

## CURRICULUM VITAE



| A. BUTIR-BUTIR PERIBADI ( <i>Personal Details</i> )              |  |  |  |
|--|--|--|--|
| <b>Nama Penuh (<i>Full Name</i>)</b>                             | Anita Binti Abd. Rahman                              |  | <b>Gelaran (<i>Title</i>):</b> Dr        |
| <b>No. MyKad / No. Pasport (<i>Mykad No. / Passport No.</i>)</b> | <b>Warganegara (<i>Citizenship</i>)</b><br>Malaysian | <b>Bangsa (<i>Race</i>)</b><br>Malay       | <b>Jantina (<i>Gender</i>)</b><br>Female |
| <b>Jawatan (<i>Designation</i>)</b>                              | Senior Lecturer (Medical)                            | <b>Tarikh Lahir (<i>Date of Birth</i>)</b> | 30 <sup>th</sup> November 1971           |

| <b>Alamat Semasa (<i>Current Address</i>)</b>  | <b>Jabatan/Fakulti (<i>Department/Faculty</i>)</b>  | <b>E-mel dan URL (<i>E-mail Address and URL</i>)</b>                      |
|--|---|---|
| Lot 10877, Desa Sentosa, Teras Jernang, 43650, Bandar Baru Bangi, Selangor<br><br>Tel: - | Department of Community Health<br>Faculty of Medicine & Health Sciences<br>Universiti Putra Malaysia<br>43400 UPM Serdang<br>Selangor Darul Ehsan<br>Malaysia<br>Tel: +603-8947 2409<br>Fax: +603-8945 0151 | E-mail:<br>anitaar@medic.upm.edu.my<br><br>URL:<br><br>H/P: +6012-3180272 |

| B. KELAYAKAN AKADEMIK ( <i>Academic Qualification</i> )                     |  |                                     |  |
|---|--|-------------------------------------|--|
| <b>Nama Sijil / Kelayakan (<i>Certificate / Qualification obtained</i>)</b> | <b>Nama Sekolah/ Institusi (<i>Name of School / Institution</i>)</b> | <b>Tahun (<i>Year obtained</i>)</b> | <b>Bidang pengkhususan (<i>Area of Specialization</i>)</b> |
| Doctor of Medicine (M.D)  | Universiti Sains Malaysia  | 1996                                | Medicine   |
| Master in Community Health  | Universiti Kebangsaan Malaysia                                       | 2005                                | Occupational Health  |

| C. KEMAHIRAN BAHASA ( <i>Language Proficiency</i> ) |                              |                                      |                             |                                       |                                       |
|---|------------------------------|--------------------------------------|-----------------------------|---------------------------------------|---------------------------------------|
| <b>Bahasa / <i>Language</i></b>                     | <b>Lemah <i>Poor (1)</i></b> | <b>Sederhana <i>Moderate (2)</i></b> | <b>Baik <i>Good (3)</i></b> | <b>Amat Baik <i>Very good (4)</i></b> | <b>Cemerlang <i>Excellent (5)</i></b> |
| English   |                              |                                      |                             | √                                     |                                       |
| Bahasa Melayu                                       |                              |                                      |                             | √                                     |                                       |
| Chinese   | √                            |                                      |                             |                                       |                                       |

| D. PENGALAMAN SAINTIFIK DAN PENGKHUSUSAN ( <i>Scientific experience and Specialisation</i> ) |                 |                   |                 |                  |
|--|-----------------|-------------------|-----------------|------------------|
| <b>Organization</b>  | <b>Position</b> | <b>Start Date</b> | <b>End Date</b> | <b>Expertise</b> |
|  |                 |                   |                 |                  |

| <b>E. PEKERJAAN (Employment)</b>           |                               |   |                                     |                                  |
|--|-------------------------------|---|-------------------------------------|----------------------------------|
| <b>Majikan / Employer</b>                  | <b>Jawatan / Designation</b>  | <b>Jabatan / Department</b>                       | <b>Tarikh Iantikan / Start Date</b> | <b>Tarikh tamat / Date Ended</b> |
| HTAR, Klang                                | Housemanship & Medical Doctor |   | 1996                                | 1999                             |
| Hulu Langat District Health Office         | Medical & Health Officer      |   | 1999                                | 2005                             |
| Ministry of Health                         | Assistant Director            | Occ. & Env. Health Unit, Disease Control Division | 2005                                | 2006                             |
| Faculty of Medicine & Health Sciences, UPM | Lecturer (Medical)            | Community Health Department                       | 2006                                | 2008                             |
| Faculty of Medicine & Health Sciences, UPM | Senior Lecturer (Medical)     | Community Health Department                       | 2008                                | Current                          |

| <b>F. ANUGERAH DAN HADIAH (Honours and Awards)</b> |   |                        |   |             |
|--|---|------------------------|---|-------------|
| <b>Name of awards</b>                              | <b>Title</b>  | <b>Award Authority</b> | <b>Award Type</b>   | <b>Year</b> |
| <i>Academic Awards</i>                             | 1. Prevalence of Musculoskeletal Problem among UPM Staff                                  | UKM & PPKAM            | 2 <sup>nd</sup> Prize for Scientific Poster Presentation at the 17 <sup>th</sup> National Public Health Colloquium  | 2010        |
|  | 2. Association between Occupational Noise Exposure and Stress among Airport Male workers. | UKM & PPKAM            | 2 <sup>nd</sup> Prize for Scientific Poster Presentation at the 15 <sup>th</sup> National Public Health Colloquium, | 2008        |

