini: Kutu rambut	Media Prima TV3

6.	2022	Malaysia Health Sector Response to Covid-19 Pandemic. Institute for Health System Research, Ministry of Health, Malaysia	Ministry of Health Malaysia
7.	2021	Cadangan Pemeliharaan dan Pemuliharaan tasik di kompleks Yayasan Pahang dan kawasan sekitar.	Yayasan Pahang
8.	2018	Pelan tindakan bencana banjir Negeri Pahang	Jabatan Kesihatan Negeri Pahang

Student Supervision			
PhD (Main Supervisor)			
No.	Name	Title	Status
1.			
2.			
3.			

Master with Thesis (Main Supervisor)			
No.	Name	Title	Status
1.			
2.			
3.			

Master without Thesis (Main Supervisor)			
No.	Name	Title	Status
1.			
2.			
3.			

Attended Seminars/ Workshops/ Forums both National and International			
No.	Year	Title	Organizers
1.	13-14 Julai 2026	Poster presentation - The 20th Postgraduate Forum on Health Systems and Policies	Prince Songkhla University, Thailand
2.	18 June 2026	Speaker - International Webinar on World Environmental Day	Universitas Air Langga, Indonesia
3	12-14 Mei 2026	Online workshop on Strengthening Whole-of-Society Capacities for Disaster Resilience	UN Office for Disaster Risk Reduction (UNDRR)
4..	13 – 15 May 2026	Speaker - 1 st International Conference on Public Health Innovations and Sustainable Development Goals (ICPHI)	The International Institute of Knowledge Management
5.	19-21 November 2025	Best Presenter - PERKKS 25 - Persidangan Kependudukan Kebangsaan 2025	Kementerian Pembangunan Wanita, Keluarga dan Masyarakat
6.	15 Oktober 2025	Islam, Geronteknologi Dan Jurang Digital: Mendepani Penuaan Penduduk	Institut Kefahaman Islam Malaysia

7.	9 – 11 October 2025	Delegate - Selangor International Care Summit	Selangor State Government
8.	20 August 2025	Delegate - Workshop on Science, Technology and Innovations (STI) International Collaboration Funds	MOSTI
9.	8-10 July 2025	Oral presenter - 12th National Public Health Conference (NPHC)	Persatuan Pakar Perubatan Kesihatan Awam Malaysia (PPPKAM)
10.	17-18 June 2025	Oral presenter - The 19th Post-graduate Forum on Health System and Policy	UKM-UGM-Univ.Songkhla

Intellectuals Property			
Patent Granted			
No.	Date	Patent No.	Name
1	2025	Copyright number: CRLY2025W07353	Model Keusahawanan Sosial Dalam Menangani Kemiskinan Haid
2.	2025	Trademark: TM2025016766	KIAMBANG CARE (Word & figurative, Class 5, Sanitary care)
3	2022	Copyright number: CRLY2022W01966	JAGA DIRIMU SAYANG - A kit and module on sexual and reproductive health education for children.
4.	2022	Copyright number: CRLY2022W02269	Daripada Tabu Kepada Tahu : Modul Pendidikan Kesihatan Seksual dan Reproduktif untuk ibu bapa