| <b>G. SENARAI PENERBITAN (Sila masukan nama pengarang, tajuk, nama jurnal, jilid, muka surat dan tahun diterbitkan) (List of publications – author (s), title, journal, volume, page and year published)</b> |  |
|--|--|
| <b>Journal/Proceeding/Abstract</b>   | <ol style="list-style-type: none"> <li>Nada I., <b>Anita A.R.</b>, Safial Eqbal Z., Wilson C.V.S., Zarith Afzan Z., Siti Rahmah A.R. and Atikah C.H. A Study of Organizational Factors in Occupational Stress Problems among Workers in a Polymer Manufacturing Factory. 2012. <i>IEEE. Southeast Asian Network of Ergonomics Societies Conference (SEANES)</i>.</li> <li>Chow LS, Yusof MA, <b>Anita AR</b>, Tajuddin STH &amp; Kamal I. Prevalence of Neck Pain and Associated Factors with Personal Characteristic, Physical Workload among Male Rubbers Workers in Felda Settlement Malaysia. 2012. <i>Global Journal of Health Sciences</i>. 4(1):94-104</li> <li>AI Syazwan, MN Mohamad Azhar, <b>AR Anita</b>, HS Azizan, MS Shaharuddin, J Muhamad Hanafiah, AA Muhaimin, B Mohd Rafee, A Mohd Ibthisham &amp; Adam Kasani. 2011. Poor sitting posture and heavy school bags as contributors to musculoskeletal pain in children: an ergonomics school education intervention program. <i>Journal of Pain Research</i>. 4: 287-296.</li> <li>MZA Hamid, NA Aziz, WB Lim, SLM Salleh, SNS Rahman, <b>AR Anita</b> and O Norlijah. 2011. Prevalence of Needle Stick Injuries and Compliance to Infection Control Guidelines Among Health Care Workers in a Teaching Hospital, Malaysia. <i>MJMHS</i>. 7(1):3-7</li> <li><b>Anita AR</b>, Sasikumar M, Nurul Husna Z, Hayatul Naimah M and Nooraziana A, Kamal I, Mohd Yusoff A and Mohd Yunus A. 2010. Prevalence of Low Back Pain and its Associated Factors among Faculty Staff. <i>RCMP Journal</i>. 1(2):5-11</li> <li>Hamat AR, <b>Anita AR</b>, Malina O, Ngah Zasmy U, Wan Omar A and Noor Hayati MI. 2010. Cutaneous Larva Migrans: a neglected disease and possible association with the use of long socks. <i>Transaction of the Royal Society of Tropical Medicine</i></li> </ol> |

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|---|---|
|   | <p>and Hygiene. (104): 170-172</p> <p>7. MZA Hamid, NA Aziz, <b>AR Anita</b> and O Norlijah. Knowledge of Blood-Borne Infectious Diseases and the Practice of Universal Precautions amongst Health-Care Workers in a Tertiary Hospital in Malaysia. 2010. <i>Southeast Asian J Trop Med Public Health</i>. 41(5): 1192-1199</p> <p>8. <b>Anita AR</b>, Cheng YX, Kamal I &amp; Mohd Yusoff A. Noise Exposure and Auditory Effect among Workers in Air-Conditioning and Refrigeration Equipment in a Manufacturing Industry. 2008 Malaysian Journal of Public Health Medicine. Vol 8 (Supp 1): 19. ISSN 1675-0306</p> <p>9. Mohd Yusoff A, Kamal I &amp; <b>Anita AR</b>. Correlation between Blood Lead concentration with Hb level, Serum N-Acetyl-B-D-Glucosamidase, urinary B2-Microglobulin &amp; Neurobehavioral Score among Male Automobile Workers. 2008 Malaysian Journal of Public Health Medicine. Vol 8 (Supp 1): 16. ISSN 1675-0306</p> <p>10. <b>Anita AR</b>, Kamal I, Sasikumar M, Nurul Husna Z, Hayatul Naimah M and Nooraziana A. 2007. A Cross Sectional Study of Back Pain and its Associated Factors among University Staff in 2007. <i>Journal of Community Health</i> 13 Supp (1):45-46. ISSN 1675-1663.</p> <p>11. <b>Anita AR</b> and Noor Hassim I. Hearing Impairment: The changes of PTA and ABR among foggers exposed to Noise and Pesticides. Proceeding at the International Conference on Occupational Health for Health Care Workers in Vancouver, Canada, 2007.</p> |
| <b>Books/Monographs/Learning Teaching Materials</b> | <p>1. Islam dan Kesihatan Awam: Menurut Perspektif Al-Qur'an dan Sunnah. 2012. The Inspiration Hub. Malaysia (ISBN: 978-967-10371-9-5)</p> <p>2. An author for 4th Problem Based Learning: Cases for Medical Students. Topic: Vaginal Discharge. 2009.</p>  |

| <b>H. PROJEK PENYELIDIKAN TERDAHULU(Past Research Project)</b> |   |                 |             |  |               |
|--|---|-----------------|-------------|--|---------------|
| <b>Project No.</b>   | <b>Project Title</b>  | <b>Role</b>     | <b>Year</b> | <b>Source of fund</b>                                  | <b>Status</b> |
| 04-02-12-1797RU  | Factors Associated with Safety Climate among Staff in Malaysian Community colleges                        | Main Researcher | 2012        | RUGS   | Ongoing       |
| 04-02-12-2114RU  | Hair Cortisol as a potential biomarker for chronic stress among lecturers in community colleges, Malaysia | Main Researcher | 2012        | RUGS   | Ongoing       |
| 04-01-09-0711RU  | Workplace Safety and Health for Older Workers : Programs and Strategies for Intervention                  | Main Researcher | 2009-2012   | RUGS   | Completed     |
| SPLB-5315943   | Prevalence of Musculoskeletal Problem and Health Seeking Behaviour among UPM Staff                        | Main Researcher | 2007-2009   | Research grant under the UPM New Lecturer (PLB) Scheme | Completed     |